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# Quenching of star formation from a lack of inflowing gas to galaxies

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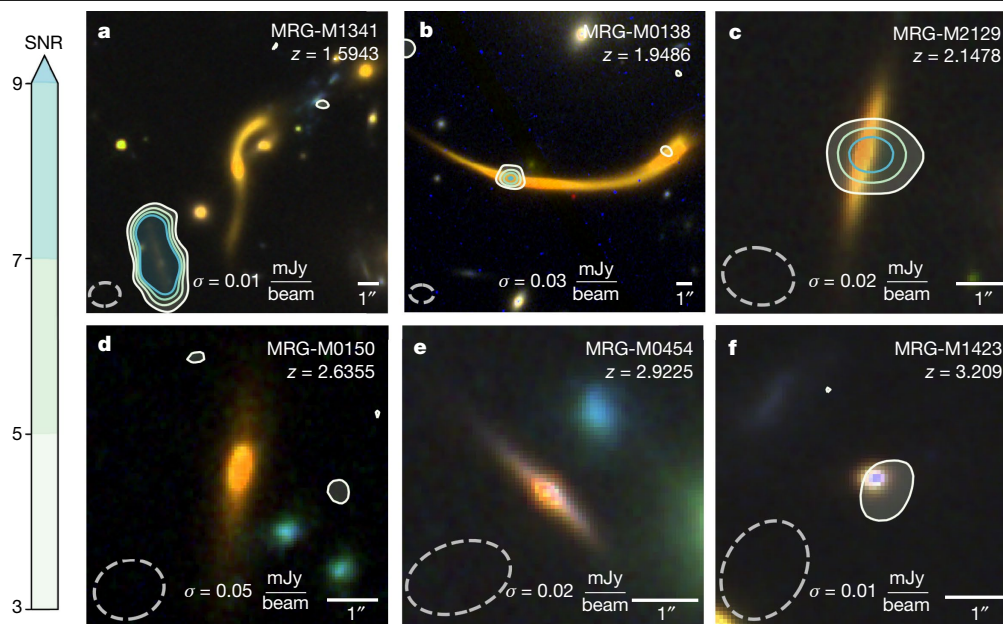
Star formation in half of massive galaxies was quenched by the time the Universe was 3 billion years old<sup>1</sup>. Very low amounts of molecular gas seem to be responsible for this, at least in some cases<sup>2–7</sup>, although morphological gas stabilization, shock heating or activity associated with accretion onto a central supermassive black hole are invoked in other cases<sup>8–11</sup>. Recent studies of quenching by gas depletion have been based on upper limits that are insufficiently sensitive to determine this robustly<sup>2–7</sup>, or stacked emission with its problems of averaging<sup>8,9</sup>. Here we report 1.3 mm observations of dust emission from 6 strongly lensed galaxies where star formation has been quenched, with magnifications of up to a factor of 30. Four of the six galaxies are undetected in dust emission, with an estimated upper limit on the dust mass of 0.0001 times the stellar mass, and by proxy (assuming a Milky Way molecular gas-to-dust ratio) 0.01 times the stellar mass in molecular gas. This is two orders of magnitude less molecular gas per unit stellar mass than seen in star forming galaxies at similar redshifts<sup>12–14</sup>. It remains difficult to extrapolate from these small samples, but these observations establish that gas depletion is responsible for a cessation of star formation in some fraction of high-redshift galaxies.

The 1.3 mm observations of dust emission were made with the Atacama Large Millimeter/submillimeter Array (ALMA), and the sample comprises six galaxies selected from the RESolving QUIEscent Magnified (REQUIEM) galaxy survey: MRG-M1341 (ref. <sup>15</sup>), MRG-M0138 (ref. <sup>16</sup>), MRG-M2129 (ref. <sup>17</sup>), MRG-M0150 (ref. <sup>16</sup>), MRG-M0454 (ref. <sup>18</sup>) and MRG-M1423 (ref. <sup>18</sup>) (Fig. 1). The targets are all strongly lensed, with magnification factors ranging from a factor of 2.7 (MRG-M1423) to 30 (MRG-M1341). Five out of the six galaxies are classified as quiescent owing to unusually low star-formation rates that reach down to  $0.1 M_{\odot} \text{yr}^{-1}$ , as measured from fitting the optical to infrared spectral energy distributions (Methods). Although the most distant target, MRG-M1423, has a more typical star-formation rate of about  $140 M_{\odot} \text{yr}^{-1}$  over the previous 100 Myr, consistent with normal star-forming galaxies at  $z = 3$ , its spectrum reveals classic post-starburst signatures that support a picture in which it has quenched rapidly within the last 100 Myr (ref. <sup>18</sup>). These targets are qualitatively different to existing millimetre continuum/carbon monoxide (CO) spectroscopic observations tracing cold interstellar medium phases in quenched galaxies in that these

