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# 1           **Multi-decadal mobility of a managed sandy tidal coast (Normandy, France):** 2           **behavioural variability in a context of sea-level rise and increasing storm intensity**

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## 8           **Abstract:**

9           A unique dataset of 27 years of shoreline changes along the western coast of Cotentin  
10           Peninsula (Normandy, France) with a high temporal resolution (about **60 fields** surveys)  
11           provides an opportunity to **analyse** the space and time variability of a tidal sandy wave-  
12           exposed shoreline and to identify the main drivers of this variability. Spatially, as often  
13           observed around the world, this coast shows a clear balance between erosional and  
14           accretionary sectors. Maximum shoreline retreat and mean annual erosional rates are,  
15           however, greater by a factor of two than maximum and mean accretion rates, with hotspots  
16           mainly observed in the vicinity of tidal inlets. A cluster analysis highlighted nine groups of  
17           shoreline **behaviour** that show important contrasts, depending on locations, between erosional  
18           and accretionary trends. Linear trends over the nearly three decades of monitoring are  
19           uncommon and reverse trends are frequent. Clear divergences in **behaviour** were observed  
20           over the same time periods depending on location, e.g., erosion and accretion can be  
21           contemporaneous as can accretion and stability, independently of the antecedent multi-annual  
22           trends. Ebb delta zones show heterogeneous patterns, and survey locations belonging to the  
23           same clusters appear spatially scattered. The temporal shoreline behaviour can be linked to  
24           **combinations of high wave energy and high spring tides only for at best 37.5% of the survey**  
25           **locations, and this only over the last decade.** No obvious link with mean sea-level rise and the  
26           18.6 y lunar tidal cycle was observed. However, as in the case of wave activity, these external  
27           drivers can often be masked by local factors such as inlet dynamics or/and anthropogenic  
28           influences (essentially shoreline engineering). Further insight on sand supply and beach  
29           elevation changes is necessary to improve the understanding of the main factors driving space  
30           and time variability in shoreline mobility, **and it is expected that sea-level rise in the future**  
31           **will be of increasing concern, with important, potentially negative, implications for shoreline**  
32           **mobility on the low sandy sectors of the Normandy coast.**

33           **Keywords:** tidal sandy coast, **multi-decadal shoreline change, sea-level rise,** wave energy  
34           flux, **NAO** index, WEPA index, coastal engineering.

## 35           **1 Introduction**

36           Forecasting shoreline changes has become a major challenge for society and coastal managers  
37           with the increasing need to identify the drivers of change and consider the most appropriate  
38           solutions to counter eventual hazards. Shoreline recession is observed along many sandy  
39           coasts around the world. Nearly three decades ago, Bird (1985) reported 20% of the world's  
40           coasts as sandy, of which more than 70% were eroding, with only 10% showing progradation,  
41           and 20-30% stability. Using satellite data on shoreline changes since 1984 at a global scale,  
42           Luijendijk et al. (2018) showed that about 31% of the world's ice-free shorelines are sandy

43 and 24% of them eroding at a rate exceeding 0.5 m/y, while 28% are accreting and 48% are  
44 stable. At a regional scale, **several studies** have underlined variability in both spatial and  
45 temporal contemporary shoreline mobility (Leatherman and Douglas, 2003; Pye and Blott,  
46 2008; Del Río et al., 2013; Hapke et al., 2016; Burningham and French, 2017; Konlechner et  
47 al., 2020). This variability suggests the influence of a large range of factors. Sediment sources  
48 and sinks and longshore and cross-shore gradients in sediment transport have been considered  
49 as primary controls and their importance **emphasised** (e.g., Stive et al. 2002; Stive, 2004;  
50 Hapke et al., 2010; Anthony and Aagaard, 2020). The influence of fragmentation of river-to-  
51 coast and alongshore sediment connectivity has emerged as an important criterion in  
52 engendering time and space variations in shoreline mobility (e.g., Besset et al., 2019). Internal  
53 dynamic mechanisms can also influence sediment availability. Lazarus and Murray (2007)  
54 observed, for instance, shoreline **regularisation** in response to sediment diffusion from  
55 gradients in **longshore transport**. Other driving factors interacting with hydrodynamic  
56 conditions have also been identified. Coastal geology and morphology (bathymetry, shoreline  
57 orientation, presence of bedrocks and platforms) can be significant controls on shoreline  
58 shape and changes (Anthony, 2013; Burningham and French, 2017; Cooper et al., 2020; Sarti  
59 et al., 2022), **and a** primordial parameter in beach morphodynamics (Gallop et al., 2020).

