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1	Erosion of organic carbon in the Arctic as a geological carbon dioxide sink
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16	Soils of the northern high latitudes store carbon over millennial timescales (10 ³ yrs) and
17	contain approximately double the carbon stock of the atmosphere ¹⁻³ . Warming and
18	associated permafrost thaw can expose soil organic carbon and result in mineralisation

19 and carbon dioxide (CO₂) release⁴⁻⁶. However, some of this soil organic carbon may be

20 eroded and transferred to rivers⁷⁻⁹. If it escapes degradation during river transport and

- 21 is buried in marine sediments, then it can contribute to a longer-term (> 10^4 yrs),
- 22 geological CO₂ sink⁸⁻¹⁰. Despite this recognition, the erosional flux and fate of
- 23 particulate organic carbon (POC) in large rivers at high latitudes remains poorly
- 24 constrained. Here, we quantify POC source in the Mackenzie River, the main sediment
- supplier to the Arctic Ocean^{11,12} and assess its flux and fate. We combine measurements

26	of radiocarbon, stable carbon isotopes and element ratios to correct for rock-derived
27	POC ^{10,13,14} . Our samples reveal that the eroded biospheric POC has resided in the basin
28	for millennia, with a mean radiocarbon age of 5800±800 yr, much older than large
29	tropical rivers ^{13,14} . Based on the measured biospheric POC content and variability in
30	annual sediment yield ¹⁵ , we calculate a biospheric POC flux of 2. $2^{+1.3}_{-0.9}$ TgC yr ⁻¹ from
31	the Mackenzie River, three times the CO ₂ drawdown by silicate weathering ¹⁶ . Offshore
32	we find evidence for efficient terrestrial organic carbon burial over the Holocene,
33	suggesting that erosion of organic carbon-rich, high latitude soils may result in a
34	significant geological CO ₂ sink.

Photosynthesis and the production of organic carbon by the terrestrial biosphere 35 (OC_{biosphere}) is a major pathway of atmospheric carbon dioxide (CO₂) drawdown. Over 36 millennial timescales (10^3 yrs), some OC_{biosphere} escapes oxidation and contributes to a 37 transient CO₂ sink in soil^{2,3,17}. Longer-term CO₂ drawdown (>10⁴ yrs) can be achieved if 38 OC_{biosphere} is eroded, transferred by rivers and buried in sedimentary basins^{9,10,18,19}. Burial of 39 OC_{biosphere} represents a major geological CO₂ sink (and O₂ source) alongside the chemical 40 weathering of silicate minerals by carbonic acid, coupled to carbonate precipitation 16,19 . 41 These fluxes negate CO₂ emissions from the solid Earth²⁰ and from oxidation of rock-derived 42 OC^{21} , contributing to the long-term regulation of global climate^{19,20}. Physical erosion is 43 thought to play a significant role in this OC_{biosphere} transfer because it controls the rate of 44 biospheric particulate organic carbon (POC_{biosphere}) export by rivers²² and influences sediment 45 accumulation and the efficiency of OC burial^{10,18,23}. 46

In the northern high latitudes, large amounts of $OC_{biosphere}$ are stored in soil^{1,2}. The upper three meters of soil in the region of northern circumpolar permafrost are estimated to contain 1035±150 PgC, approximately double the carbon dioxide (CO₂) content of the preindustrial atmosphere¹⁷. Many of these soils accumulated during the retreat of large continental ice sheets following the Last Glacial Maximum, with a peak expansion between 12,000 and 8,000 cal. yr BP²⁴ and the OC_{biosphere} can be thousands of years old⁸. This vast carbon reservoir is located in a region sensitive to environmental change over glacialinterglacial timescales²⁴ and to warming over the coming century³. Much focus has been placed on its potential to become a CO₂ source^{3-6,8}. However, geological CO₂ drawdown by POC_{biosphere} erosion at high latitudes has remained poorly constrained⁹.