galaxies have star-formation rates that are an order of magnitude lower for their stellar mass<sup>2,4–6,8,11</sup>, higher redshifts<sup>3,7,9,10</sup>, and uniquely deep flux limits facilitated by strong lensing magnification.

For the redshift range of our sample, our 1.3 mm wavelength observations correspond to 300–500  $\mu\text{m}$  rest frame on the Rayleigh–Jeans tail of the dust emission, which serves as a robust proxy for the cold molecular gas mass<sup>19</sup>. We clearly detect two of the sources in the dust continuum: MRG-M0138 at  $0.27 \pm 0.03$  mJy and MRG-M2129 at  $9.74 \pm 0.16$  mJy. Such direct detections of cold dust in individual quiescent galaxies outside the local universe, implying per cent-level molecular gas fractions, are scant owing to the extreme sensitivity requirements. In contrast with the extended stellar light profiles, and despite the enhanced resolution from strong lensing magnification, both sources remain unresolved with no evidence for missing extended flux (Methods). This suggests that they have high dust and molecular gas surface densities, as the dust continuum is centrally concentrated and significantly less extended than the stellar light (Fig. 1). Such a result has also been found in star-forming galaxies at similar redshifts<sup>20</sup>.

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**Fig. 1 | Images of six massive lensed galaxies for which star formation has been quenched.** The panels are rank-ordered from  $z=1.6$  to  $z=3.2$  (a–f), showing a composite HST colour image ( $I_{F814W}$ ,  $J_{F125W}$ ,  $H_{F160W}$  generally, substituting  $J_{F110W}$  for e) and contours of ALMA/Band 6 dust continuum

observations, with levels defined by signal to noise ratio (SNR). Each image is centred on the target galaxy, whose redshift is listed in the top-left corner. The dashed ellipse indicates the ALMA beam size, with the  $1\sigma$  noise level noted at the bottom of each panel in units of mJy per beam.

The sensitive *ALMA* dust continuum imaging of the remaining four sources all yield strong upper limits, with the  $3\sigma$  detection limits ranging from 30–150  $\mu$ Jy before lensing corrections. We estimate the dust mass,  $M_{\text{dust}}$ , by adopting a modified blackbody fit and making standard assumptions about dust temperature and emissivity (Methods).

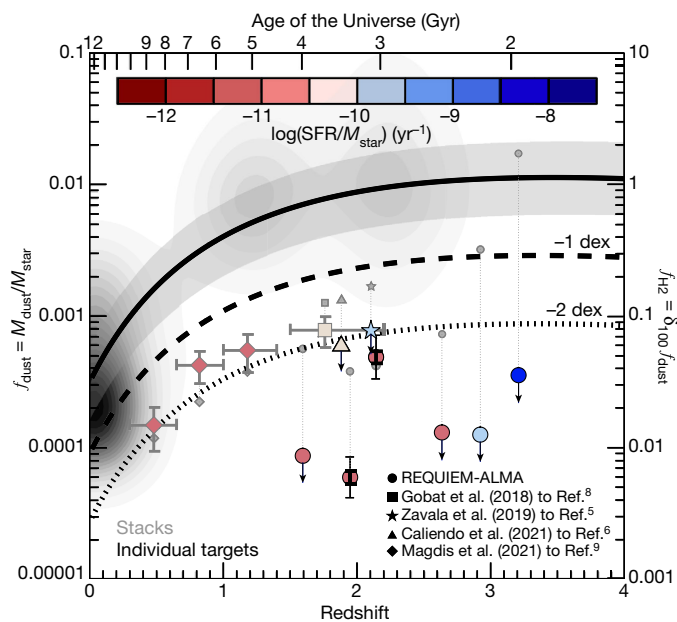
We show the redshift evolution of the dust fraction,  $f_{\text{dust}} = M_{\text{dust}}/M_{\star}$ , for our sample of lensed quenched galaxies in Fig. 2. By adopting a ratio of the molecular gas mass to dust mass of 100 (Methods), we estimate  $M_{\text{H}_2}$  directly from  $M_{\text{dust}}$  and also show the inferred molecular gas fraction,  $f_{\text{H}_2} = M_{\text{H}_2}/M_{\star}$  (right axis). Even if we adopt an extremely conservative molecular gas to dust mass ratio that is a factor of ten higher,  $f_{\text{H}_2}$  is still well below that of normal star-forming galaxies at this epoch<sup>14</sup>. Both of our unambiguously detected galaxies have low molecular gas fractions of  $4.6 \pm 0.5\%$  and  $0.6 \pm 0.1\%$ , respectively, with systematic uncertainties in dust temperature and molecular gas mass to dust mass ratio of a factor of 1.7. Strong upper limits from CO emission for these two targets rule out more exotic molecular gas-to-dust ratios in these particular cases, which would otherwise imply larger cold gas reservoirs (Methods). Although scaling relations adequately describe the cold gas content of quiescent galaxies in the local universe by construction<sup>21</sup> (for example, contours in Fig. 2), our observations reveal a population of massive galaxies at  $z > 1.5$  that have molecular gas fractions more than an order of magnitude lower than empirical predictions at similar redshifts. Our measured  $f_{\text{H}_2}$  is  $0.9 \pm 0.2$  dex lower on average than scaling relation predictions for the given star-formation rates and stellar mass<sup>14</sup>.