60 In addition to the overarching condition of sediment availability, **the consequences of sea-**  
61 **level rise have been** advocated (Vousdoukas et al., 2020) but Cazenave and Le Cozannet  
62 (2014) and Cooper et al. (2020) have argued that the local to regional natural and human  
63 settings of coastal systems are extremely important in characterizing their response to sea-  
64 level rise. Le Cozannet et al. (2014) and Dean and Houston (2016) have claimed that sea-level  
65 rise has, thus far, been only a minor contributor to shoreline change along many coasts, but its  
66 role appears set to increase and become overarching as the rate of sea-level rise increases  
67 (IPCC, 2022). Long-term tidal cycles (Gratiot et al., 2008) and surge water levels (Chaverot et  
68 al., 2008), are mentioned as other hydrodynamic factors to be considered, in addition to storm  
69 dynamics (Pye and Blott, 2008). At a multi-decadal scale, Feser et al. (2015) analysed storms  
70 over the North Atlantic and northwestern Europe and showed particularly increasing activity  
71 north of 55°-60°N. Using wave buoy and satellite altimeter measurements combined with  
72 numerical wave hindcasts, Castelle et al. (2018a) identified a significant increase in winter  
73 wave heights over the last decades in the northeast Atlantic, north of 50°N, potentially a  
74 source of perturbation of the stability of sandy shorelines in western Europe. Increases in  
75 storm and wave activity are expected to result from climate change (Ranasinghe, 2016), and  
76 must be taken into account in forecasts of future shoreline behaviour. Beyond its role in the  
77 increase in CO<sub>2</sub> and other GES concentrations in the atmosphere and in major changes in the  
78 world's sediment budget and the source-to-coast sediment circuit over the course of the  
79 Anthropocene (Syvitski et al., 2022), human activity has directly impacted coasts since time  
80 immemorial (Anthony, 2009), notably through engineering implantations ranging from large  
81 ports to seawalls, dikes, breakwaters and groynes, and, in more recent times, large  
82 nourishment projects.

83 As a result of this diversity of potential driving factors, regional studies (shorelines >10 km)  
84 show, as a general rule, little alongshore and temporal coherence in shoreline behaviour (Del  
85 Río et al., 2013; Burningham and French, 2017; Harley et al., 2017; Vos et al., 2019;  
86 Konlechner et al., 2020). The interweaving of regional and local factors often clouds  
87 perception of the role of any specific forcing factor in determining shoreline changes. This  
88 variability in time-space scales of shoreline change is a source of rising concern and is coming  
89 under stronger scrutiny by coastal scientists, managers and authorities. Unfortunately, high-

90 resolution shoreline datasets are not always available (Le Cozannet et al., 2014) to foster  
91 progress in knowledge of future shoreline positions **suggested by** modelling approaches (Le  
92 Cozannet et al., 2019; Montaña et al., 2020). The uncertainty regarding future rates of sea-  
93 level rise further clouds the problem.

94 Here, we analyse the behaviour of the sandy west coast of the Cotentin Peninsula, in  
95 Normandy, France, between the rocky headlands of Barneville-Carteret and Roc of Granville  
96 (Fig. 1), an area **characterised** by a megatidal range (Levoy et al., 2000, 2001). Shoreline  
97 erosion observed after a particularly stormy period in the 1980s incited the regional  
98 authorities to initiate a large-scale monitoring scheme of sediment transport and  
99 morphological change (Levoy et al., 1994a, 1994b). This monitoring, which started mainly in  
100 1992, is probably the oldest in France with now three decades of data acquisition at a regional  
101 scale, and with the highest temporal resolution of datasets with a mean of 2 surveys per year  
102 and even three per year in the course of the first two decades. The present study focuses on a  
103 shoreline stretch of about 70 kilometres (Fig. 1) with a survey duration of 27 years up to 2019.

104 The high temporal resolution of the shoreline change dataset offers the opportunity of  
105 detecting, over a multi-decadal time frame, the influence of the regional hydrodynamic  
106 conditions on shoreline mobility, and that of other important, but mainly local, driving factors,  
107 such as the effects of inlet dynamics and direct human actions. It is hoped that the approach  
108 will contribute to improving the understanding of future changes in a tidal environment, in a  
109 context of climate change, in order to better inform management, and eventually foster  
110 adaptation of specific policies aimed at protecting the coastal populations, economic  
111 activities, and ecosystems of Normandy. The study should also serve as an example for other  
112 regional studies on shoreline mobility.