Here we sample POC carried by the major rivers in the Mackenzie Basin and 57 investigate its fate using an offshore sediment core extending over the Holocene (Extended 58 Data Fig. 1). The Mackenzie River is the largest source of sediment to the Arctic Ocean^{11,12,15} 59 and erosion of mountainous topography in the basin results in a high sediment discharge, 60 similar to the combined total of 16 Eurasian rivers draining to the Arctic^{11,15}. We collected 61 river depth profiles to characterise POC across the range of grain sizes carried by large 62 rivers^{13,14,25} at the main conduit for sediment export to the Arctic Ocean in the Mackenzie 63 Delta, at key points on the Mackenzie River and from its major tributaries (Extended Data 64 65 Fig. 1). To investigate temporal variability of POC composition, river depth profiles were 66 collected shortly after ice-break up at high/rising stage (June 2011) and during falling stage (September 2010), while river surface and bank samples were collected in June 2009. To 67 correct for rock-derived, 'petrogenic' POC (POC_{petro}), likely to be important in the 68 Mackenzie Basin^{7,25}, we combine measurements of radiocarbon (¹⁴C, reported as the 'fraction 69 modern' F_{mod}), total OC content ([OC_{total}], %), stable isotopes of OC ($\delta^{13}C_{org}$), nitrogen to OC 70 ratio (N/OC_{total}) and aluminium to OC ratio (Al/OC_{total}), which allow us to assess the age and 71 concentration of POC_{biosphere} (Methods)^{7,10,13,14,22}. Published surface samples from the 72 Mackenzie River^{4,7} (n=5) have ¹⁴C-ages between 6,010 yr and 10,000 yr but the ¹⁴C-depletion 73 caused by POC_{petro} versus aged POC_{biosphere} has not been assessed. We also examine the 74

hydrodynamic behaviour of POC, using the aluminium to silicon ratio (Al/Si) ratio as a proxy
 of sediment grain size²⁵.

77	We find that river POC is ¹⁴ C-depleted throughout the Mackenzie Basin (Extended
78	Data Table 1). F_{mod} values range between 0.28 (¹⁴ C age = 10,106±42 yr) and 0.63 (¹⁴ C age =
79	3675 ± 36 yr) in the suspended load (n=27) and $F_{mod} = 0.12$ (¹⁴ C age = 17,002\pm84 yr) to 0.16
80	$(^{14}C \text{ age} = 14,601\pm64 \text{ yr})$ in the river bed materials (n=4). To investigate the cause of this
81	14 C-depletion, we examine the N/OC _{total} ratio. Degradation of organic matter in soils can
82	increase the relative N abundance ^{$6,26$} , differentiating degraded POC _{biosphere} (high N/OC _{total})
83	from young, fresh $POC_{biosphere}$ (low N/OC _{total}). Suspended load samples display a negative
84	relationship between N/OC _{total} and F_{mod} (Fig. 1), similar to measurements from a peat core in
85	the Mackenzie Basin ²⁶ away from permafrost,. There, N/OC _{total} ratios increased with ¹⁴ C age
86	(1,250 yr to 10,200 yr) and soil depth (0m to 3m). In contrast, river bed materials have lower
87	F_{mod} values and a relatively restricted range of N/OC_{total} values and are distinct from
88	suspended load (Fig. 1). A dominance of POC_{petro} in bed materials ^{10,14} with a N/OC _{total} ratio
89	of ~ 0.07 can explain their composition.

Together, the F_{mod} and N/OC_{total} values suggest that POC in the Mackenzie River is a 90 mixture of POC_{petro} and POC_{biosphere}, itself varying in ¹⁴C age from 'modern' to ~8000 yrs 91 (Fig. 1). The $\delta^{13}C_{\text{org}}$ values and Al/OC_{total} ratios support this inference (Extended Data Fig. 2). 92 Using an end member mixing analysis^{10,13} we quantify POC_{petro} content of sediments 93 (Methods) and find that suspended load at the Mackenzie River Delta is dominated by 94 POC_{biosphere} (~70-90% of the total POC). Having corrected for POC_{petro}, we investigate the 95 source of POC_{biosphere} by estimating its average 14 C age. This varies from 3030±150 yr to 96 7900±400 yr (Extended Data Fig. 3) with an average 14 C age of POC_{biosphere} = 5800±800 yr 97 (±2SE) in suspended sediments of the Mackenzie River Delta. These values are older than 98 estimates of POC_{hiosphere} age from the Amazon River (1120-2750 vr)¹⁴ and Ganges River 99