Our program measures a broad range of (low) molecular gas masses in massive galaxies with suppressed star-formation rates (Fig. 3). A comprehensive literature search at  $1.5 < z < 3.0$  (Methods) demonstrates that galaxies typically form copious new stars (median specific star-formation rate,  $\log(\text{SFR}/M_{\star}) = -8.6$ ) and have a bountiful fuel supply, with a median value of  $f_{\text{H}_2} = 51\%$ . By comparison, our galaxies instead form two orders of magnitude fewer new stars (median  $\log(\text{SFR}/M_{\star}) = -10.7$ ) and have a median upper limit of  $f_{\text{H}_2} < 1\%$ . Until recently, such low molecular gas fractions have been measurable only in galaxies in the local universe<sup>21</sup>. Our new measurements confirm that the cold interstellar medium was already rapidly depleted at

high redshift in at least some galaxies, not slowly consumed until the present day.

Another study has already set the stage at high redshift, finding moderate cold gas reservoirs based on stacking dust continuum measurements in a mass-representative sample<sup>8</sup>. Although the cold gas reservoir of MRG-M2129 is consistent with these first results, all other sources remain in significant tension. The sample is too small to distinguish whether the subpopulation is biased, or whether contamination due to the significantly lower resolution of the earlier stacking study biases earlier measurements towards high redshifts. Our results also contradict the moderate cold gas reservoirs detected in recently quenched galaxies at lower redshifts that instead imply reduced star-formation efficiency<sup>10</sup>. In principle, differences in the ages of the stellar populations could explain this discrepancy<sup>22</sup>, but our sample includes both recently quenched (about 100–800 Myr) and older passively evolving galaxies (about 1.3–1.6 Gyr)<sup>15–18</sup>. Future observations constraining the distribution of dust temperatures may add clarity to these differences: because dust temperature changes the peak wavelength of the far-infrared dust bump, an overall hotter average dust temperature will decrease the millimetre flux density for a given total infrared luminosity, whereas it will increase for colder dust temperatures<sup>9</sup>. The large range in molecular gas (and dust) fractions observed at low star-formation rates across redshift, from less than 2–5% (refs. 2–7) to 10% (refs. 8,9) and up to 40% (refs. 3,10,11), may suggest a diversity in dust temperatures (Methods) or, more fundamentally, a diverse set of evolutionary pathways to quiescence. The galaxies in our sample either depleted their cold gas within the first few billion years of the Big Bang, or ejected it into the surrounding intergalactic medium. Chemical evolution arguments based on observed high metallicity and high alpha/Fe ratios in local early-type galaxies support the same interpretation, where massive galaxies must have consumed all of the available gas within roughly 1 billion years (ref. 23). Larger samples to similar or greater depth are needed to determine whether this scenario is generally applicable.