## 113 **2 Study area**

114 The west Cotentin coast is a low-lying rectilinear sandy system bounding the Channel Islands  
115 embayment (Fig. 1) into which debouch several small rivers with inlets locally called ‘havres’  
116 (a term probably derived from the north European word ‘haven’). These inlets are  
117 **characterised** by vigorous tidal activity. The tidal range, considered as ‘megatidal’ (Levoy et  
118 al., 2001), decreases from 14.3 m in Granville to 11.9 m towards the north, close to  
119 Barneville-Carteret. The tidal wave is dominated by the M2 (semi-diurnal) harmonic. Strong  
120 tidal current activity is expressed by mean current velocities reaching  $1 \text{ m}\cdot\text{s}^{-1}$  at high tide on  
121 the lower part of beaches and up to  $3 \text{ m}\cdot\text{s}^{-1}$  in the inlets. The offshore wave regime is forced  
122 by dominantly westerly local and synoptic winds. Southwesterly to northwesterly winds are  
123 active in winter and generate waves with periods of 4-6 s. The maximum annual significant  
124 wave height varies from 4.2 m at Les Trois Grunes about 10 km off Barneville-Carteret to  
125 2.8 m at Videcoq, off Granville (Fig. 1). The propagation of longer Atlantic swell is impeded  
126 by the shallow shoreface bathymetry, and by the numerous low rocky platforms, islets, shoals,  
127 and tidal deltas (Fig. 1) which also locally modify the wave propagation patterns. The  
128 embayment is, thus, dominated by short-fetch waves with a negative height gradient from  
129 north to south and from west to east.

## 130 **Figure 1**

131 Sediment circulation along the west Cotentin is longshore-dominated (Levoy, 1994; Levoy et  
132 al., 1994b; Robin et al., 2007, 2009a, 2020; Fruergaard et al., 2020), and responsible for the  
133 formation of seven major sand spits near inlets within a compartment bound by two

134 protruding rocky headlands, respectively at Flamanville in the north and Granville in the  
135 south (Fig. 2). However, the residual longshore sand transport shows directional contrasts,  
136 especially south of Barneville-Carteret (Fig. 2). The main spits close to the largest tidal inlets  
137 are elongated southwards, such as Pointe d'Agon near Regnéville inlet, and Pointe du Banc  
138 (Fig. 2), near Lessay inlet. Sediment transport northward is also evident from the distal-tip  
139 orientation of the smallest spits (such that of Surville inlet) or that of secondary spits  
140 generated by reverse sand transport induced by wave refraction over ebb deltas (Blainville  
141 inlet, for instance). These residual sand movements, especially dominant on the upper  
142 foreshore (Levoy et al., 2001), reveal the presence of littoral sediment sub-cells (Fig. 2) with  
143 transport convergences and divergences (Levoy, 1994), as classically identified on sandy  
144 coasts at similar spatial scales.

145 **Figure 2**

146 As on many sandy coasts around the world, numerous coastal defence and beach protection  
147 structures against storms have been emplaced in west Cotentin (Fig. 3). Seawalls are the most  
148 common structures, built in front of urban settlements and resorts, and mainly consisting of  
149 armour stones as in Barneville-Carteret, Portbail, Saint-Germain-sur-Ay, Pirou, Agon-  
150 Coutainville, Hauteville-sur-Mer, Saint-Martin-de-Bréhal (Fig. 3). Steep to nearly vertical old  
151 dikes of concrete blocks or small dressed stones were built decades ago in Donville-les-Bains  
152 and over a short distance in Agon-Coutainville. A second generation of coastal structures,  
153 mainly groyne, most of the time perpendicular to frontal rock structures, have often been  
154 added to counteract the lowering of the beach at the toe of the seawalls. Experiments have  
155 also been conducted with wooden structures (Gouville-sur-Mer, Blainville-sur-Mer), but these  
156 systematically failed after a few rough winters.