(1600-2960 yr)¹³. The ages reflect mixing of young, fresh POC_{biosphere} present in each of these 100 large river basins, with an older POC_{biosphere} in the Mackenzie Basin (Fig. 1), likely to be 101 peats which expanded between 9,000 yr and 8,000 yr (¹⁴C-age)²⁴. POC_{biosphere} can be eroded 102 by slumping and landsliding on river banks, across deep soil profiles^{4,7}. Sections of the 103 landscape which have discontinuous permafrost and those undergoing permafrost 104 degradation²⁷ may be important sources of aged POC_{biosphere}, in addition to river banks which 105 are undercut during peak water discharge following ice-break up¹⁵. Our samples suggest that 106 erosion and fluvial transfer of millennial-aged POC_{biosphere} is extensive in the Mackenzie 107 Basin. 108

Once in the river, POC_{biosphere} is sorted with river depth, revealed by the Al/Si ratio 109 (Fig. 2b) a proxy for grain size²⁵. In bed materials with low Al/Si, POC_{petro} dominates (Fig. 1) 110 and leads to low F_{mod} values (Fig. 2c). Just above the river bed, during the two sampling 111 campaigns coarse suspended sediments (low Al/Si) hosted the youngest, least degraded 112 POC_{biosphere} (low N/C) leading to a significant contrast in ¹⁴C age from the bed materials. 113 114 Towards the river surface, older, more degraded POC_{biosphere} appears to dominate, and is transported with fine sediment and clays (high Al/Si)²⁵. The significant contribution of 115 degraded, very old POC_{biosphere} (>5000 yrs) contrasts with large tropical rivers where organic 116 matter turnover in terrestrial ecosystems is more rapid (Fig. 2c)^{13,14}. 117

To assess how erosion in the Mackenzie River may lead to long-term CO_2 drawdown, we estimate $POC_{biosphere}$ discharge. River depth profiles collected at high and falling stage suggest that the $[OC_{total}]$ of the suspended sediment load did not vary systematically with sediment grain size (Extended Data Fig. 4). Future work should seek to assess temporal variability in POC content and composition. Our samples suggest that changes in grain size with water discharge (Fig. 2b) could be important in setting the variability of $POC_{biosphere}$ age carried by the river (Fig. 2c). The $[OC_{total}]$ values at the Delta were $1.6\pm0.5\%$ (n=8, $\pm1\sigma$),

which were similar to the mean measured in the Mackenzie Delta in June-July 1987 of 125 1.4 ± 0.2 (n=10)¹². While our sample set is modest in size, it helps us to better constrain the 126 range of POC contents in suspended load of the Mackenzie River. In addition, our end 127 member mixing analysis allows us to provide the first estimates of [OC_{biosphere}], which varies 128 between 0.7±0.1% and 2.4±0.2%. To estimate POC_{biosphere} discharge, we use the most 129 complete dataset of annual sediment discharge to the Mackenzie Delta (1974-1994)¹⁵, which 130 ranged from 81 Tg yr⁻¹ to 224 Tg yr⁻¹. A Monte Carlo approach is used to account for the 131 modest sample size by using the full measured variability in both [OC_{biosphere}] and sediment 132 discharge (Methods). We estimate $POC_{biosphere}$ discharge = $2.2^{+1.3}_{-0.9}$ TgC yr⁻¹ which is 133 sustainable over 10^3 - 10^4 years, depleting the soil carbon stock by ~0.006% yr⁻¹ (Methods). 134 We estimate the POC_{petro} discharge = $0.4^{+0.1}_{-0.1}$. These estimates do not account for ice covered 135 conditions when <10% of the annual sediment discharge is conveyed¹². Nevertheless, our 136 estimate of POC_{biosphere} discharge is greater than the combined POC discharge of ~1.9 TgC yr⁻ 137 ¹ by the major Eurasian Arctic Rivers (Ob, Yenisei, Lena, Indigirka and Koyma)^{11,27} which 138 cover $\sim 8.6 \times 10^6$ km². Based on the available measurements, the Mackenzie River dominates 139 the input of POC_{biosphere} to the Arctic Ocean. 140

The mobilisation of millennial-aged POC_{biosphere} from soils at high latitudes has been 141 viewed as a short-term source to the atmosphere if decomposition releases greenhouse gases 142 (CH₄ and CO₂)^{2-6,8}. However, if POC_{biosphere} escapes oxidation during river transport and is 143 buried offshore, erosion acts as a long-term CO₂ sink^{10,18,20}. Offshore, aged POC_{biosphere} from 144 the Mackenzie River (Fig. 1) can explain the ¹⁴C depletion and δ^{13} C of bulk organic matter, 145 and old ¹⁴C ages of terrestrial plant wax compounds (up to 20,000 yr) in surface sediments of 146 the Beaufort Sea^{7,28,29}. We provide new evidence that terrestrial POC is buried efficiently 147 offshore and accumulates in sediments over 10⁴ years. Benthic foraminfera ¹⁴C ages in a 148 borehole located at the head of the Mackenzie Trough (MTW01) indicates that 21m of 149

