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1 Deep denitrification: stream and groundwater biogeochemistry

2 reveal contrasted but connected worlds above and below

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25 **Key words:** Nitrogen, Sulfur, Silica, Carbon, Groundwater, Surface Water, Denitrification, Environmental
26 Tracers, Residence Time, Nitrate Removal, Wells

27 Key points

- 28 1. Disparate processes create opposite chemical patterns in surface and subsurface
- 29 2. C, N, and S patterns reflect both mixing and separation at watershed scales
- 30 3. Groundwater is as or more dynamic than surface water for many parameters
- 31 4. $\delta^{34}\text{S}$, DSi and CFCs provide robust nutrient retention and residence time proxies

33 **Abstract**

34 Excess nutrients from agricultural and urban development have created a cascade of ecological crises
35 around the globe. Nutrient pollution has triggered eutrophication in most freshwater and coastal
36 ecosystems, contributing to a loss in biodiversity, harm to human health, and trillions in economic
37 damage every year. Much of the research conducted on nutrient transport and retention has focused on
38 surface environments, which are both easy to access and biologically active. However, surface
39 characteristics of watersheds, such as land use and network configuration, often do not explain the
40 variation in nutrient retention observed in rivers, lakes, and estuaries. Recent research suggests subsurface
41 processes and characteristics may be more important than previously thought in determining watershed-
42 level nutrient fluxes and removal. In a small watershed in western France, we used a multi-tracer
43 approach to compare surface and subsurface nitrate dynamics at commensurate spatiotemporal scales. We
44 combined 3-D hydrological modeling with a rich biogeochemical dataset from 20 wells and 15 stream
45 locations. Water chemistry in the surface and subsurface showed high temporal variability, but
46 groundwater was substantially more spatially variable, attributable to long transport times (10–60 years)
47 and patchy distribution of the iron and sulfur electron donors fueling autotrophic denitrification. Isotopes
48 of nitrate and sulfate revealed fundamentally different processes dominating the surface (heterotrophic
49 denitrification and sulfate reduction) and subsurface (autotrophic denitrification and sulfate production).
50 Agricultural land use was associated with elevated nitrate in surface water, but subsurface nitrate
51 concentration was decoupled from land use. Dissolved silica and sulfate are affordable tracers of
52 residence time and nitrogen removal that are relatively stable in surface and subsurface environments.
53 Together, these findings reveal distinct but adjacent and connected biogeochemical worlds in the surface
54 and subsurface. Characterizing how these worlds are linked and decoupled is critical to meeting water
55 quality targets and addressing water issues in the Anthropocene.

56

57 **1 Introduction**

58 Excess nutrients from human activities have created a cascade of ecological crises that
59 threaten humankind and ecosystems around the globe. The nutrients that have constrained
60 primary productivity and heterotrophic growth for most of Earth’s history—nitrogen (N) and
61 phosphorus (P)—now saturate many environments along the terrestrial-aquatic-marine gradient,
62 including soils, rivers, lakes, groundwater, and oceans (Pinay *et al* 2018, Van Meter *et al* 2018,
63 Kolbe *et al* 2019, Jane *et al* 2021, Dai *et al* 2023, Davidson *et al* 2023). This widespread nutrient
64 overload (eutrophication) causes immense damage to ecological food webs and human society,
65 making it one of the most pressing and costly environmental issues of our day (Diaz and
66 Rosenberg 2008, Steffen *et al* 2015b, Le Moal *et al* 2019, Ward *et al* 2018). Globally,
67 approximately 80% of freshwater and coastal ecosystems are experiencing some level of
68 anthropogenic eutrophication (Galloway *et al* 2003, Frei *et al* 2020, Stoddard *et al* 2016,
69 Brahney *et al* 2015, Dai *et al* 2023).

70 In response to this nutrient crisis, progress has been made in some regions to stem the
71 flood of anthropogenic nutrients, largely through the control of nutrient point sources such as
72 wastewater discharge from humans and livestock (Abbott *et al* 2018b, Ehrhardt *et al* 2019, Yang
73 *et al* 2019). Additionally, many countries have implemented practical and regulatory measures to
74 reduce nutrient pollution, though the results remain mixed (Poisvert *et al* 2017, Dupas *et al* 2018,
75 Van Meter *et al* 2018, Sabo *et al* 2021b). However, as human activities now directly affect 77%
76 of the ice-free land surface (Watson *et al* 2018, Abbott *et al* 2019a), nutrient concentrations and
77 fluxes continue to rise in much of the world (Seitzinger *et al* 2010, Bouwman *et al* 2013,
78 Stoddard *et al* 2016, Le Moal *et al* 2019, Frei *et al* 2021).

79 To identify effective solutions to the eutrophication crisis, we need to understand the
80 sources and fates of nutrients added by humans to the Earth system. For example, agricultural
81 activities account for approximately 85% of the human nutrient load globally (Smil 1999,
82 Galloway *et al* 2004, Bouwman *et al* 2009, Campbell *et al* 2017). However, only half of the
83 nutrients applied in fertilizers is taken up by crops (Smil 1999, Liu *et al* 2010, Foley *et al* 2011),
84 with most of the nutrient waste occurring in areas of intensive agriculture in Asia, Europe, and
85 North America (Foley *et al* 2011, Sabo *et al* 2021b). In agricultural areas where nutrient inputs
86 exceed nutrient uptake of harvested crops, there are three general fates for excess nutrients:
87 accumulation in the soil, leaching into groundwater or surface water, or conversion to gaseous
88 forms via denitrification for N (Aquilina *et al* 2012a, Sebilo *et al* 2013, Van Meter *et al* 2016,
89 Poisvert *et al* 2017, Minaudo *et al* 2019, Peterjohn and Correll 1984). While understanding the
90 relative importance of these fates in different socio-ecological contexts is crucial to solving
91 eutrophication, it is also exceedingly difficult at medium to large scales. On one end of this
92 scaling problem, plot-scale experiments in a single component of the watershed (e.g., the riparian
93 zone or soil layer) are often unrelated to watershed-level fluxes (Pinay *et al* 2015, 2018, Heiner
94 *et al* 2022, Ebeling *et al* 2021, Basu *et al* 2022). On the other end, watershed-scale observations
95 often do not have the spatial resolution to identify what characteristics or practices are effective
96 at reducing nutrient waste (Abbott *et al* 2018b, Thomas and Abbott 2018, Frei *et al* 2020, Van
97 Meter *et al* 2021).

98 While most interventions to improve water quality are associated with surface or near-
99 surface environments (e.g. riparian zones, surface waters, and soils), there is growing evidence
100 that catchment-level nutrient retention is strongly influenced by subsurface characteristics
101 (Aquilina *et al* 2018, Kolbe *et al* 2019, Frei *et al* 2020, Pauwels *et al* 2000, Böhlke 2002, Duncan

102 *et al* 2015, Fan *et al* 2020, Nguyen *et al* 2022a, Lupon *et al* 2023). Because hydrological
103 residence time in the subsurface far exceeds the surface (Gleeson *et al* 2016, Cook and Herczeg
104 2012, Green *et al* 2011), time lags or “legacies” are created between the input and output of
105 excess nutrients (Van Meter and Basu 2017, Ehrhardt *et al* 2019, Guillaumot *et al* 2021, Basu *et*
106 *al* 2022). This provides extended opportunities for physical and biological processes to take up
107 or transform nutrients and other solutes traveling through aquifers (Oldham *et al* 2013a, Abbott
108 *et al* 2016, Dehaspe *et al* 2021). However, subsurface environments have long been considered
109 as less dynamic than surface environments (Li *et al* 2017), where rapid biogeochemical
110 processes are easily observable (McClain *et al* 2003, Bernhardt *et al* 2017). This paradigm of a
111 “quiet world beneath” has recently been challenged on multiple fronts.

112 Advances in hydrological modeling, inferential methods, and direct observations now
113 show that the subsurface is biogeochemically active and temporally dynamic (Ben Maamar *et al*
114 2015, Long *et al* 2016, Marçais *et al* 2018, Kolbe *et al* 2019, Bochet *et al* 2020). However, the
115 relative influence of subsurface and surface activity on watershed-scale nutrient dynamics
116 remains uncertain. Because of logistical challenges and disciplinary divides (Li *et al* 2017, Kolbe
117 *et al* 2019, Krause *et al* 2022), relatively few studies characterize biogeochemistry in both the
118 surface and deep subsurface (e.g., >10 m) at watershed scales, complicating direct comparison of
119 the spatiotemporal dynamics and dominant processes in these environments. Yet, there is
120 evidence from the shallow subsurface that these interactions are important across scales (Krause
121 *et al* 2014, Helton *et al* 2015, Lee-Cullin *et al* 2018, Wen *et al* 2020, Guillaumot *et al* 2021,
122 Lupon *et al* 2023).

123 In this context, we collected water samples over several years from streams and aquifers
124 in small watersheds (<50 km²) in a region of intensive agriculture in western France. Using a

125 multi-proxy framework combined with previous hydrological research from this area (Abbott *et*
126 *al* 2016, Kolbe *et al* 2016, Marçais *et al* 2018, Thomas *et al* 2019), we investigated the
127 interaction of hydrological residence time, land-use, and biogeochemical processing in surface
128 and subsurface environments. We were motivated by three general questions. First, how do
129 spatial and temporal variability regimes differ between the surface and subsurface environments
130 in this region? Second, what processes regulate nutrient dynamics as water travels through
131 various watershed components (i.e., streams, vadose zones, and aquifers)? Third, what are the
132 management implications of these observations of watershed-scale ecohydrology in the surface
133 and subsurface? To address these questions, we focused on the transport and transformation of
134 nitrate (NO_3^-), one of the most common nutrients associated with eutrophication and one of the
135 costliest regarding environmental remediation, particularly in this region (Thomas *et al* 2019,
136 Abbott *et al* 2018b, Heiner *et al* 2022, Dupas *et al* 2018). We analyzed a broad range of elements
137 (e.g., carbon, sulfur, and silicon), proxies (e.g., isotopes, dissolved gases, and rare earth
138 elements), and other data (e.g., historical land use, 3-D hydrological modeling, and reconstructed
139 nutrient inputs) to characterize the surface and subsurface at the watershed scale.