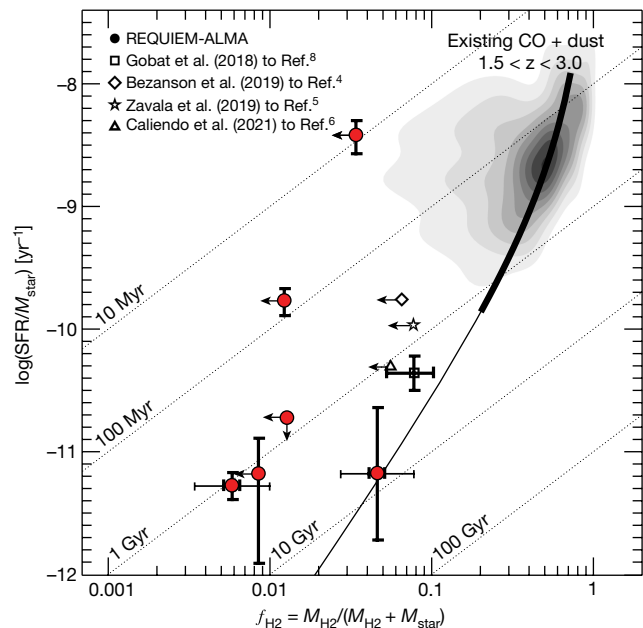
Quiescent galaxies are spectroscopically confirmed as early as  $z = 4$  (ref. 24). The existence of these early quiescent galaxies and the rapid and complete exhaustion of gas implied by our data are critical



**Fig. 2 | Low dust masses for quenched galaxies.** Measurements of  $f_{\text{dust}}$  for distant lensed quiescent galaxies (circles) are extremely low given their sSFR (SFR per unit stellar mass). We compare existing dust continuum measurements in the literature of individual quiescent galaxies at  $z > 1.5$  (refs. <sup>5,6</sup>) (individual black symbols) and stacked quiescent galaxies<sup>8,9</sup> from JCMC/SCUBA and ASTE/AzTEC data out to  $z \sim 2$  (large grey symbols), using identical conversions herein to our sample (Methods). The thick black error bars are the formal  $1\sigma$  measurement uncertainty in our 1.3 mm flux density and the thin black error bars represent systematic uncertainties when varying dust temperature. The smaller transparent symbols represent the predicted  $f_{\text{dust}}$  from empirical scaling relations given sSFR. The inferred  $f_{\text{H}_2}$  (right axis) and scaling relations<sup>14</sup> for  $\log(M_*/M_\odot) = 11$  on the average  $\log(\text{SFR}) - \log(M_*)$  relation (solid), 1 dex (dashed) and 2 dex below (dotted) assume a molecular gas to dust mass ratio of 100. The shaded region shows the upper bound set by the lowest stellar mass in our sample ( $\log(M_*/M_\odot) = 10.1$ ), and vice versa for the highest stellar mass ( $\log(M_*/M_\odot) = 11.7$ ), with the literature dust/CO compilation out to  $z = 3$  shown as a greyscale contour; note that local quiescent galaxies with  $f_{\text{H}_2} \sim 1\%$  at  $z = 0$  are artificially high because the majority are upper limits.

constraints on models of galaxy evolution, which currently struggle to produce realistic quiescent galaxies across redshift<sup>21</sup>. Predictions from cosmological simulations for the molecular gas leftover after star formation ceases span multiple orders of magnitude<sup>25,26</sup>. The essential problem is that high redshift dark matter halos contain enormous gas reservoirs<sup>12-14</sup> that should cool efficiently and maintain steady star formation over long timescales<sup>27,28</sup>. Indeed, many early massive galaxies do just that, with star-formation rates of order  $100 M_\odot \text{yr}^{-1}$  (ref. <sup>29</sup>) and sizeable molecular gas reservoirs<sup>13</sup>. Our observations show that the cessation of star formation for these galaxies is not caused by a sudden inefficiency in the conversion of cold gas to stars but due to the depletion or removal of their reservoirs.