157 Close to inlets, canals and dikes have been built mainly to **stabilise** the main navigational tidal  
158 channels as in Barneville-Carteret, Portbail and Regnéville inlets. Other hard cross-shore  
159 structures are common and serve to access the beach from a road and to put small boats in the  
160 water. About 30 of these structures, with lengths between 40 and 120 m, are identified  
161 between Cap de Carteret and Roc de Granville. Beach nourishments have also been carried  
162 out to counteract budget deficits (Fig. 3). Except for Barneville-Carteret where a significant  
163 initial nourishment of about 130,000 m<sup>3</sup> of sand was carried out in 1994, their volumes are  
164 low, generally less than 10,000 m<sup>3</sup> per year. Dune-front nourishments have also been  
165 implemented in recent years to counter retreat caused by major storms (e.g., Storm Eleanor in  
166 2018), especially at the ends of seawalls, where active erosion is generally observed. Volumes  
167 of a few thousands of cubic metres are deposited at the foot of the eroded dune front to  
168 smoothen the sub-vertical profile caused by erosion. These nourishments are very vulnerable  
169 to erosion and often have a short life time.

170 **Figure 3**

### 171 **3 Methods**

172 The monitoring system consisted of a combination of measurements of shoreline mobility  
173 over time, based, initially, on field topographic measurements (1992-2008), and then LiDAR  
174 data (2009-2019). The data obtained were subjected to cluster analysis to identify groups of  
175 shoreline locations on the basis of their mobility patterns, especially over time. These were  
176 then compared with **available data on sea level, waves and storms**. This methodological  
177 procedure is presented in the following sub-sections.

## 178 3.1 Shoreline surveys

### 179 • Field topographic measurements

180 The beach and shoreline surveys in Normandy were inspired in part by the JARKUS coastal  
181 monitoring programme in the Netherlands (e.g. Wijnberg and Terwindt, 1995; Guillen et al.  
182 1999; Kroon et al., 2008). From 1992 to 2008, beach morphology and shoreline locations  
183 were determined from topographic measurements at low tide using an electronic theodolite  
184 and an infrared-ray distance-metre. This rather time-consuming method was used to survey  
185 cross-shore profiles from the dunes or coastal defenses to the low tidal zone during spring  
186 tides. There is a variety of definitions of the shoreline (Boak and Turner, 2005) and the proxy  
187 used depends on the topic of study. In the Cotentin study, the dune vegetation line marking  
188 the contact with bare upper beach sand was selected as the shoreline marker. This line can be  
189 identified visually from aerial photographs at the top of an eroded dune cliff as well as along  
190 new embryonic dunes. Its location was extracted from topographic measurements by  
191 calculating the horizontal distance between the shoreline and wooden ground markers  
192 (benchmarks or poles) driven deep in the beach sand.

193 Overall, 64 wooden benchmarks were installed from autumn 1990 to summer 1991 along  
194 about 70 km of sandy shoreline. 27 benchmarks were located in front of an ebb delta and 37  
195 outside the ebb delta systems. With an average distance of 0.76 km between two benchmarks,  
196 the spatial resolution of this network seems low in comparison to that of the JARKUS  
197 programme. However, between 1992 and 2008, 52 field surveys were carried out, i.e., about 3  
198 per year, thus enabling fine-scale monitoring of the seasonal shoreline variability. In addition  
199 to monitoring of seasonal shoreline changes, the 1992-2008 dataset also enabled identification  
200 of major storm impacts compared to studies using just vertical aerial photographs, which are  
201 generally sparse in terms of temporal coverage, or of mean annual shorelines extracted from  
202 satellite data as in recent studies (e.g. Luijendijk et al., 2018; Mentaschi et al., 2018). In the  
203 field, the estimated accuracy of the horizontal distance between the benchmark and the  
204 shoreline, i.e. dune crest for dune fronts in erosion, is about  $\pm 0.15$  m. For dune fronts showing  
205 accretion, sometimes with embryonic features, the accuracy is lower. In these cases, the  
206 vegetation line can be discontinuous and the shoreline more difficult to locate exactly in the  
207 field. The estimated accuracy is nevertheless good, close to  $\pm 0.3$  m.

### 208 • LiDAR data

209 Airborne LiDAR has been in regular use in the study of high-resolution topographic changes  
210 along the coast of Normandy since February 2009 (Levoy et al., 2013; Montreuil et al., 2014;  
211 Levoy et al., 2017; Pellerin Le Bas and Levoy, 2018; Levoy et al., 2019; Robin et al., 2020).  
212 The generated datasets were acquired between 2009 and 2017 within the framework of the  
213 CLAREC project (French acronym for *Contrôle par Laser Aéroporté des Risques*  
214 *Environnementaux Côtiers*) (see Levoy et al., 2013, for technical details). Since 2017, the  
215 COZULIT project (acronym for *Coastal Zone Changes and Risks Using LiDAR Technology*),  
216 successor of the CLAREC project, now enables acquisition, on an annual basis, of  
217 topographic data along the Normandy coast. In 2016, another project (ROLNP) enabled the  
218 acquisition of topo-bathymetric data using a Leica HawkEye III.