150	sediment have accumulated since 9183_{-156}^{+125} cal. yr BP, suggesting a high sedimentation rate
151	during the Holocene 2.7±0.1 m ka ⁻¹ (Extended Data Table 2, Methods). These marine
152	sediments have $[OC_{total}]$ values similar to those measured in the Mackenzie River in both the
153	$<63\mu m$ (1.5% to 1.7%) and $>63\mu m$ (1.1% to 1.4%) size fractions (Fig. 3). Their N/OC _{total} and
154	$\delta^{13}C_{org}$ values suggest that they are dominated by terrestrial POC with minor marine OC
155	addition (Extended Data Fig. 5). We use the change in OC_{total}/Al ratios offshore to estimate
156	OC burial efficiencies have been 65±27% or more over the Holocene at this site (Methods).
157	Rapid sediment accumulation and low temperature are likely to promote high POC burial
158	efficiency ^{18,23,28} . Also, the fluvial transport dynamics of POC _{biosphere} may promote burial (Fig.
159	2c). The oldest, most-degraded $POC_{biosphere}$ is transported with clays ²⁵ , whose association
160	with organic matter may enhance burial efficiency ¹⁸ , while the youngest, least-degraded
161	$POC_{biosphere}$ is carried near the river bed at the highest sediment concentrations. Our findings
162	suggest that erosion and riverine transfer at high latitudes can lead to the long-term
163	preservation of terrestrial POC in marine sediments (Fig. 3).

Erosion of high latitude soils and riverine export of POC_{biosphere} may represent an 164 important geological CO₂ sink. Our estimate of the modern day POC_{biosphere} discharge of 165 $2.2^{+1.3}_{-0.9}$ TgC yr⁻¹ in the Mackenzie River may be refined by additional temporal sampling. 166 However, it is three times the modern rates of CO₂ drawdown by weathering of silicate 167 minerals by carbonic acid in the Mackenzie River¹⁶, at ~0.7 TgC yr⁻¹. Preservation of POC 168 169 offshore (Fig. 3) suggests that erosion of high latitude soils, riverine POC_{biosphere} transport and export to the ocean acts as the largest geological CO₂ sink operating in the Mackenzie Basin. 170 It is important to note that these longer-term fluxes are lower than estimates of greenhouse 171 gas emissions from high latitude soils in permafrost zones due to projected warming over the 172 coming century^{3,5,6,30}. While theses fluxes remain uncertain, recent work³⁰ has proposed 173 emissions of ~ 1–2 PgC yr⁻¹ which equate to a yield of ~70 tC km⁻² yr⁻¹ over 17.8x10⁸ km² of 174

175	soils in permafrost zones. This estimate of accelerated release of CO ₂ due to anthropogenic
176	warming ³⁰ is more rapid than the natural geological drawdown fluxes, of which we estimate
177	$POC_{biosphere} \sim 2-5 \text{ tC km}^{-2} \text{ yr}^{-1}$ for the Mackenzie Basin (Methods). Over longer-time periods,
178	we postulate that this geological CO_2 sink may be sensitive to climate conditions in the
179	Arctic. The carbon transfer can operate when high latitudes host significant $POC_{biosphere}$
180	stocks in soil, and while rivers can erode and transfer sediments to the Arctic Ocean. Over the
181	last 1Ma, the POC _{biosphere} transfer was likely to have been enhanced during interglacials ²⁴
182	(Fig. 3), whereas during glacial conditions, lower soil POC _{biosphere} stocks and extensive ice-
183	sheet coverage suggest that $POC_{biosphere}$ erosion may have been supressed. We propose that
184	erosion of terrestrial POC _{biosphere} by large rivers draining the Arctic could play an important
185	role in long-term CO_2 drawdown ^{19,20} , coupling the carbon cycle to climatic conditions at high
186	latitudes.

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273 V.G. and M.D. designed the fieldwork and collected the river samples. M.O. and H.C.

collected sediment and carbonate data from the offshore borehole. R.G.H., V.G., M.D., C.B.
and D.G. processed the samples and carried out the geochemical analyses. R.G.H. wrote the
manuscript with input from all co-authors.