This lack of cold gas may be permanent. In the absence of a heating mechanism, the hot gas binding time in the halo of massive galaxies should theoretically cool and fall back onto galaxies within 1 billion years (ref. <sup>30</sup>). Yet, we do not frequently observe rejuvenation in massive galaxies<sup>31</sup>. In light of this, there must be a physical mechanism that effectively blocks the replenishment of the cold gas reservoirs<sup>32</sup>. In the local universe, centrally driven winds observed in quiescent galaxies are known to clear the gas out of the system, and the central low-level active supermassive black hole has sufficient mechanical energy to heat the gas and suppress star formation<sup>33</sup>. Tentative evidence also exists at high redshifts for maintenance mode energy injection from central supermassive black holes<sup>34</sup>. This process may explain why quiescent



**Fig. 3 | Low molecular gas masses compared to star forming galaxies.** The molecular gas fraction  $f_{\text{H}_2}$  is significantly lower at a given sSFR ( $\text{sSFR} = \text{SFR}/M_*$ ) for distant lensed quiescent galaxies at  $z > 1.5$  when compared to the compilation of existing CO and dust measurements of similarly massive star-forming galaxies (contours and Methods). Our sample explores an order of magnitude lower sSFR and higher redshifts, finding median molecular gas fractions a factor of 10 lower than existing measurements for distant quiescent galaxies<sup>4-6,8</sup> (Methods). The thick horizontal error bars for the two new detections represent formal  $1\sigma$  measurement uncertainty in our 1.3 mm flux density and the thin horizontal error bars represent systematic uncertainties when varying dust temperature and molecular gas to dust ratio. Vertical error bars are  $1\sigma$  uncertainties. The data are largely consistent with rapid gas depletion, on average following the tracks for constant gas depletion timescales on the order of approximately 1 billion years (dotted lines).

galaxies are unable to effectively re-accrete cold gas in the subsequent 10 billion years of evolution to the present day, although there are other possibilities<sup>35</sup>. Our new data demonstrate a lack of dust, and by inference cold gas, indicating that such a physical process may have already occurred at significantly earlier times for some galaxies.

With extremely sensitive limits on the dust continuum of individual massive quiescent galaxies at  $z \sim 2$ , our measurements imply extremely low  $f_{\text{H}_2}$  of a few per cent or less. However, the use of the dust continuum as a proxy for the interstellar medium in massive galaxies with star-formation rates must be further investigated. In particular, while securing detections of both CO emission and dust continuum for the same high redshift quiescent galaxy is paramount, such observations are costly with our current generation of telescopes without the help of strong gravitational lensing magnification.

### Online content

Any methods, additional references, Nature Research reporting summaries, source data, extended data, supplementary information, acknowledgements, peer review information; details of author contributions and competing interests; and statements of data and code availability are available at <https://doi.org/10.1038/s41586-021-03806-7>.

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## Methods

### Cosmology and initial mass function assumptions

Throughout this paper we assume a simplified cosmology of  $\Omega_M = 0.3$ ,  $\Omega_\Lambda = 0.7$  and  $H_0 = 70 \text{ km s}^{-1} \text{ Mpc}^{-1}$  when calculating physical parameters. Such values are commonly assumed to make literature comparisons easier, as the precise measured values evolve over time. We adopt the Chabrier<sup>36</sup> initial mass function throughout, correcting literature values where appropriate.

### Hubble and Spitzer Space Telescope observations

The full details of the data reduction of the REQUIEM Hubble Space Telescope (HST) and Spitzer Space Telescope data are found in the REQUIEM methodology paper<sup>37</sup>. All targets have a minimum of 5 (up to 16) HST and 2 Spitzer Infrared Array Camera filters, covering  $\lambda_{\text{rest}} \sim 1,000 \text{ \AA}$  to  $\sim 1 \mu\text{m}$ . In addition to ground-based spectroscopic campaigns<sup>15–18</sup>, HST Wide-Field Camera 3 G141 grism spectroscopy exists for five out of the six targets, excluding MRG-M1423.

### Star-formation rate and stellar mass estimates

Star-formation rates and stellar mass estimates are taken from the literature, derived from joint analyses of photometry and ground-based spectroscopy, modelling the rest-frame ultraviolet to near-infrared spectral energy distribution<sup>16,18</sup>. These papers adopt the Calzetti<sup>38</sup> dust attenuation curve and parameterized star-formation histories when fitting the stellar continuum with stellar population synthesis models<sup>39</sup>. Both exponentially decaying<sup>16</sup> and similar star-formation histories that allow linear growth before the exponential decay<sup>18</sup> yield consistent stellar mass and star-formation rate estimates and are generally well-suited to describe quiescent galaxies<sup>40</sup>. The procedures to fit the data to stellar population models marginalize over the spectroscopic redshift, velocity dispersion, age, metallicity, dust attenuation and the emission line parameters, including an analysis of systematic uncertainties introduced by the model assumptions.