140 **2 Methods**

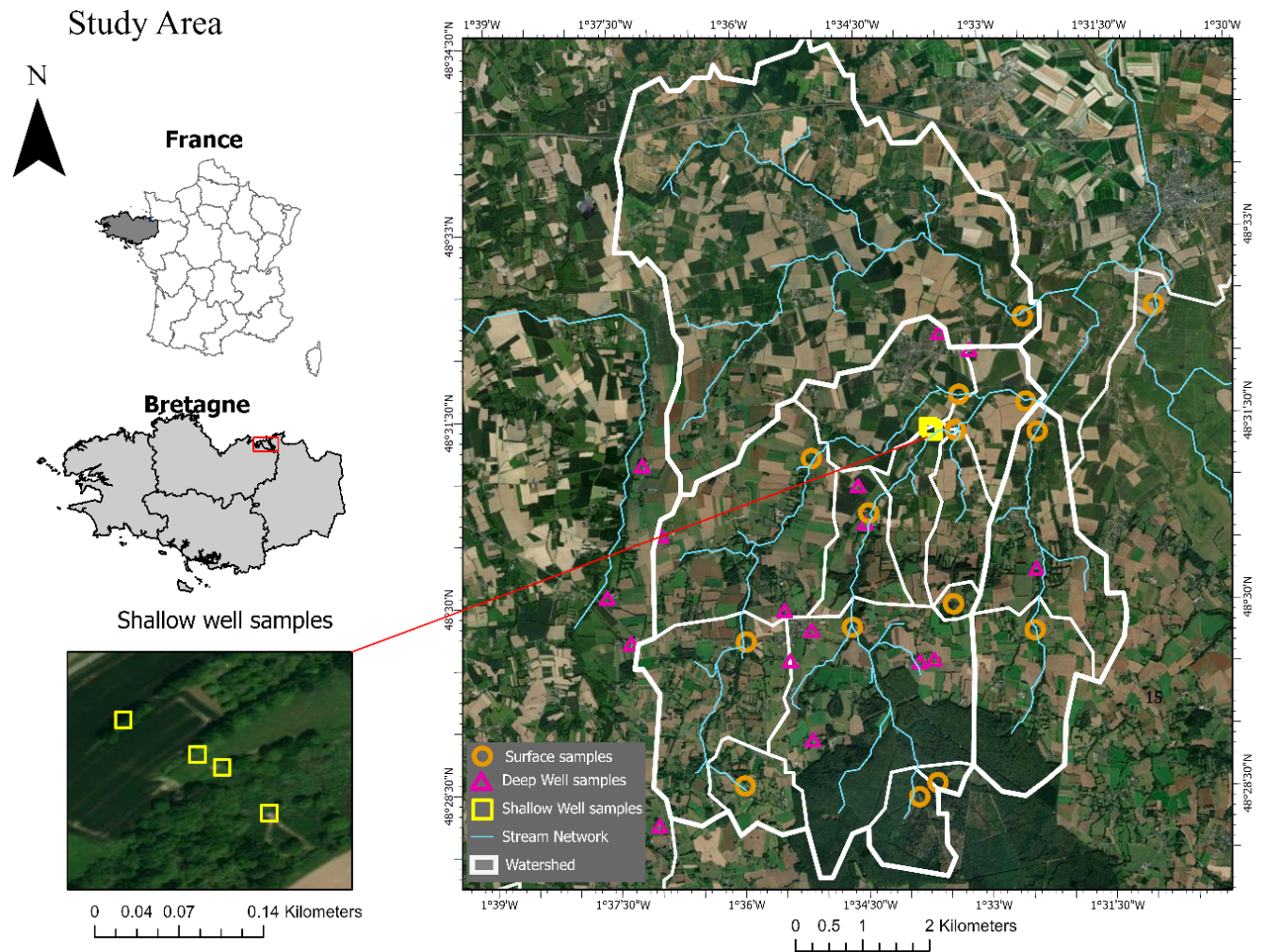
141 **2.1 Site description and experimental design**

142 This study was conducted within the Zone Atelier Armorique research area, which is part
143 of the Long-term socio-ecological research (LTSER) network (Thomas *et al* 2019). The history,
144 socioecological characteristics, and available data from this LTSER are described in detail by
145 Thomas *et al* (2019). The research area is in northeast Brittany in northwestern France. Brittany
146 has a temperate oceanic climate (category “Cfb”: temperate, no dry season, warm summer,
147 following Kottek *et al* 2006) and extensive livestock and row-crop agriculture (Thomas *et al*

148 2019, Frei *et al* 2020, Poisvert *et al* 2017). The study catchment occurs on the Armorican massif,
149 which is composed of metamorphic and igneous rock, primarily granite, schist, and micaschist
150 (Aquilina *et al* 2012a, Goderniaux *et al* 2013b, Kolbe *et al* 2016). The mean annual temperature
151 is 11.2°C, and the mean annual rainfall is 910 mm, which is relatively well distributed
152 throughout the year, and mean potential evapotranspiration is 690 mm (Thomas *et al* 2019).
153 Because of the high infiltration capacity and relatively gentle precipitation, there is little artificial
154 drainage (e.g., tile drains), but there are ditches and hedgerows around many fields, some of
155 which have been present since Medieval times(Thomas and Abbott 2018, Baudry *et al* 2000,
156 Forman and Baudry 1984). The main land use is agriculture, with around 80% of the region
157 covered by row crops, pastureland, and indoor animal husbandry (pigs, poultry, and cows). This
158 gives Brittany one of the highest densities of livestock in France and Europe (Gascuel-Odoux *et*
159 *al* 2010, Poisvert *et al* 2017, Kim *et al* 2019). The intensive agriculture in this region has created
160 widespread and persistent eutrophication of streams, estuaries, and groundwater (Dupas *et al*
161 2018, Moatar *et al* 2017, Minaudo *et al* 2019). However, improved nutrient management,
162 particularly the reduction of point sources (e.g., wastewater and feedlot effluent) and decreases in
163 fertilizer application have resulted in declining N and P concentrations in many Brittany
164 watersheds (Dupas *et al* 2018, Poisvert *et al* 2017, Aquilina *et al* 2012b, Gu *et al* 2021, Abbott *et*
165 *al* 2018b).

166 To characterize the dominant hydrological and biogeochemical processes in the surface
167 and subsurface, we collected samples for chemical analysis from 16 agricultural wells (28-94 m
168 deep; hereafter *deep wells*), 4 research piezometers (<10 m deep; hereafter *shallow wells*), and 15
169 surface water locations within Le Guyoult and the Couesnon watersheds (Fig. 1). From
170 December 2014 to April 2016, we performed seven sampling campaigns to capture temporal

171 variability in the surface and subsurface. To maximize the spatial extent of surface and
172 groundwater sampling, not all the sites were visited during every campaign, and the mean
173 number of return visits per site was four.



174

175 **Figure 1.** Map of the study area near the Zone Atelier Armorique Long-term socio-
176 ecological research (LTSER) site. Le Guyoult watershed to the west is a tributary of the
177 larger Couesnon watershed to the east. The white lines indicate the subcatchment
178 boundaries based on topographic delineation.

179

180 **2.2 Estimating nitrate removal**

181 Nitrate removal was estimated based on the concentration of excess N_2 dissolved in the
182 groundwater. The detailed procedure for calculating nitrate removal is described fully in Kolbe *et al*
183 *al* 2019 and Vautier *et al* 2021. Briefly, in a groundwater environment, the concentration of
184 *excess* N_2 —i.e., above the expected concentration—can indicate the amount of NO_3^- removed by
185 denitrification because equilibration with the atmosphere is not possible (Aeschbach-Hertig *et al*
186 1999, Ayraud *et al* 2006, Böhlke 2002). After correcting for atmospheric partial pressure and
187 temperature with the observed Ar concentration, the sum of the excess N_2 and remaining NO_3^-
188 allow calculation of the concentration of NO_3^- that reached the water table (Kolbe *et al* 2019,
189 Böhlke 2002). Combined with estimates of groundwater residence time, this can allow the
190 reconstruction historical NO_3^- inputs (Kolbe *et al* 2019, Aquilina *et al* 2012b).

191 Though land use in specific parcels of the catchment has varied substantially in the past
192 (Barbe *et al* 2020), crop rotations have created a reasonably uniform N input time series at the
193 catchment scale (Kolbe *et al* 2019). Because this method only accounts for NO_3^- removed after
194 the water lost contact with the atmosphere (i.e., in the saturated zone), it accounts implicitly for
195 biogeochemical removal or retention in the unsaturated zone (Thomas and Abbott 2018, Basu *et al*
196 *al* 2022). For our purposes, this is an advantage over more common nutrient surplus estimates,
197 which account for overall disequilibrium in N and P but not vadose-zone removal (Van Meter *et al*
198 *al* 2016, Sebilo *et al* 2013, Poisvert *et al* 2017).