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competing financial interests. Correspondence and requests for materials should be addressed
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281 Figure Legends

Figure 1: Source of particulate organic carbon (POC) in the Mackenzie River Basin.

Radiocarbon activity of POC (F_{mod}) versus the nitrogen to organic carbon ratio (N/OC_{total}) of 283 sediments from the Mackenzie River (circles) at the delta (black), Tsiigehtchic (grey) and 284 Norman Wells (white) and major tributaries the Liard (diamond), Peel (dark blue square) and 285 Arctic Red (light blue square). River depth profiles collected in 2010 and 2011 suspended 286 287 load (filled symbols), river bed materials (open symbols) and sieved bank samples (2009) are shown with analytical errors (2 s.d.) as grey lines if larger than points. The dashed line shows 288 the compositions expected by mixing rock-derived, petrogenic POC (POC_{netro}) and biospheric 289 POC (POC_{biosphere}). Solid green line is the trend from a peat core in western Canada²⁶. 290

291 Figure 2: Transport of particulate organic carbon (POC) in the Mackenzie River. a.

River depth profile collection from the Mackenzie River Delta during falling stage, with Acoustic Doppler Current Profiler data to determine channel geometry, water velocity and water discharge (m³ s⁻¹). **b.** Aluminium to Silicon ratio (Al/Si, molar), a proxy for sediment grain size²⁵, with water depth normalised to maximum depth. Coarser materials are carried throughout the profile during high stage. **c.** Radiocarbon activity of POC (F_{mod}) versus Al/Si for the Mackenzie Basin (this study, symbols as Fig. 1), Amazon River¹⁴, and Ganges River^{10,13}. River suspended load (filled) and river bed materials (open) are distinguished with analytical errors (2 s.d.) shown as grey lines if larger than points.

Figure 3: Fate of particulate organic carbon offshore. a. Organic carbon concentration ([OC_{total}], %) of suspended sediments in the Mackenzie River Delta (n=8) where solid line and grey box show the mean \pm standard error, whiskers show \pm standard deviation and the circles indicate the minimum and maximum values. b. [OC]_{total} in sediments <63µm and >63µm from core MTW01 in the Mackenzie Trough (Extended Data Fig. 1) for depths dated by the ¹⁴C activity of mixed benthic foraminifera (Methods), where whiskers show analytical error if large than the point size.

307 Methods

River sample collection and preparation: River depth-profiles from September 2010 and 308 June 2011 (Extended Data Table 1) were used to collect the full range of erosion products 309 310 and POC in large river systems, taking advantage of the hydrodynamic sorting of particles^{10,13,14,25}. At each sampling site (Fig. 1) channel depth, water velocity and 311 instantaneous water discharge were measured by two or more transects with an Acoustic 312 Doppler Current Profiler (ADCP Rio Grande 600 kHz) before each depth profile was 313 collected at a single point $(\pm 10m)$ in the middle of the channel. On the boat, each sample (~7-314 8L) was evacuated into a clean bucket and stored in sterilised plastic bags and the procedure 315 repeated depending upon the total water depth. Each bag was weighed to determine the 316 sampled volume, then the entire sample was filtered within 24 hrs through pre-cleaned Teflon 317 filter units through 90 mm diameter 0.2µm PES filters^{13,25}. Suspended sediment was 318 immediately rinsed from the filter using filtered river water into clean amber-glass vials and 319 kept cool. River bed materials were collected at the base of the depth transects from the boat, 320 321 using a metal bucket as a dredge, and decanted to a sterile bag. River bank deposits (June

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322 2009) were collected from fresh deposits close to the channel (Extended Data Table 3) and 323 sieved at 250 μ m and 63 μ m to investigate the sorting of POC³¹. All sediments were freeze 324 dried upon return to laboratories within 2 weeks, weighed and homogenised in an agate 325 grinder.