The choice of dust attenuation law and star formation history (SFH) will affect the inferred stellar masses and SFRs in particular. Studies suggest that the dust attenuation law is not universal<sup>41</sup> and that the Calzetti attenuation curve may not be representative at high redshift and/or low SFR per unit stellar mass (sSFR)<sup>42</sup>. Moreover, parametric SFHs are shown to yield systematically lower stellar masses owing to younger ages relative to non-parametric SFHs<sup>43</sup>. Although there remain significant uncertainties in the dust geometry given our centrally concentrated, unresolved dust continuum detections, it is valuable to test the effect of different dust attenuation assumptions and a non-parametric SFH on the global measurement of stellar mass and sSFR through a preliminary joint analysis of the HST and Spitzer photometry and HST grism spectroscopy using published Bayesian methodology<sup>37</sup>. Namely, we independently derive the measured stellar masses and sSFRs for the two ALMA-detected galaxies, MRG-M0138 and MRG-M2129. We adopt non-parametric SFHs, using the flexible stellar population synthesis models<sup>44</sup> with a two-parameter dust model<sup>45</sup>. Consistent with expectations, these tests yield higher stellar masses by 0.1–0.2 dex, and thus lower implied molecular gas and dust fractions. When including the 1.3 mm measurement in the fit for MRG-M0138, we find: (1) a (non-parametric) SFH that declines exponentially with old ages, low sSFRs and low dust, consistent with the ground-based spectroscopic results; and (2) dust temperatures that are preferentially warmer. A warm luminosity-weighted dust temperature of about 34 K is required to explain the low ALMA flux density, as most of the infrared energy escapes at shorter wavelengths. Conversely, for MRG-M2129 we find: (1) a younger post-starburst SFH with moderate dust attenuation and a steeper than Calzetti curve; and (2) a dust spectral energy distribution (SED) that is consistent with a very cold (about 14 K), though not maximally cold, temperature. Combined, these implied dust temperatures fall at the extremes of local observations for early-type galaxies

(see 'Molecular gas mass estimates', below), and make testable predictions motivating future observations. However, it is important to note that the dust comes only from a yet unconstrained small central region, making it imperative to not overinterpret the global SED modelling.

Regardless of the specific model adopted, the changes in stellar mass and sSFR for these galaxies do not impact the conclusions of this study, despite the significant challenges of constraining the SFR in the low sSFR regime in particular. If anything, our tests imply even more extreme cold gas depletion timescales on the order of 100 Myr (versus about 1 Gyr for previous SED modelling assumptions). So although we conservatively adopt the published values based on higher resolution ground-based spectroscopy<sup>16,18</sup>, derived completely independent from the dust masses, we note that our measurements may deviate even further from scaling relations under different modelling assumptions, which would only serve to strengthen our conclusions.

### Lens model assumptions

The full details of the lens models for all strong lensed sources in this paper can be found in the original discovery papers<sup>15–18</sup>. The magnification factor was used to correct the stellar masses and star-formation rates. However, because the dust and molecular gas fractions and the specific star-formation rates, the main focus of this paper, are relative quantities, they are independent of the details of the lens models.

### Reduction of ALMA data

ALMA 1.3 mm continuum observations were carried out in programs 2018.1.00276.S and 2019.1.0027.S. The observations were designed to reach limits of  $f_{\text{H}_2} \sim 1\%$ ; due to the range in redshift and lensing magnification within the sample, the observations reach  $1\sigma$  depths of 9–56  $\mu\text{Jy}$ . The correlator was configured for standard Band 6 continuum observations, with 7.5 GHz total usable bandwidth. The data were reduced using the standard ALMA pipeline and imaged with natural weighting to maximize sensitivity. The observations were designed to avoid spatially resolving the target sources to the extent possible, and reach spatial resolutions of  $\sim 1.0$ – $1.5$  arcseconds. We create lower-resolution images of each source with a  $uv$  taper and find no evidence for extended emission in any source (see below). Flux densities for the two detected sources were measured from the peak pixel values in the images, appropriate for unresolved (pointlike) sources. For the remaining undetected sources, we place upper limits on the 1.3 mm emission using the image root mean squared values, under the assumption that the dust emission in the remaining sources would also be as compact as that in the two detected galaxies.

We further verify that the submillimetre emission is unresolved in the two ALMA-detected objects in several different ways: by comparing peak to integrated flux densities, asymmetric tapered to untapered fluxes (such that the position angle of the resulting synthesized beam is aligned with the extended lensed arc), and  $uv$  plane and image-plane fitting, all of which agree that the two detected sources are indeed pointlike, with no evidence of extended emission.