199 **2.3 Proxies of hydrology and biogeochemistry**

200 To assess the degree of biogeochemical attenuation of nutrients and the relative
201 importance of nutrient loading versus nutrient removal, we measured the concentrations and

202 stable isotope ratios of NO_3^- ($\delta^{15}\text{N}$ and $\delta^{18}\text{O}$) and SO_4^{2-} ($\delta^{34}\text{S}$). Stable isotopes can indicate the
203 nutrient source and the degree of biogeochemical processing (Lehmann *et al* 2003, Mariotti *et al*
204 1981, Malone *et al* 2018). NO_3^- isotopes have been widely analyzed because NO_3^- is a dominant
205 form of nitrogen in nutrient saturated ecosystems (Aber *et al* 1998), organic and industrial
206 fertilizers have distinct initial $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ (Lohse *et al* 2013, Denk *et al* 2017, Bedard-Haughn
207 *et al* 2003), and denitrification (both heterotrophic and autotrophic) strongly fractionates NO_3^-
208 isotopes, increasing the residual $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ relative to the initial values prior to denitrification
209 (Hosono *et al* 2014, Malone *et al* 2018, Ayraud *et al* 2006, Pauwels *et al* 2010). Therefore, we
210 predicted that watersheds with isotopically enriched NO_3^- would have higher N attenuation
211 (Lehmann *et al* 2003) or alternatively that they would have received primarily organic fertilizer
212 (Bedard-Haughn *et al* 2003).

213 Sulfur isotopes have been used extensively in geochemical studies of processes ranging
214 from the evolution of the Earth's atmosphere to bacterial and archaeal dissimilatory SO_4^{2-}
215 reduction (Canfield 2001, Farquhar and Wing 2003). For the purposes of this study, we were
216 particularly interested in $\delta^{34}\text{S}$, which can be increased by SO_4^{2-} reduction after depletion of NO_3^-
217 (e.g., in highly reduced wetland habitats) and decreased by SO_4^{2-} production in aquifers during
218 autotrophic denitrification (Hosono *et al* 2014, Abbott *et al* 2016). Consequently, we predicted
219 that $\delta^{34}\text{S}$ of SO_4^{2-} would be higher in watersheds where surface processes dominate NO_3^-
220 removal, whereas $\delta^{34}\text{S}$ would be lower when groundwater processes were relatively more
221 important.

222 We used a combination of tracers to assess water residence time, including
223 chlorofluorocarbons (CFCs), sulfur hexafluoride (SF_6), and dissolved silica (DSi). CFCs and
224 SF_6 have been commonly used as tracers of water age due to their high detectability and low

225 reactivity in aqueous environments (Abbott *et al* 2016, Cook and Herczeg 2012, Busenberg and
226 Plummer 1992, Wilson and Mackay 1996). However, these anthropogenic gases cannot be used
227 to quantify the age of surface waters because they readily equilibrate with the atmosphere when
228 groundwater resurfaces. DSi has been shown to strongly correlate with subsurface residence time
229 (Marçais *et al* 2018, Becker 2013) and has been used to measure surface water ages in previous
230 studies in this area (Frei *et al* 2020). Though the concentration of DSi can be influenced by
231 terrestrial and aquatic plant uptake in surface waters, we assumed conservative transport given
232 the short residence time and relatively high concentration of DSi in these headwater streams
233 (Marçais *et al* 2018, Delvaux *et al* 2013, Carey *et al* 2019, Abbott *et al* 2018b).

234 **2.4 Gas sampling and analysis**

235 CFC and SF₆ measurements were taken at the Plateform Condate Eau from University of
236 Rennes 1. We collected water in steel ampoules (40 ml for CFC and 300 ml for SF₆) by pumping
237 with a MP1 Grunfoss pump in the borehole. After stabilization, we measured the conductivity,
238 pH and dissolved O₂ using a custom sensor manifold preventing contact with the atmosphere
239 (Hach, Loveland CO, USA; model HQ440d multi; Fig. S1), and the ampoules were rinsed with
240 three times their volume of water and closed (Labasque *et al* 2014). CFC and SF₆ concentrations
241 were determined by a purge and trap extraction coupled to a GC/ECD (Busenberg and Plummer
242 1992, 2000, Labasque 2020). Uncertainties are around 3% for young groundwaters for CFC,
243 10% for SF₆, and 20% for CFC on old (>50 years) groundwaters. The major dissolved gases
244 (He, Ne, Ar, N₂, CO₂, CH₄) were sampled in 500 ml glass flasks and analyzed by headspace
245 extraction followed by μ GC/TCD measurements, following (Sugisaki and Taki 1987).
246 Uncertainties are around 5% for Ne and He and 3% for other gases.

247

248 2.5 Solute and isotope collection and analysis

249 At each site, we collected a 5 L sample of water for immediate sensor readings and eight
250 smaller samples for laboratory analyses. For the laboratory analyses, we immediately filtered
251 subsamples using a 50 mL syringe and two 250 mL filter towers. We used a 0.2 μm cellulose
252 acetate syringe filter to prepare samples for the analysis of cations, rare earth elements (REE),
253 and NO_3^- isotopes. Molybdate reactive phosphorus (MRP) concentration was determined
254 colorimetrically via reaction with ammonium molybdate (Murphy and Riley, 1962), with a
255 precision of $\pm 4 \mu\text{g l}^{-1}$ (Gu *et al* 2018). Nitrate isotope samples were frozen immediately and
256 shipped to the UC Davis Stable Isotope Facility for analysis of $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ of NO_3^- by
257 bacterial denitrification assay (McIlvin and Casciotti 2011). Isotope ratios of $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$ were
258 determined by measuring N and O using a ThermoFinnigan GasBench + PreCon trace gas
259 concentration system connected to a ThermoScientific Delta V Plus isotope-ratio mass
260 spectrometer (Bremen, Germany) with a precision of $\pm 0.4\text{‰}$ and 0.5‰ for $\delta^{15}\text{N}$ and $\delta^{18}\text{O}$,
261 respectively. Cations were analyzed by inductively coupled plasma mass spectrometry (ICP-MS;
262 Agilent 7700 \times , Santa Clara, USA, relative uncertainties $\pm 5\%$). We quantified dissolved organic
263 carbon (DOC; Shimadzu TOC-5050A, Kyoto, Japan, precision $\pm 5\%$), which is often considered
264 a master variable influencing physicochemical conditions in aqueous environments (Zarnetske *et*
265 *al* 2018, Abbott *et al* 2016). Because DOC is the electron donor for both aerobic respiration and
266 heterotrophic denitrification (Hosono *et al* 2014, Sebito *et al* 2019), high DOC can enhance NO_3^-
267 removal, and high NO_3^- can accelerate DOC oxidation (Abbott *et al* 2016, Kolbe *et al* 2019).
268 This two-way interaction contributes to the strong negative stoichiometric relationship between
269 NO_3^- and DOC observed in surface and groundwaters globally, including in this region (Taylor
270 and Townsend 2010, Frei *et al* 2020)

271 To determine SO_4^{2-} isotopes, we filtered water samples on a Millipore™ system using
272 0.45 μm cellulose acetate filters. Filtered solutions were then heated to 70°C and a 5% solution
273 of barium chlorate was added drop-to-drop to precipitate dissolved SO_4^{2-} as barium sulfate
274 (BaSO_4). Sulfur isotope composition of SO_4^{2-} was measured using a VarioPYROcube™
275 elemental analyzer in combustion mode interfaced in continuous-flow mode with an Isoprime™
276 isotope ratio mass spectrometer at the Laboratoire de Géologie de Lyon (CNRS UMR 5276,
277 University Claude Bernard Lyon 1). BaSO_4 from water samples was analyzed by weighing 3
278 aliquots of 250 μg in tin foil capsules. Measurements were calibrated against the three BaSO_4
279 international standards NBS127, IAEA-SO-5 and IAEA-SO-6. The standard deviation of $\delta^{34}\text{S}$
280 measurements was close to 0.3‰. Data are reported as $\delta^{34}\text{S}$ vs. V-CDT.

281 **2.6 Spatial analysis**

282 Using detailed land-use time series from the LTSER (Barbe *et al* 2020), we calculated the
283 dominant land use type for each parcel from 1993 to 2013 (except 1995; Fig. 1). We converted
284 all the land use shapefiles to raster files with a cell size of 15 m. We then used “majority” in cell
285 stat to calculate the value of the most common land use through time. For the cells that had no
286 historical data, we used the 2013 values (i.e., the most recent values). Similar land-use types
287 were clustered into 4 groups: row crops, developed land, natural landscapes, and pastureland.
288 The row crops category included corn, wheat, and other ploughed crops. Developed land
289 included asphalt roads, unpaved roads, buildings, and railroad tracks. Natural landscapes
290 consisted of forested and riparian areas. The last category pastureland consisted of grazing
291 pastures and abandoned lands.

292 We intersected the land use raster with contributing watershed area for stream locations
293 and the contributing area of the deep wells, which had been calculated in previous work (Kolbe

294 *et al* 2016). We excluded the shallow wells from this analysis because all the sampling points
295 were contained in the same subcatchment and therefore could not be differentiated by land use
296 (see Thomas *et al* 2019 for a detailed analysis of the shallow wells).