219 The LiDAR data acquired enable the generation of digital elevation models (DEMs) with a 1  
220 m-grid size. The X and Y coordinates are relative to the Lambert 93 projection system, and

221 the height, Z, refers to the IGN reference level (French Ordnance Datum), which is close to  
222 the mean sea level. The LiDAR data used for the present study, collected between 2009 and  
223 2019, are shown in Tab. 1.

224

### Table 1

225 While improvements in LiDAR data processing enable extraction of some classic shoreline  
226 markers such as the dune crest (Stockdon et al., 2009) or foot (Crapoulet et al., 2017; Le  
227 Mauff et al., 2018; Lerma et al., 2019), for incipient foredunes without a clear scarp, the  
228 shoreline limit is difficult to locate, and manual corrections are needed. LiDAR data are still  
229 not liable to provide a universal proxy of shoreline position, while an elevation reference for  
230 the static high-water level appears more relevant because it is the same indicator for erosion  
231 or accretion, with the same degree of accuracy, and does not require subjective operations to  
232 extract it (Levoy et al., 2016). Given the very large tidal range along the west Cotentin coast,  
233 the Highest High-Water Level (HHWL) appears to be the most suitable shoreline proxy based  
234 on LiDAR topographic data. A good agreement is observed between the annual velocity  
235 changes for the HHWL and the vegetation limit measured in the field for a large set of values,  
236 with a slope close to 1 and a correlation coefficient of 0.98 (significant at the 99% level). The  
237 changes measured by the two proxies can be considered as coherent in the course of the study  
238 period and enable a continuous analysis of shoreline changes. Due to the vertical accuracy of  
239 the LiDAR data (0.10 m) and of the slopes around the Highest High-Water level, the  
240 estimated mean horizontal accuracy of the shoreline location using these data is about 2.2 m.

241

- **Cluster Analysis**

242 A hierarchical cluster analysis enables the classification of coastal behaviour into dominant  
243 response groups (Burningham and French, 2017; Burningham and Fernandez-Nunez, 2020),  
244 avoiding time, and especially space, interpolations of shoreline data, tricky when the  
245 variability is high. A detailed explanation of this method is beyond the scope of this paper. As  
246 mentioned by Burningham and French (2017), this tool is sensitive to the choice of the  
247 parameters for calculations. In this paper, two types of data were tested: (1) the non-  
248 dimensional displacement of the shoreline, and (2) the evolution rate of the shoreline location  
249 obtained as the slope of the linear regression line (LRR). An iterative approach involving  
250 testing cluster numbers between 3 and 5, numbers of periods between 3 and 8, is used for the  
251 data type mentioned above. A tree-view diagram or dendrogram is used to visualise the  
252 clusters and the similarities between each item, i.e. the shoreline behaviour at each survey  
253 location.

254

### 3.2 Sea-level, wave climate and storms

255 The sea and land levels of the Cotentin Peninsula are derived from three sources: the tide  
256 gauge record at Saint-Malo (Fig. 1) between 1993 and 2018 culled from the SONEL database  
257 ([www.sonel.org](http://www.sonel.org)), the Permanent Service for Mean Sea Level (PSMSL, ([www.psmsl.org](http://www.psmsl.org))) and  
258 the database synthesised by Dodet et al. (2019).

259

260 The HOMERE sea-state hindcast database (Bouidière et al., 2013) has been used to provide  
261 wave data at 8 locations along the study area (Fig. 2). HOMERE is based on the  
262 WAVEWATCH III model applied to an unstructured grid covering the English Channel and  
263 Bay of Biscay over the period 1994-2016. Hourly time series of significant wave heights,

263 mean periods, peak energy frequencies and mean directions were archived at each chosen grid  
264 node selected in the study area. HOMERE model computations include the influence of  
265 parameters affecting wave characteristics in the coastal zone such as fluctuations of the tide  
266 level and tidal currents. These parameters are especially important along the west coast of  
267 Normandy due to the large tidal range. The HOMERE dataset does not cover the first  
268 16 months and last 29 months of the study period. However, the two gaps represent 16% of  
269 the time. The HOMERE data are, however, continuous, over 23 years.