For the two detected galaxies, we carry out a further test for millimetre emission extended on scales as large as the rest-optical light. In brief, we create a series of mock ALMA observations using a model of the image-plane stellar light from the HST F160W images, renormalize the image to have either a known total flux density or known peak flux density (per beam), invert it, sample the Fourier transform at the  $uv$  coordinates of the real data, and add noise to the visibility model based on the noise properties of the real data. The two detected sources are representative of the others: MRG-M0138 is a highly extended arc, whereas MRG-M2129 is only slightly extended compared to the synthesized beam. By normalizing the model image to match the peak surface brightness of the real data, we test the extent to which the existing data rule out millimetre emission with comparable extent as the stellar light. By normalizing the model image to a known total flux density, we test our ability to recover known input signals and whether it is possible to

find pointlike millimetre emission even if the true emission has the same structure as the stellar light. In both tests, we find that if the millimetre emission had identical structure to the stellar light, the resolved arc structure of the source would be clearly detected. We find that if the sources had the same total flux density as we measure in the real data, but this emission was distributed over the full extent of the stellar light, the input flux density would still be accurately recovered. Importantly, in this case the mock observed galaxies fail all of our previous tests for pointlike emission; the extended nature of the millimetre emission in the mock datasets would be easily discernible at the depth of our data. The millimetre emission in the detected sources is genuinely pointlike at our current spatial resolution, far less extended than the stellar light. Therefore, we conclude that there is no detectable dust emission extended on the same scales as the stellar light, in agreement with our finding that the submillimetre emission is pointlike at the current resolution.

Galaxies that are not detected afford an opportunity to stack the dust continuum, reaching below the noise level for any individual map. Although large variations in the strong lensing magnification coupled with small number statistics complicate matters, we generate a weighted stack as a test under the following assumptions. For the four undetected REQUIEM-ALMA galaxies, each non-detection map is divided by the magnification and the individual maps' demagnified root mean square defines the weight when averaging to generate a weighted stack. This methodology is similar to others in the literature for unresolved sources<sup>46</sup>, with our sample having roughly similar beam sizes that span 1.4–1.6 × 1.1–1.2 arcseconds. The same weights are used to calculate the average stellar mass and consequently the limit in  $f_{\text{dust}} = M_{\text{dust}}/M_{\star}$  for the stack. The resulting deep  $3\sigma$  limit in the dust continuum from the undetected REQUIEM-ALMA sources is 4.58 Jy at an average redshift of  $z = 2.59$ . For an average weighted stellar mass of  $\log_{10}(M_{\star}/M_{\odot})$  of 10.50, this corresponds to  $f_{\text{dust}}$  of  $1.8 \times 10^{-4}$ , largely driven by the highest magnification source, MRG-M1341, that also has the deepest ALMA 1.3 mm limits but the lowest stellar mass.

### Molecular gas mass estimates

By probing the Rayleigh–Jeans tail at  $\lambda_{\text{rest}} > 250 \mu\text{m}$ , the dust continuum can be used as a proxy for the mass of the molecular interstellar medium,  $M_{\text{H}_2}$ . We estimate  $M_{\text{dust}}$  from a modified blackbody fit<sup>47</sup>, assuming a dust temperature of 25 K, a dust emissivity index,  $\beta$ , of 1.8, and a dust mass opacity coefficient,  $\kappa_{345\text{GHz}}$  of  $0.0484 \text{ m}^2 \text{ kg}^{-1}$  (ref. <sup>48</sup>). By assuming a molecular gas to dust mass ratio,  $\delta$ , of 100 (ref. <sup>48</sup>), we can infer  $M_{\text{H}_2}$  from  $M_{\text{dust}}$ . In principle  $M_{\text{dust}}$  could trace both neutral and molecular hydrogen, and quiescent galaxies at  $z \sim 0$  are known to contain non-negligible neutral gas reservoirs<sup>49</sup>. Local studies show that the neutral hydrogen contribution varies widely<sup>21,50</sup>. Although we assume that all of the hydrogen gas is in the molecular form, a significant contribution from neutral hydrogen to our dust detection would only serve to strengthen our conclusion. For comparison, we also calculate  $M_{\text{H}_2}$  explicitly following an empirical calibration<sup>19</sup>, finding an offset of 0.1 dex lower in  $M_{\text{H}_2}$ , yielding even lower inferred molecular gas fractions.