297 **2.7 Statistical analysis**

298 We used Pearson and Spearman correlations to quantify relationships among and within
299 biogeochemical and landscape parameters (Malone *et al* 2018). We calculated both parametric
300 (r) and nonparametric (ρ) correlation coefficients for different reasons. The Spearman
301 correlations (ρ) are rank based, providing a robust metric of the overall association across sites.
302 Conversely, the Pearson correlations (r) provide full weight to extreme values, which can be
303 influential in determining overall watershed behavior. For example, small portion of the
304 watershed (i.e., a single or a few sites) can control source or sink dynamics for a given parameter
305 (Bernhardt *et al* 2017, McClain *et al* 2003, Abbott *et al* 2018a, Lee *et al* 2022). For both
306 Spearman and Pearson correlations, we used a decision criterion of $\alpha = 0.05$. To compare
307 variability in surface and subsurface environments, we calculated the mean and its standard error
308 of the spatial and temporal coefficients of variation (CV) for each parameter. This allowed us to
309 compare whether there was more variation for a given parameter in the surface or in the
310 subsurface. We conducted all analysis and visualizations in the R statistical computing software
311 environment (R Core Team 2022).

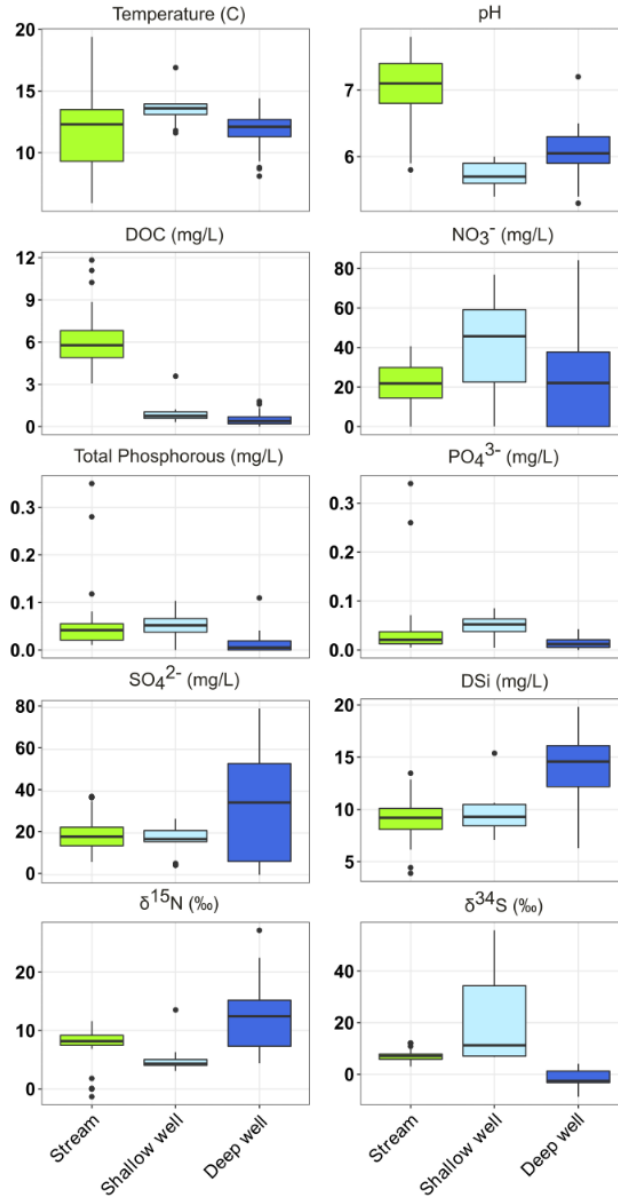
312 **3 Results**

313 **3.1 Spatiotemporal dynamics in the surface and subsurface**

314 The water chemistry of wells and streams indicated both contrasts and connectivity of the
315 surface and subsurface water. The subsurface showed larger variations in most physicochemical

316 parameters compared to the surface sites, except for temperature, pH, and DOC, which are
317 strongly influenced by seasonal drivers at the surface (Fig. 2). For most parameters, including the
318 nutrients which are the focus of this study, the stream values fell between the deep and shallow
319 wells (Fig. 2). The N parameters grouped closer to deep wells, but the P, S, and Si parameters
320 grouped closer to shallow wells, suggesting a combination of mixing and biogeochemical
321 attenuation at watershed scales.

322 Separating the combined variability shown in Figure 2 into spatial and temporal CV
323 revealed several surprising patterns (Fig. 3). Throughout the watershed and through time, stream
324 chemistry showed relatively less variation, with no parameters exceeding a mean CV of 75%
325 (Fig. 3). Conversely, the shallow wells and especially the deep wells showed greater spatial and
326 temporal variability, including several parameters with >100% variation (Fig. 3). We note that
327 CV is expressed as a percentage, representing proportional change rather than absolute change.
328 For example, stream environments showed more absolute range in DOC concentration (Fig. 2),
329 but because the mean DOC was much higher than in the subsurface sites, the DOC CV was
330 lower in streams (Fig. 3).



331

332

Figure 2. The distribution of several physicochemical parameters in the streams, shallow

333

wells, and deep wells sampled in this study. The parameter and units are shown above

334

each plot. The boxplots represent the median, interquartile range (IQR), points within

335

1.5-times the IQR, and outliers beyond 1.5-times the IQR. Because each site and

336

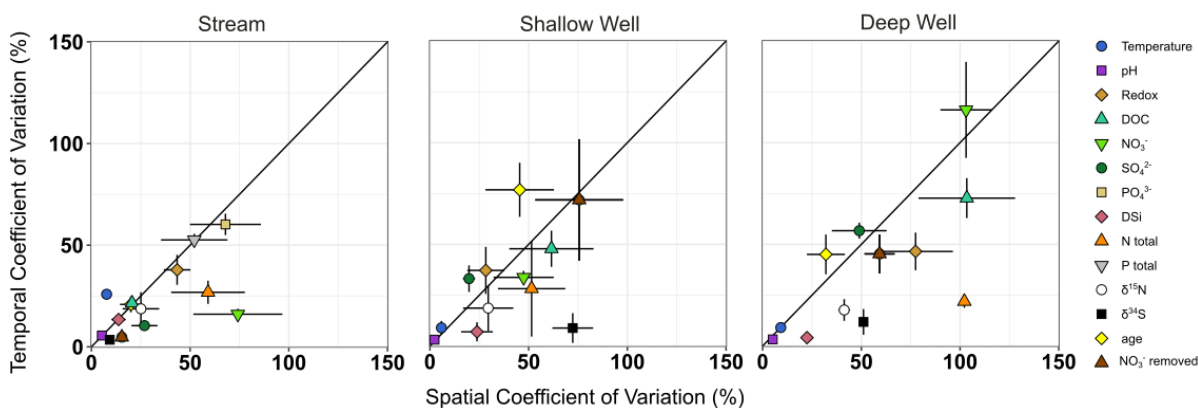
sampling event are included as individual points, the ranges represent the combined

337

spatial and temporal variability.

338 Spatial variation generally exceeded temporal variation across site types (i.e., most
 339 parameters plotted below the 1:1 line in Figure 3), though this was notably not the case for NO_3^-
 340 in deep wells and SO_4^{2-} and water age in all wells (see section 3.3 for detailed water age results).
 341 N and S isotopes tended to be substantially less variable than N and S concentrations, suggesting
 342 that hydrological dilution rather than changes in nutrient source or processing accounted for
 343 variability in concentrations.

344



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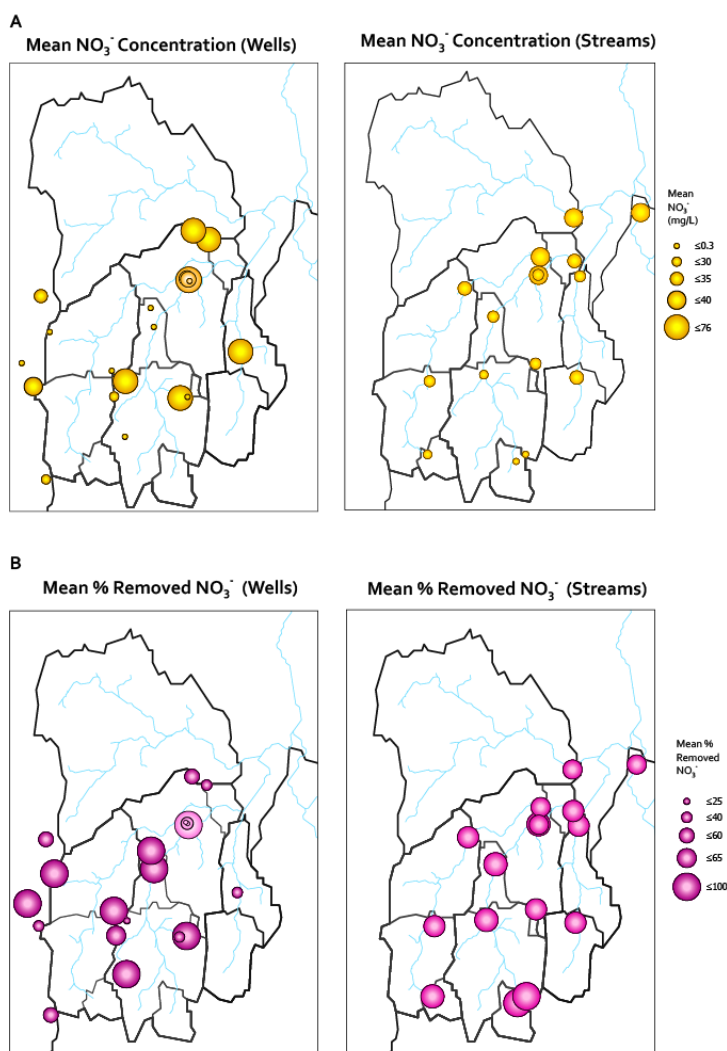
346 **Figure 3.** The spatial and temporal coefficients of variation for physicochemical
 347 parameters in streams, shallow wells, and deep wells (mean \pm SE).