Offshore borehole sampling and benthic foraminifera sample preparation: Benthic 326 foraminifera-containing marine sediment samples were obtained from the upper 22 m 327 Holocene sequence of an 85.1 m MTW01 borehole³² located at 69° 20' 53" N, 137° 59' 13" 328 in 45 m water depth in the Mackenzie Trough (Extended Data Fig. 1). Drilled by the 329 Geological Survey of Canada in 1984, the core is currently archived at the GSC-Atlantic core 330 repository. To isolate foraminifera, sediment samples were disaggregated over a <38µm mesh 331 sieve using deionized water. Based on down-hole microfossils counts, 4 samples were 332 selected with sufficient specimens for radiocarbon dating. 333

Geochemical analyses: For the river suspended sediments and core samples for organic 334 335 carbon analyses, inorganic carbon was removed using a HCl fumigation technique to avoid loss of a component of POC which is known to occur during a HCl leach³³. An adapted 336 method to ensure full removal of detrital dolomite was used³⁴. In summary, samples were 337 338 placed in an evacuated desiccator containing ~50 ml 12N HCl in an oven at between 60 and 65 °C for 60 to 72 hours. Sample were then transferred to another vacuum desiccator charged 339 with indicating silica gel, pumped down again and dried to remove HCl fumes. River 340 sediment samples were analysed for organic carbon concentration [OC_{total}] on acidified 341 aliquots and nitrogen concentration ([N], %) on non-acidified aliquots by combustion at 342 1020°C in O₂ using a Costech elemental analyser (EA) in Durham. For river depth profile 343 samples, acidified aliquots were prepared to graphite at the NERC Radiocarbon Facility of 344 between 1-2 mg C for each sample and standard and ¹⁴C was measured by Accelerator Mass 345 Spectrometry at the Scottish Universities Environmental Research Centre and reported as 346

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fraction modern (F_{mod}) by standard protocol³⁵. Process standards (96H humin) and 347 background materials (bituminous coal) were taken through all stages of sample preparation 348 and $^{14}\mathrm{C}$ analysis and were within 2σ uncertainty of expected values. Stable isotopes of POC 349 $(\delta^{13}C_{oro})$ were measured by dual-inlet isotope ratio mass spectrometer (IRMS) on an aliquot 350 of the same CO₂. These measurements were consistent with $\delta^{13}C_{org}$ measurements made by 351 EA-IRMS normalised based on measured values standards (n=7) spanning >30‰ and long-352 term analytical precision of 0.2‰. River bank samples from 2009 were analysed by similar 353 procedures at the National Ocean Sciences Accelerator Mass Spectrometry Facility 354 (NOSAMS) at Woods Hole Oceanographic Institution. 355 Mixed benthic foraminifera samples picked from the MTW01 core were analysed at 356 NOSAMS for ¹⁴C analyses. Samples were rinsed and no pre-treatments were used. The

357 samples were directly hydrolyzed with strong acid, H₃PO₄, to convert the carbon in the 358 sample to CO₂. Calibration of the ¹⁴C dates was performed using CALIB (version 7.1)³⁶. All 359 ¹⁴C dates were normalized to a δ^{13} C of -25‰ versus VPDB (http://intcal.gub.ac.uk/calib/). 360 Foraminifera dates were calibrated using the MARINE13 dataset³⁷, with a reservoir age 361 362 correction (ΔR) of 335±85 yrs (Extended Data Table 2). The ΔR value is based on a recent re-analysis of ages from 24 living molluscs collected before 1956 from the northwestern 363 Canadian Arctic Archipelago³⁸. This calibration set does not include specimens from the 364 Beaufort Sea and as such provides only a best available estimate for ΔR in the Mackenzie 365 Trough. 366

End member mixing model: The F_{mod} , N/OC_{total} (Fig. 1), $\delta^{13}C_{org}$ values and Al/OC_{total} values (Extended Data Fig. 2) are consistent with a mixing of POC_{petro} and POC_{biosphere} dominating the bulk geochemical composition of river POC. Autochthonous sources are not significant based on those measured values, which is consistent with the turbid nature of the Mackenzie River (mean suspended sediment concentration of ~300-400 mg/L) meaning that 372 like other turbid river systems (e.g. the Ganges-Brahmaputra) light penetration is minimal. A

mixture of POC_{petro} and $POC_{biosphere}$ can be described by governing equations^{10,13,31}:

$$374 f_{biosphere} + f_{petro} = 1 (Equation 1)$$

375 $f_{biosphere} \times \theta_{biosphere} + f_{petro} \times \theta_{petro} = \theta_{sample}$ (Equation 2)