An alternative viable explanation of the null detections is that  $\delta$  increases markedly for a significant fraction of early quiescent galaxies. There exists theoretical<sup>51</sup> and observational<sup>52</sup> evidence that in certain circumstances thermal sputtering by hot electrons could in principle efficiently destroy dust in dead galaxies. CO observations are required to rule out extreme molecular gas to dust ratios that would be necessary to reconcile our observations with higher, more typical values of  $f_{\text{H}_2}$ . Although CO observations of quiescent galaxies at  $z > 1.5$  are scant, such ratios are difficult to justify, as they imply that CO should be detectable<sup>7,53</sup>. At least in the case of our two detections, such exotic ratios are already ruled out by strong CO upper limits (A. Man, personal communication).

We adopt a dust temperature of 25 K, which corresponds to a luminosity-weighted temperature of approximately 30 K. However,

the cold interstellar medium of local quiescent galaxies is generally colder, with luminosity-weighted dust temperatures observed to be  $23.9 \pm 0.8 \text{ K}$  (with a range from 16 K to 32 K)<sup>54</sup>. Adopting significantly colder dust templates would increase our estimates of molecular gas fraction, but our upper limits would still leave room for tension. The thin error bars for the two detected sources in Fig. 2 represent the systematic uncertainty in dust temperature from a Monte Carlo analysis adopting the observed temperature distribution of local quiescent galaxies<sup>54</sup>. Systematic uncertainties in Fig. 3 additionally include variation in the molecular gas to dust ratio by conservatively drawing from a uniform distribution ranging from 50 to 200. Star formation in quiescent galaxies at high redshift is generally less suppressed in comparison to that in local dead galaxies, and as such the expected dust temperature of the cold interstellar medium remains unclear.

When including the measured ALMA 1.3 mm flux density in global SED modelling that assumes energy balance, as described above, we find that MRG-M0138 may be consistent with warmer dust with luminosity-weighted temperatures of about 34 K and MRG-M2129 with colder dust at about 14 K. Although we cannot draw conclusions on the dust temperature based on a single (unresolved) data point in the Rayleigh–Jeans tail with ample uncertainties looming in the dust geometry, the latter may support conclusions based on stacked observations<sup>9</sup>, whereas the former would represent a new extreme. It may be that once dust production from new star formation halts, dust is slowly removed by other physical processes; when the dust reservoirs are sufficiently depleted, the galaxy is optically thin and this dust may then be heated to higher temperatures. However, although the dust is still optically thick, self-shielding may effectively allow the dust to cool to very low temperatures<sup>43</sup>. Future observations and spatially resolved analyses will illuminate the dust morphology and temperature.

### Literature comparisons

We include quiescent targets measured through dust continuum in Fig. 2, both upper limits for individual galaxies<sup>5,6</sup> and for stacking<sup>8,9</sup>, as well as an individual quiescent CO upper limit measurement<sup>4</sup> in Fig. 3; all studies have a similar high redshift of  $z > 1.5$ . For the dust continuum measurements, all data are recalibrated using the same set of assumptions applied here, starting from the flux density and source redshift. We compare our results to a comprehensive compilation of 843 galaxies out to  $z = 3$  from the literature with dust or CO measurements<sup>6</sup>, shown as contours in Fig. 2. Within this sample, we highlight measurements of 188 (almost exclusively star-forming) galaxies at  $1.5 < z < 3.0$ , tracing molecular gas via dust continuum<sup>6,19,55,56</sup> and CO<sup>11,12,14,57–63</sup> (contours presented in Fig. 3).

### Data availability

Data that support the findings of this study are publicly available through the ALMA Science Archive under project codes 2018.1.00276.S and 2019.1.00227.S and the Barbara A. Mikulski Archive for Space Telescope under project code HST-GO-15663 (including additional archival data from project codes HST-GO-9722, HST-GO-9836, HST-SNAP-11103, HST-GO-11591, HST-GO-12099, HST-GO-12100, HST-SNAP-12884, HST-GO-13459, HST-SNAP-14098, HST-GO-14205, HST-GO-14496, HST-SNAP-15132 and HST-GO-15466). All HST and ALMA mosaics are publicly available at <https://doi.org/10.5281/zenodo.5009315>. Derived data and codes supporting the findings of this study are available from the corresponding author upon request. Source data are provided with this paper.

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#### Additional information

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