348

349 Mapping NO_3^- concentration and removal showed the contrasts in spatial patterns
 350 between the surface and subsurface more explicitly (Fig. 4). In the stream network, NO_3^-
 351 concentration was relatively homogeneous, increasing gradually from the forested uplands in the
 352 south to the more intensively cultivated landscapes in the north of the watershed (Fig. 4).
 353 Conversely, groundwater NO_3^- concentration showed extreme variation throughout the
 354 watershed, with sites only meters apart showing up to 70 mg/L differences in concentration.

355 Similarly, the percentage of NO_3^- removed was much more variable for groundwater, while the
356 stream network showed a moderated pattern similar to the groundwater mean (Fig. 4).

357



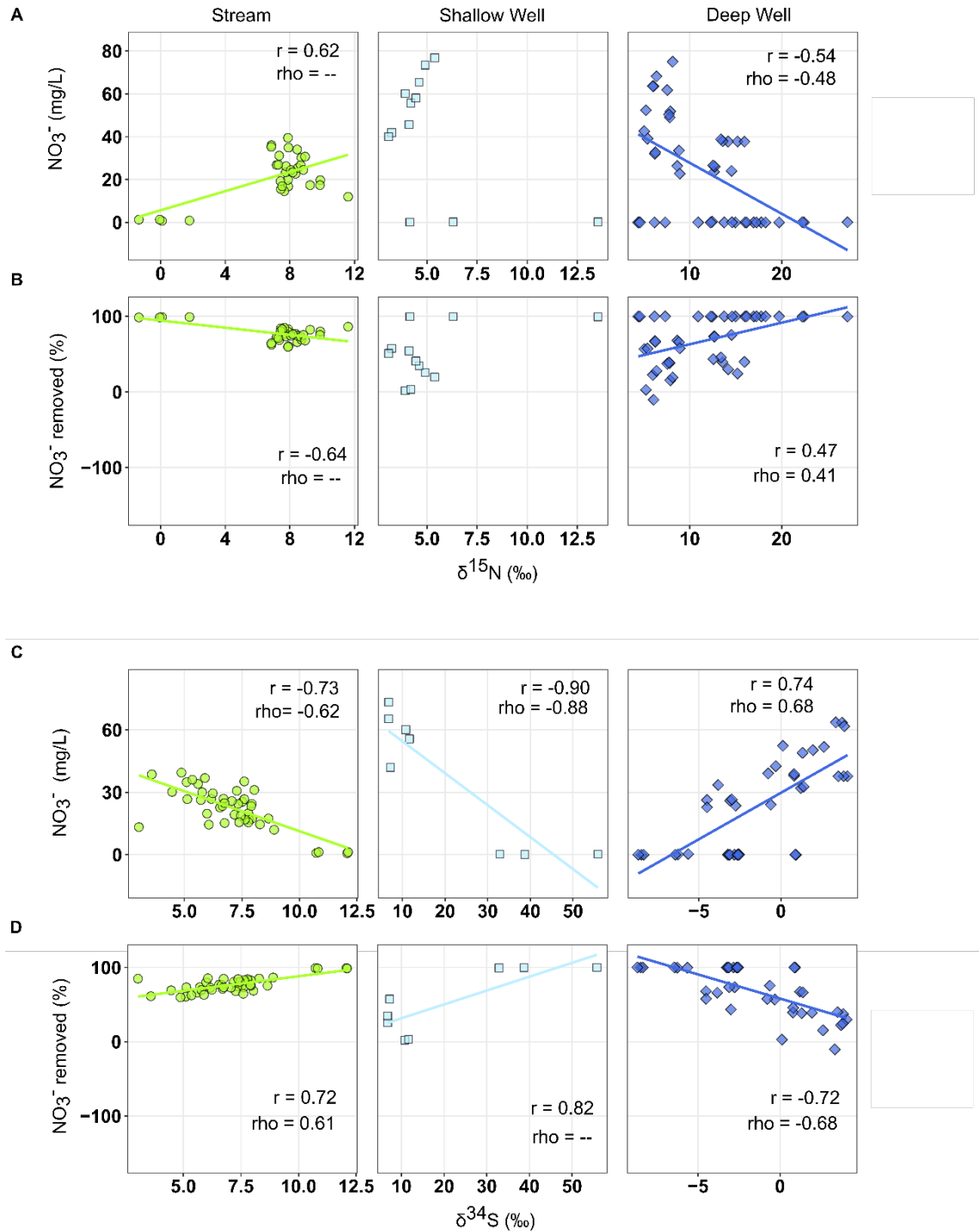
358

359 **Figure 4.** NO_3^- concentration (A) and percent removal (B) in subsurface (left) and
360 surface (right) environments. Average across time for each site, showing spatial variation
361 of chemical parameters. NO_3^- removal was calculated based on the difference between the
362 reconstructed NO_3^- input and the observed concentration (methods).

363 3.2 Isotopic and dissolved tracers

364 The isotopes and solutes provided clues about the causes of the surprising spatiotemporal
365 patterns. There were opposite relationships between isotope signatures and NO_3^- removal in the
366 streams and deep wells, with mixed patterns in the shallow wells (Fig. 5A & 5B). In the deep
367 wells, NO_3^- removal was positively correlated with $\delta^{15}\text{N}$, as expected due to fractionation during
368 denitrification. The opposite pattern existed in the surface water where $\delta^{15}\text{N}$ was negatively
369 correlated with NO_3^- removal, though the correlation was only significant for the Pearson
370 coefficient, indicating that a few extreme values were driving the relationship (Fig. 5A & 5B).
371 Indeed, the low NO_3^- and low $\delta^{15}\text{N}$ stream sites occurred in the forested south of the watershed
372 (Fig. 4), likely indicating a non-fertilizer N source (e.g., atmospheric deposition or natural N
373 fixation). We note that the percentage N removal for these sites was likely overestimated because
374 our reconstructed N input assumed similar land use for each subcatchment, which is not the case
375 for forested sites that have never been under cultivation.

376 In general, $\delta^{34}\text{S}$ was a better proxy of NO_3^- concentration and removal, with $\delta^{15}\text{N}$
377 showing fewer and weaker relationships (Fig. 5). $\delta^{34}\text{S}$ was positively correlated with NO_3^-
378 removal in the surface but negatively correlated in the deep wells (Fig. 5C & 5D), in line with
379 our hypotheses about S reduction in the surface and S release from autotrophic denitrification in
380 the subsurface.



381

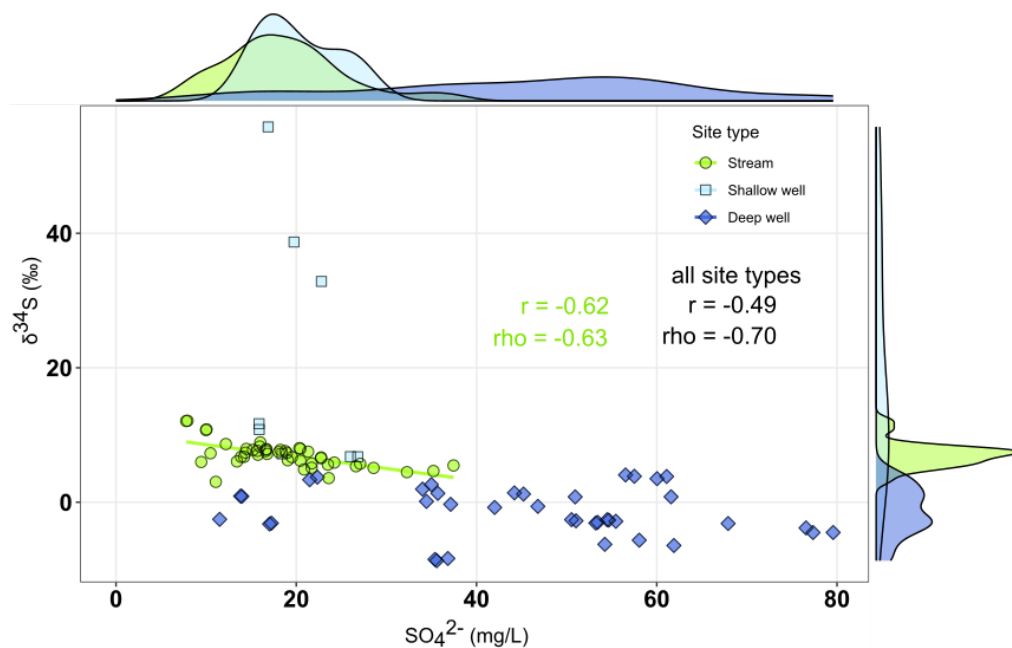
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383

384

Figure 5. Relationships of $\delta^{15}\text{N}$ and $\delta^{34}\text{S}$ with NO_3^- concentration and removal. Linear fit lines are shown for convenience to indicate a significant relationship—either Pearson (r) or Spearman (ρ)—at $\alpha = 0.05$.