where $f_{\text{biosphere}}$ and f_{petro} are the fractions of POC derived from biospheric and petrogenic 376 sources, respectively. θ_{sample} is the measured composition (e.g. F_{mod}) of a river POC sample, 377 and $\theta_{biosphere}$ and θ_{petro} are the compositions of biospheric and petrogenic sources. To quantify 378 the f_{petro} in each sample we use the aluminium (Al) to OC_{total} concentration ratio in river 379 sediments. At each locality, a linear trend between F_{mod} and Al/OC_{total} (Extended Data Fig. 380 2b) can be explained by a mixture of an Al-rich, OC-poor material (rock fragments 381 containing POC_{petro}) with Al-poor, OC-rich material (soils and vegetation debris as 382 POC_{biosphere}). Taking advantage of the fact that the POC_{petro} has $F_{mod} \sim 0$, the intercept at $F_{mod} =$ 383 0 gives an estimate of the Al/OC_{total} values and associated uncertainty of the sedimentary 384 rock end member. To estimate the average concentration of OC_{petro} of bedrocks in each basin 385 ([OC_{petro}], %), we use the Al concentration of river bed materials as a proxy of for the Al 386 concentration in the bedrocks 25 and the Al/OC $_{total}$ value at $F_{mod} \sim 0.$ Following previous work 387 in large rivers, we then assume that the OC_{petro} is well mixed in the water column and has a 388 relatively constant $[OC_{petro}]$ (refs 10,13,14). This method may overestimate f_{petro} if OC_{petro} has 389 390 been more extensively oxidised in fine grained weathering products carried in the suspended load²¹. f_{petro} is quantified using [OC_{petro}] and measured [OC_{total}]. 391

- 392 The mixing analysis returns a $[OC_{petro}] = 0.12 \pm 0.03\% (\pm 2\sigma)$ in the Liard River and
- 393 Mackenzie River at Tsiigehtchic, higher values in the Peel River $[OC_{petro}] = 0.63 \pm 0.30\%$,
- with the Mackenzie River at the delta with an intermediate value $[OC_{petro}] = 0.29 \pm 0.05\%$.
- 395 This is consistent with the known presence of POC_{petro}-bearing sedimentary rocks in the

Mackenzie River Basin and high OC_{total} contents of bedrocks in the upper Peel River Basin and Mackenzie mountains³⁹. To quantify the average ¹⁴C age of POC_{biosphere} in each sample, Equations 1 and 2 can be solved for $\theta_{biosphere}$, using the f_{petro} and assumed unmeasurable above background ¹⁴C content of POC_{petro} ($F_{mod} = 0$). The uncertainty mainly derives from that on f_{petro} and [OC_{total}] and has been propagated through the calculations.

To test if the mixing of POC_{biosphere} and POC_{petro} can describe the composition of the 401 suspended load samples, we predict the $\delta^{13}C_{org}$ measurements which were not used in the 402 mixing analysis. The calculated f_{petro} values and end member values of -26.2±0.5‰ for 403 POC_{biosphere} and -28.6±0.5‰ for POC_{petro} were used, informed by measurements of 404 bedrocks³⁹ and vegetation and soil in the basin⁴⁰. The mixing model (equation 2) can robustly 405 predict the $\delta^{13}C_{org}$ differences between the Peel and Liard rivers, and between suspended load 406 and bed material $\delta^{13}C_{org}$ values (Extended Data Fig. 2c), supporting a mixing control on the 407 408 variables.

Mackenzie River POC discharge: To quantify the discharge of POC we need to account for 409 the variability in suspended sediment discharge and the variability in the POC_{biosphere} and 410 POC_{petro} content of sediments in the basin. We use the longest, most complete quantification 411 of sediment flux by the Mackenzie River from 1974-1994¹⁵, which has an average 127±40 Tg 412 yr^{-1} (±1 σ). Annual sediment yield varied from 81 Tg yr^{-1} to 224 Tg yr^{-1} . While the POC 413 samples were not collected at the same time period, our measurements of [OC_{total}] at the 414 Delta, mean = $1.6\pm0.5\%$ (n=8, $\pm1\sigma$) and do not vary systematically between falling and high 415 stage (Extended Data Fig. 4) and are consistent with available data from samples¹² collected 416 in 1987 (1.4±0.2, n=10). While future work should aim to constrain the variability in POC 417 composition further, these observations suggest that temporal variability may be less 418 important than the potential variability in [OC_{total}] with depth at a given time, where we find 419 [OC_{total}] values can range from 1.0% to 2.7%. We use our measured range of [OC_{biosphere}] and 420