385 Contrary to our predictions, DOC was not correlated with most NO_3^- and SO_4^{2-}
386 parameters, and when correlations existed, they were typically weak (Fig. S2). Across site types,
387 there was a significant negative correlation between $\delta^{34}\text{S}$ and SO_4^{2-} concentration (Fig. 6). Some
388 of the highest $\delta^{34}\text{S}$ values we are aware of were observed in the shallow well sites that occurred
389 in the riparian wetland (Fig. 1). Together these patterns suggest that different processes are
390 controlling nutrient retention in the surface and subsurface, with heterotrophic denitrification and
391 sulfur reduction dominating in the surface and autotrophic denitrification in the subsurface.
392

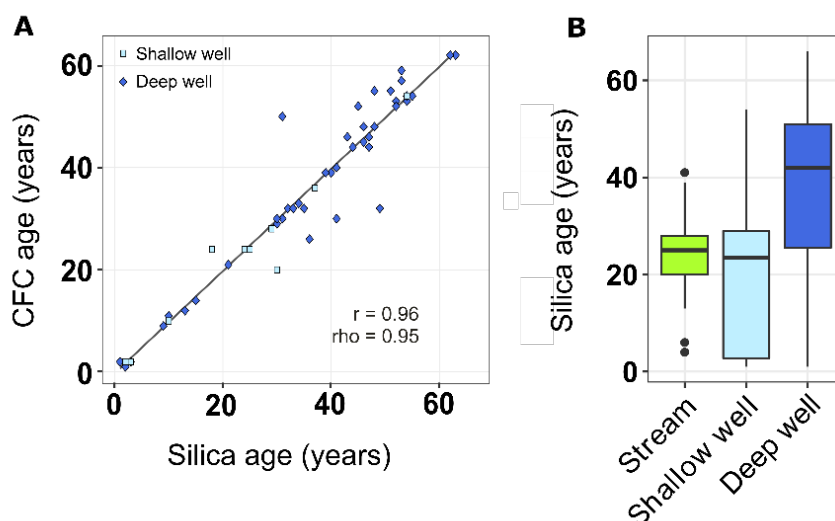


393
394 **Figure 6.** The relationship between $\delta^{34}\text{S}$ and SO_4^{2-} for streams, shallow wells, and deep
395 wells. The two subsurface site types showed more variation in $\delta^{34}\text{S}$, bracketing the stream
396 water samples, which resembled a mix of the two contributing flow paths (i.e., deep
397 groundwater and shallow soil/riparian water).
398

399 **3.3 Residence time and nutrient removal**

400 We combined gaseous and dissolved residence time tracers to allow estimation of mean
401 water age in both the surface and subsurface. There was a high correlation ($r = 0.96$, $\rho = 0.95$)
402 between water residence times derived from DSi concentrations with residence times calculated
403 using CFCs and SF6 (Fig. 7). This allowed us to use DSi to estimate mean residence time in
404 surface water environments where gaseous tracers are not effective.

405



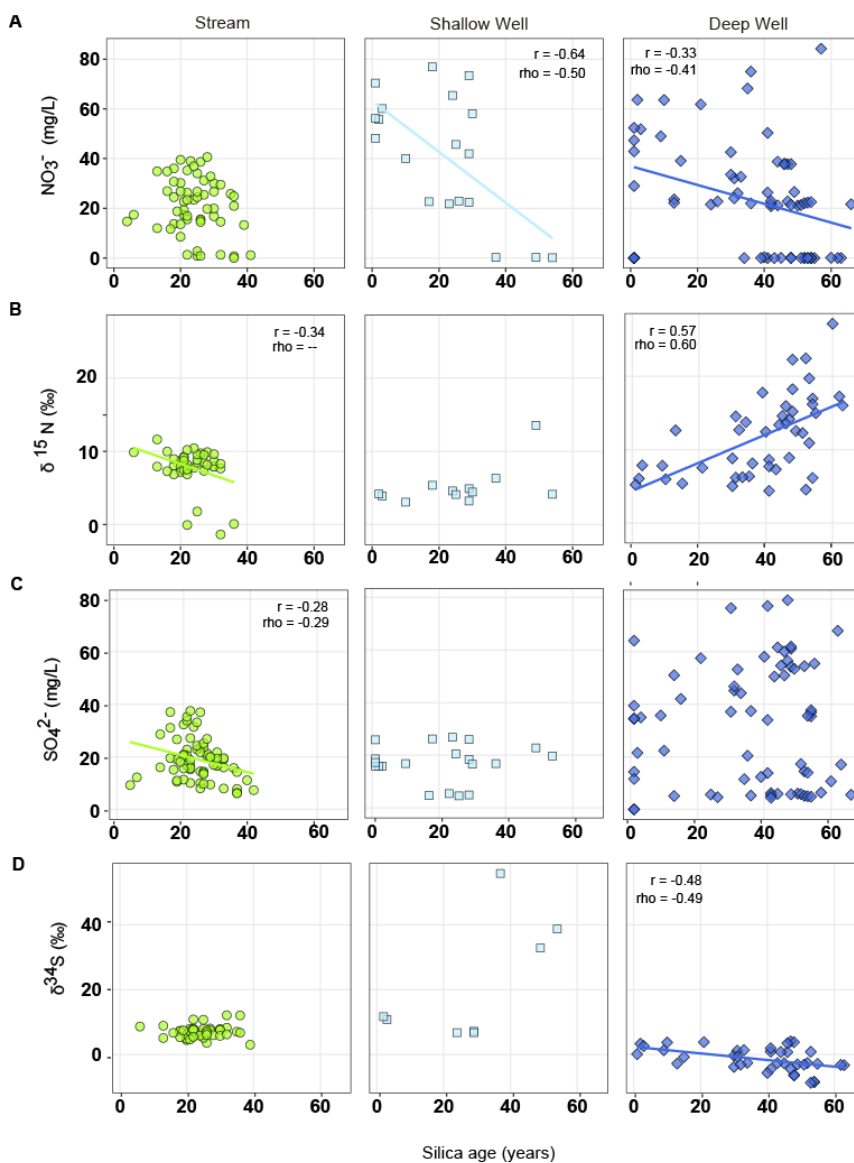
406

407 **Figure 7.** Estimates of mean water age. Because the dissolved anthropogenic gas
408 measurements are only effective in the subsurface, we calculated the relationship between
409 silica-derived and CFC-derived water ages for shallow and deep groundwater
410 environments only.

411

412 The deep wells showed the longest residence time, with a median age of 42 years and a
413 mean age of 36 years. Shallow well water was the youngest, with a median age of 23.5 years and

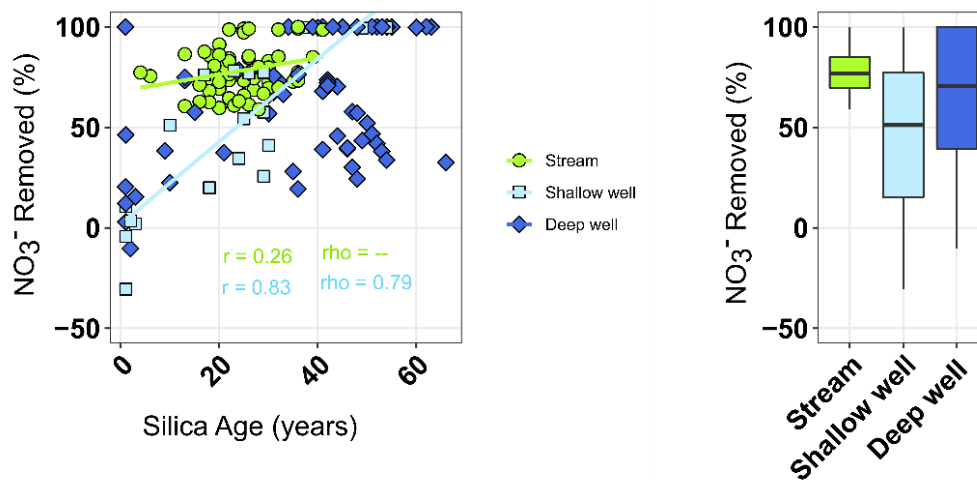
414 a mean age of 20.5 years (Fig. 7B). The stream water was slightly older than the shallow well
 415 water with a median age of 25 years and a mean age of 24.4 years, indicating a mix of shallow
 416 and deep groundwater sources. The streams were more homogeneous in age (interquartile range
 417 of 20-28 years) than either the shallow (2-30 years) or deep wells (17-46 years; Fig. 7).



418
 419 **Figure 8.** Relationships between mean water age and SO₄²⁻ and NO₃⁻ isotopes and
 420 concentrations in stream, shallow groundwater, and deep groundwater environments.

422 NO_3^- tended to be higher in younger water, i.e., there was a negative correlation between
 423 mean water age and NO_3^- concentration in shallow and deep wells (Fig. 8A). This implies that
 424 either NO_3^- loading has increased through time or that older sites have less NO_3^- because of
 425 cumulative removal. The latter is suggested by the positive correlation between water age and
 426 $\delta^{15}\text{N}$ in deep wells, though the relationship is less clear in shallow wells and streams (Fig. 8B).
 427 For streams and shallow wells, water age was positively correlated with NO_3^- removal (Fig. 9).
 428 We note that because the stream water comes from shallow and deep groundwater in this system,
 429 the stream removal values are cumulative (i.e., most of the removal is happening in the deep and
 430 shallow wells before flowing into the stream; Fig. 9).