[OC_{petro}] values and the full range of annual sediment yields¹⁵ to quantify POC_{biosphere} and 421 POC_{petro} discharge and associated uncertainty using a Monte Carlo approach. Over 100,000 422 simulations, we use a 'flat' probability for the range of values for both variables (i.e. equal 423 probability of all measured values). This allows us to fully explore the range of estimates 424 given the available measurements. Future work seeking to expand the number of [OC_{biosphere}] 425 measurements to assess its flux-weighted mean and variability, while assessing temporal 426 variability in more detail, will allow POC discharge estimates and their uncertainty to be 427 refined. POC_{biosphere} $(2.2^{+1.3}_{-0.9} \text{ TgC yr}^{-1})$ and POC_{petro} $(0.4^{+0.1}_{-0.1})$ discharges are reported as the 428 429 median (50%) \pm 1 s.d. Over the sediment source areas of the Mackenzie (Downstream of the Great Slave Lake¹⁵) of 774,200 km², these equate to yields of POC_{biosphere} = $2.9^{+1.7}_{-1.1}$ tC km⁻² 430 yr^{-1} and POC_{petro} = $0.6^{+0.2}_{-0.2}$ tC km⁻² yr⁻¹. The total POC discharge is slightly higher than a 431 previous estimate (2.1 TgC yr⁻¹)¹² based on measurements of POC content made in 1987 432 because we: i) account for higher POC_{biosphere} concentrations which may occur in water-433 logged POC_{biosphere} near the river bed (Figs. 2c, Extended Data Fig. 4); and ii) account for the 434 potential for very high annual sediment discharge¹⁵. Based on estimates of soil carbon stock 435 in the Mackenzie Basin² of $\sim 50 \times 10^3$ tC km⁻² and the upstream sediment source area 436 (downstream of the Great Slave Lake, 774,200 km²), the present rate of POC_{biosphere} export 437 represents a depletion of the soil carbon stock by $\sim 0.006\%$ yr⁻¹, which is sustainable over 10^3 -438 10^4 years. 439

OC burial efficiency in MTW01: To estimate the burial efficiency of terrestrial POC at the
MTW01 site, we normalise the measured [OC_{total}] concentrations (Fig. 3) by Al
concentration, an immobile inorganic element hosted by major mineral phases. The OC_{total}/Al
normalization allows the effects of dilution to be distinguished from net OC gain (increased
ratio) or OC loss (decreased ratio). The mean OC_{total}/Al of the MTW01 samples was

445 0.17 ± 0.02 (g g⁻¹, n=4, ±2SE). This is lower than the mean OC_{total}/Al of the suspended load

samples from the Mackenzie River delta of 0.26±0.10 (g g⁻¹, n=8, ±2SE). The decrease in the 446 ratio offshore may suggest a higher relative proportion of POC_{petro} (Extended Data Fig. 2b), 447 however this is not consistent with the less negative $\delta^{13}C_{org}$ values (Extended Data Fig. 5). 448 The decrease can therefore be interpreted in terms of OC loss, with the ratio of core to river 449 samples $(0.17\pm0.02 / 0.26\pm0.10)$. Assuming that all the change in OC_{total}/Al is driven by OC 450 loss, and taking into account the measurement variability in these values, we estimate that 451 $65\pm27\%$ of the OC has been preserved. However, we note that the OC_{total}/Al ratios in the core 452 are not statistically different from the river suspended load samples (one-way ANOVA, 453 P>0.1) which suggest the OC burial efficiency could higher (i.e. 100%). In addition, if we 454 use the OC_{total}/Al of finer river sediments carried near the channel surface which may be 455 more easily conveyed offshore of 0.20 ± 0.04 (g g⁻¹, n=4, $\pm 2SE$), we calculate burial efficiency 456 $= 85 \pm 20\%$. Future work should seek to better constrain these burial efficiencies with 457 additional terrestrial and marine samples. Nevertheless, despite the remaining uncertainty, 458 these high burial efficiencies¹⁸ are consistent with the high sedimentation rate and low 459 temperature setting. The long-term burial of POC delivered to sites deeper in the Beaufort 460 Sea²⁸ still remains to be assessed, in order to provide a complete picture of source to sink 461 carbon transfers. 462

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491 Extended Data

492 Available by contacting the lead author (<u>r.g.hilton@durham.ac.uk</u>) or on the online version of
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Figure 1



Figure 2



Figure 3