431



432

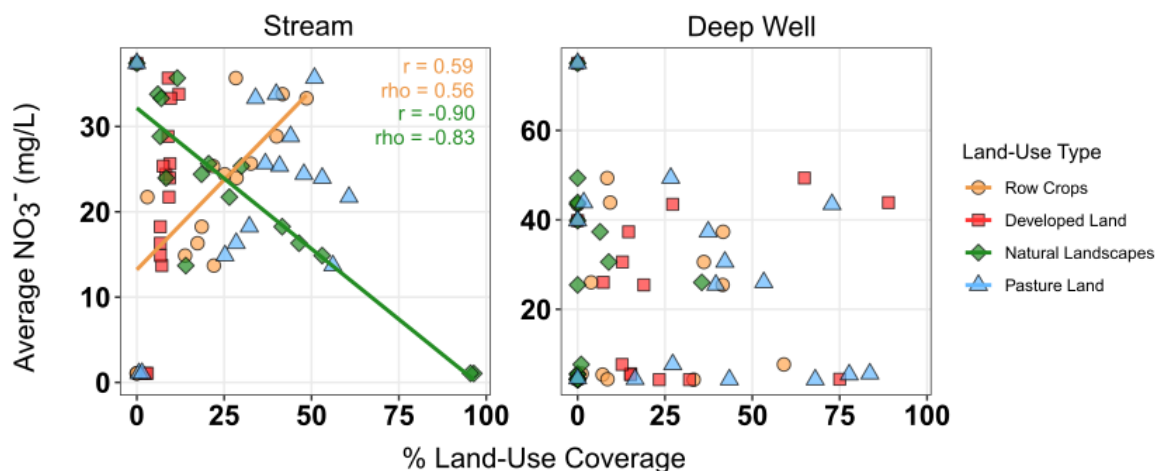
433 **Figure 9.** NO_3^- removal versus mean water age for streams, shallow wells, and deep
 434 wells. NO_3^- removal represents the cumulative removal along the flow path starting with
 435 input of NO_3^- to the water table.

436

437 **3.4 Nutrient sources**

438 In stream environments, NO_3^- concentration was positively correlated with percentage of
439 row crop agriculture in the subcatchment and negatively correlated with the amount of natural
440 land cover types (Fig. 10). However, no such relationships were detected in deep wells, where
441 NO_3^- concentration was not correlated with land use in the contributing area (Fig. 10). This lack
442 of correlation could be due to a combination in uncertainty in the determination of contributing
443 areas, temporal changes in land use over the ~40 years of transit time, and heterogeneous rates of
444 removal of NO_3^- during transit through the aquifer.

445



446

447 **Figure 10.** Correlation of NO_3^- and the percent of land-use cover for streams and deep
448 wells. Shallow wells were omitted from this analysis as all shallow wells were contained
449 within one subcatchment. Land-use coverage in the streams was calculated for the
450 contributing subcatchment area. Land-use for deep wells was calculated from the well's
451 contributing area based on prior hydrogeological modeling (Kolbe *et al* 2016).

452

453 **4 Discussion**

454 In this study we characterized biogeochemical and hydrological processes in the surface
455 and subsurface at the same spatiotemporal scales to explore watershed-level controls on nutrient
456 retention and removal. We used a multi-proxy approach to identify dominant NO_3^- removal
457 processes and characterized spatiotemporal variation in streams and groundwater. We observed
458 highly distinct but linked biogeochemical “worlds” above and below the surface, which
459 interacted to determine watershed-level nutrient dynamics. In the following paragraphs, we
460 compare these results with studies from this and other regions and explore potential management
461 implications.

462 **4.1 Deepening our thinking to address water-energy-food crises**

463 Because of disciplinary differences in methods and processes, groundwater and surface
464 water environments are often considered individually, especially at watershed scales (Bochet *et al*
465 *et al* 2020, Abbott *et al* 2018a, Leibundgut *et al* 2009, Krause and Bronstert 2007, Duncan *et al*
466 2015, Knee *et al* 2018). Groundwater biogeochemistry and hydrology have long been areas of
467 focus in hydrogeology and critical zone science, but they have not received as much attention in
468 ecosystem ecology and nutrient management (Chorover *et al* 2007, Krause *et al* 2022,
469 Goderniaux *et al* 2013a, Li *et al* 2021, 2017, Brookfield *et al* 2021). Because attaining surface
470 water quality goals depends on the overall watershed response (including the subsurface), this
471 disconnect needs to be addressed (Van Meter *et al* 2021, Vautier *et al* 2021, Heiner *et al* 2022,
472 Basu *et al* 2022, Lupon *et al* 2023). Additionally, global water security and aquatic habitat
473 conservation increasingly depend on hydrochemical understanding of groundwater-surface water
474 interactions (Hartmann *et al* 2021, Jasechko and Perrone 2021, Wine 2022, Gleeson *et al* 2020).

475 Given how different the skillsets are for surface and subsurface measurements and
476 modeling, we believe the best way to deepen our watershed approaches is through
477 collaborations. We call on researchers and research-funding agencies to encourage such
478 collaboration. There are many watershed-focused projects from around the world that can be
479 used as models for next steps in integrating surface and groundwater hydrochemistry, ecology,
480 and sustainability in the Anthropocene (Oldham *et al* 2013b, Mu *et al* 2020, Krause *et al* 2022,
481 Lee-Cullin *et al* 2018, Marçais *et al* 2022, Musacchio *et al* 2020). However, many watershed
482 observatories and interdisciplinary approaches are threatened or underfunded (Laudon *et al* 2017,
483 Arènes *et al* 2018, Brooks *et al* 2015, Linton 2008, 2014, Thomas *et al* 2019). Increased
484 investment is needed not only for basic research but also (and perhaps primarily) for community
485 participation and education (Abbott *et al* 2018b, 2023, Ben-zvi-Assarf and Orion 2005, Basu *et*
486 *al* 2022). In the Anthropocene, the lack of understanding of watershed processes is a major
487 obstacle to achieving sustainable practices central to the water-energy-food nexus (Albrecht *et al*
488 2018, Zhang *et al* 2018, Biggs *et al* 2015, Abbott *et al* 2019b).

489 **4.2 Integrated sampling reveals contrasted but connected worlds above and below**

490 An important theme from collaborative work linking surface and subsurface
491 environments is that the world beneath is not stable or calm. Groundwater environments are
492 commonly characterized as homogeneous and slow, lacking the diversity and energetic gradients
493 to support dynamic biogeochemistry (Bochet *et al* 2020, McClain *et al* 2003, Cardenas 2015).
494 Evidence from work around the world shows that the view of a quiet world beneath is not
495 accurate (Marçais *et al* 2022, Ben Maamar *et al* 2015, Zhang *et al* 2015, Jasechko *et al* 2017,
496 Green *et al* 2011). Indeed, there is a growing consensus that catchment-level nutrient removal
497 may depend largely or primarily on subsurface characteristics that are often temporally dynamic

498 (Aquilina *et al* 2018, Kolbe *et al* 2019, Frei *et al* 2020, Bochet *et al* 2020, Long *et al* 2016,
499 Brookfield *et al* 2021, Hosono *et al* 2014).

500 For the watersheds in our study, the subsurface appears to be the epicenter of
501 denitrification rather than a biogeochemical afterthought, likely because of the combination of
502 longer residence times and relatively abundant electron donors (Oldham *et al* 2013b, Pu *et al*
503 2014). Groundwater environments are home to most of Earth's bacterial and archaeal biomass
504 (Bar-On *et al* 2018), and the combination of biological and hydrological factors can create
505 extreme spatial and temporal variation in groundwater reaction types and rates (Bochet *et al*
506 2020, Ben Maamar *et al* 2015). Because groundwater and surface-water environments are
507 constantly exchanging water, energy, and material, the failure to adequately characterize
508 subsurface processes likely explains some of the difficulties in predicting nutrient fluxes and
509 recovery patterns at watershed scales (Kolbe *et al* 2019, Frei *et al* 2021, Van Meter *et al* 2018,
510 Brookfield *et al* 2021).

511 The relatively low variance we observed for many surface parameters demonstrates
512 another interesting implication of surface-subsurface interactions. In Brittany, as in many
513 temperate regions, surface water is comprised of water mixing from the shallow and deep
514 groundwater (Marçais *et al* 2018, 2022, Thomas and Abbott 2018). While the processes and
515 solute concentrations in the groundwater system are highly variable, they become mixed as they
516 enter the surface environment through riparian zones and diffuse groundwater flux to streams
517 (Krause *et al* 2022, Pinay and Haycock 2019, Le Moal *et al* 2019, Cardenas 2015). Given the
518 short transit times in the surface, this results in a homogenized signature; as the surface water
519 travels farther and faster, it integrates a larger spatial scale and reflects a larger landscape patch
520 (Abbott *et al* 2018a, Dupas *et al* 2019). While this reduces the ability of streams to mitigate high

521 nutrient loading (i.e., stream and riparian retention cannot offset watershed-wide nutrient
522 excess), it reinforces the role of streams as integrators of watershed processes, creating valuable
523 sentinels of change, particularly when monitored in a quantitative, multi-proxy way (Moatar *et al*
524 2020, Frei *et al* 2020, Helton *et al* 2011, Pinay *et al* 2018, Brookshire *et al* 2009, Cole *et al* 2007,
525 Shogren *et al* 2021, Casas-Ruiz *et al* 2023, 2017).

526 **4.3 Context-dependence of biogeochemical proxies in surface and subsurface environments**

527 Biogeochemical proxies and tracers are indispensable tools to evaluate hydrological and
528 ecological processes across scales (Pinay *et al* 2015, Bernardie *et al* 2018, Frei *et al* 2020).
529 Particularly when working at the watershed scale or when investigating groundwater
530 environments where extensive physical exploration is impossible, proxies can reveal processes
531 that are otherwise unobservable, including microbial metabolism, hydrological residence time,
532 and weathering processes (Marçais *et al* 2018, Kolbe *et al* 2019, Leibundgut *et al* 2009). Because
533 proxies such as solutes, isotopes, and physicochemical attributes (e.g., temperature, pH, etc.) can
534 reveal mass flux and processing, they have been used extensively to investigate the sources of
535 nutrient pollution and to compare reactivity in different components of a watershed (Sebilo *et al*
536 2013, Covino 2017, Thomas and Abbott 2018).

537 However, one of the fundamental assumptions about interpreting a tracer is that it will
538 retain or conserve a portion of the signal imbued by the environment of interest as it travels to
539 the location where it can be sampled (Abbott *et al* 2016, Aravena and Robertson 1998). If the
540 tracer is completely consumed or modified, it can communicate no information about its source
541 and the reactions it experienced during transport—unless, of course the product of its
542 consumption can be measured, such as excess N₂ in this study (Kolbe *et al* 2019). Specifically,
543 the limitations of using $\delta^{15}\text{N}$ as a tracer for identifying nitrogen sources and transformations has

544 been well documented (Choi *et al* 2017, Robinson 2001). The $\delta^{15}\text{N}$ signal is often used as an
545 indicator of not only nitrogen cycles but also nitrogen origin. Our results suggest that $\delta^{34}\text{S}$ is a
546 more effective overall tracer of denitrification than $\delta^{15}\text{N}$ as it is resilient to the conflicting signals
547 and destructive interference that complicate $\delta^{15}\text{N}$. Sulfur and nitrogen cycles are connected in
548 many ways, including through autotrophic denitrification and through redox dependence of both
549 denitrification and sulfur reduction (Pu *et al* 2014, Aquilina *et al* 2018, Abbott *et al* 2016). It is
550 therefore not surprising that information contained in $\delta^{34}\text{S}$ could shed light on multiple aspects of
551 NO_3^- transport and degradation.

552 In this study, we observed that even in cases of strong hydrological connectivity (Thomas
553 and Abbott 2018, Vautier *et al* 2021), the biogeochemical signature of shallow wells, streams,
554 and deep wells remained distinct. This was evidenced in the opposite relationships between $\delta^{34}\text{S}$
555 and NO_3^- , Cl^- , and NO_3^- , as well as the contrasting spatiotemporal variability regimes for many
556 parameters in the surface and subsurface. While we are not surprised that distinct
557 biogeochemical reactions and physical conditions dominate surface and subsurface environments
558 (Frey *et al* 2014, Ben Maamar *et al* 2015, Aquilina *et al* 2018, Li *et al* 2021), we were surprised
559 by the abruptness of the transitions between these environments, even where we know
560 hydrological connectivity exists (Kolbe *et al* 2016, Le Lay *et al* 2019b). Four non-exclusive
561 hypotheses that could account for this disconnect are: 1. Surface-subsurface interfaces erase or
562 substantially modify biogeochemical signatures (Krause *et al* 2014), 2. Biogeochemical
563 signatures persist across interfaces but are blurred by contrasting conditions in the new
564 environment (Helton *et al* 2011), 3. The mass balance of surface-subsurface exchanges is
565 insufficient to substantially influence the conditions in either; i.e., inputs are diluted (Pinay *et al*
566 2018, Le Moal *et al* 2019), and 4. The groundwater contributing to the streams is different than

567 the groundwater measured in wells dispersed across the aquifer; i.e., streams are deriving their
568 water and solutes from near-stream rather than catchment-wide sources (Ågren *et al* 2010, Gu *et*
569 *al* 2017).

570 Regardless of the cause, the contrasting chemistry of the surface and subsurface
571 represents an ecological paradox and practical challenge. On the ecological side, these
572 observations may suggest that surface and subsurface environments are largely disconnected and
573 compartmentalized. Even in these wet watersheds in western France with relatively high
574 hydrological connectivity, the interaction between groundwater and stream water chemistry is
575 complex (Kolbe *et al* 2016, Le Lay *et al* 2019a). On the practical side, these observations
576 demonstrate that proxy reactivity and hence information content are extremely context dependent
577 (Abbott *et al* 2016). This was, predictably the situation for the dissolved gases, which quickly
578 equilibrate with the atmosphere after emerging to the surface (Ayraud *et al* 2008, Vautier *et al*
579 2021). However, we did not expect the same to hold for nutrients such as NO_3^- , DSi, and SO_4^{2-}
580 (Lajtha 2019, Lovett *et al* 2018, Heiner *et al* 2022). Together, these observations highlight how
581 biogeochemical and physical processes can modify ecological signals on short timescales and
582 medium spatial scales in surface environments and long timescales and small spatial scales in
583 subsurface environments.

584 **4.4 Was it my neighbor or my grandparents?**

585 Understanding where nutrients originate and how they are transported through watersheds
586 has ecological and interpersonal implications. Debates about who is responsible for water
587 pollution in the surface and subsurface are likely as old as agriculture and urbanization (Snow
588 1856). This is certainly the case in Europe, where local, national, and E.U. targets and
589 regulations can have real environmental and legal consequences (Musacchio *et al* 2020, Ebeling

590 *et al* 2021). Indeed, this issue was raised at a meeting with a farmer from this LTSER when he
591 realized the importance of legacy nutrient loading in determining current-day water quality.
592 During a landowner-researcher dinner, he exclaimed something along the lines of, “So you’re
593 telling me I have high nitrates because of my grandparents, not my neighbors?”

594 The integrated surface and subsurface sampling from our study and the Zone Atelier
595 Armorique LTSER more broadly provides some perspective on these questions of nutrient
596 legacies and pollutant transport (Thomas *et al* 2019). Because of its low residence time and high
597 lateral connectivity, the stream network acts much more like an equitable commons, where
598 pollutant sources and sinks average out to create consistent conditions. Conversely, the
599 subsurface is decidedly inequitable, with some areas laden with nutrient legacies that will last
600 decades (Vautier *et al* 2021), and other areas endowed with high nutrient removal capacity that
601 will protect water quality despite high contemporary or historical loading (Aravena and
602 Robertson 1998). This highlights the challenge of assessing nutrient vulnerability or even
603 characterizing four-dimensional nutrient sources and sinks (Hartmann *et al* 2021, Kolbe *et al*
604 2016). However, the linked nature of the subsurface and surface also illuminates a commonsense
605 shortcut to reducing eutrophication, which we explore in the following section (Koh *et al* 2018,
606 Basu *et al* 2022, Pinay *et al* 2015, Frei *et al* 2021, Poisvert *et al* 2017, Sabo *et al* 2021b).

607 **4.5 Living within our nutrient means: focus on reducing nutrient loads**

608 Since the Great Acceleration of the mid-20th century, humanity’s capacity to create, collect,
609 and distribute reactive nutrients has far exceeded the Earth system’s ability to retain or remove
610 them (Steffen *et al* 2015b, Elser and Bennett 2011, Vitousek *et al* 1997, Steffen *et al* 2015a). This
611 global nutrient overload is at the root of many of the “syndromes” of the Anthropocene (Hale *et al*
612 2016, Meybeck 2003, Foley *et al* 2011). Rather than reducing our overuse, it is tempting to try to

613 reengineer the environment to tolerate our excesses. However, supercharging nutrient retention
614 and removal has multiple limitations and side effects. For example, while the overapplication of
615 fertilizer is relatively straightforward to monitor using national and regional nutrient inventories
616 (Poisvert *et al* 2017, Sabo *et al* 2021a), we do not have reliable methods for predicting nutrient
617 retention capacity at watershed or regional scales (Seitzinger *et al* 2010, Pinay *et al* 2015). At these
618 scales, there are orders-of-magnitude variations in hydrological residence time and nutrient
619 removal rates that do not correlate with known proxies (Hartmann *et al* 2021, Burt 2001, Burt and
620 Pinay 2005, Thomas *et al* 2015, Bernhardt *et al* 2017). The physical, chemical, and biological
621 peculiarities of each watershed and watershed component—especially in the subsurface—
622 precludes prediction of nutrient resilience or vulnerability (Pinay *et al* 2015, Bernardie *et al* 2018,
623 Frei *et al* 2020, Wolters *et al* 2022). Even if we were able to measure nutrient retention reliably at
624 a moment in time, this would not necessarily allow us to set sustainable nutrient loading thresholds
625 because nutrient release depends on contemporary and historical conditions. For even a small
626 watershed, nutrient transit times are often in the decades or centuries, creating a situation that is
627 ecologically and politically untenable because of the lag between policy changes and ecosystem
628 response (Sebilo *et al* 2013, Basu *et al* 2022, Van Meter *et al* 2021, Nguyen *et al* 2022b, Ascott *et*
629 *al* 2021). Seeking to supercharge removal by augmenting electron donors or modifying hydrology
630 entails risks and tradeoffs as well (Pu *et al* 2014, Roley *et al* 2016, Aravena and Robertson 1998).
631 Finally, relying on microbial processes to remove excess NO_3^- can exacerbate climate change if
632 the NO_3^- is partially denitrified into the greenhouse gas N_2O and not to the inert N_2 (Hallberg *et al*
633 2022, Lu *et al* 2022, Gerber *et al* 2016).

634 These complexities indicate that relying on nutrient retention and removal to resolve
635 nutrient pollution is a partial solution at best. Protecting natural zone of denitrification (e.g.,

636 groundwater aquifers and riparian zones) is highly desirable because of the multiple cobenefits
637 (Pinay *et al* 2018, Cheng *et al* 2020), but it is clear that our capacity to load ecosystems with
638 reactive nutrients far exceeds their ability to remove them. Reducing NO₃⁻ input into the soil and
639 water is the most prudent action to reduce eutrophication (Wan *et al* 2022). This can and should
640 be done by implementing best management practices, and potentially limiting fertilizer
641 application to cultivation of human food rather than feed for animal agriculture, decorative
642 plants, and biofuels (Frei *et al* 2021, 2020). In this case, the proverb holds: “An ounce of
643 prevention is worth a pound of cure.”

644

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654

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