270 To validate the results of the HOMERE numerical wave database and obtain a continuous  
271 time series up to May 2019, field wave measurements were carried out in the central part of  
272 the study area, close to Pointe d'Agon (Fig. 2). An electromagnetic InterOcean S4DW current  
273 meter (S4), fitted with a pressure sensor, was moored 0.6 m above the seabed, fixed on a  
274 stainless-steel frame at a depth of 2.4 m above the lowest water level. A good relationship is  
275 observed between the mean wave height of the data obtained at the six HOMERE locations  
276 around the S4 position (always < 1 km) and **that of** the field measurements ( $R^2 = 0.99$ ,  
277 significant at the 99% level), thus indicating the robustness of the model outputs despite the  
278 different water depths, comprised between -2.25 and +1.15 m.

279 **Despite the shallow shoreface bathymetry and the sheltering provided by the Channel Islands**  
280 **and various shoreface outcrops, the west Cotentin coast is regularly affected by storms. Data**  
281 **on historical storminess over a period extending back to 1962 (well before the commencement**  
282 **of the monitoring project) were collected from various sources - historical accounts, regional**  
283 **archives, news reports and from Météo France, the national meteorological service.**

## 284 **4 Results**

### 285 **4.1 1992-2019 shoreline changes**

286 The non-engineered shorelines (64 locations identified by benchmarks) can be split into two  
287 groups, based on their locations relative to an inlet system: very close to an ebb delta and its  
288 main channel, or outside this inlet influence (Fig. 2 and 4C). The mean shoreline change in  
289 front of an ebb delta (27 benchmarks) is about -7 m and the rms about 67.5 m (Fig. 4B, C),  
290 with maximum and minimum values respectively attaining +102.7 m (SW17) and -220 m  
291 (SW65). In comparison, the shoreline changes outside ebb delta areas (37 benchmarks) are  
292 lower with a mean value of -0.68 m and a rms of about 20.9 m, while the maximum and  
293 minimum values reach only +34.1 m (SW85) and -40.4 m (SW42), respectively. These values  
294 highlight, near inlets, shoreline mobility over a time span of about three decades that is much  
295 larger than along shorelines distant from these inlets. 33 benchmark stations show an accreted  
296 shoreline and 31 a situation of erosion between 1992 and 2019, thus highlighting the spatial  
297 variability of shoreline behaviour, with erosion quite high at some locations.

### 298 **Figure 4**

299 Shoreline behaviour is spatially pronounced with zones of dominant accretion (SW75 to  
300 SW88) or erosion (for example SW9 to SW12, SW35 to SW47) (Fig. 4A). The heatmap  
301 underscores the prevalence of erosion and accretion hotspots mainly close to inlets, especially  
302 where shoreline mobility has been high (for example SW32, SW33 and SW34). However,  
303 some of these hotspots are sometimes isolated, outside inlet environments, (SW79), but with  
304 less intensity. This figure also highlights the large temporal variability of shoreline changes  
305 between 1992 and 2019. Negative (erosion) and positive (accretion) changes appeared to be

306 moderate during the first few years, and then increased notably. This mobility pattern has also  
307 been complex over time, with, successively, accretion, erosion, light erosion and intense  
308 accretion phases at the same location, with often a non-linear trend of shoreline change (for  
309 example SW76 on Fig. 4A). Due to the high temporal variability, the rates of shoreline  
310 change have been calculated with the End Point Rate (EPR) method (Dolan et al., 1991;  
311 Crowell et al., 1997; Thieler et al., 2009) (Fig. 4D). These rates are generally less than 1 m/y  
312 (68.7% of yearly rates), with 24 survey locations in erosion and 20 in accretion. The largest  
313 changes, close to the inlets, involve accretion of up to 2 and even close to 3 m/y, whereas  
314 erosion reaches 6 m/y (SW32), and even 12 m/y (SW65) prior to barrier breaching for these  
315 locations. The shoreline changes between 1992 and 2019 can be analysed by considering the  
316 main temporal trends over multi-annual to decadal periods. In order to compare the trends for  
317 each survey location, all raw data of shoreline change were first **normalised**.

318 Figure 5 shows the main result of the cluster analysis, i.e. a dendrogram or tree view depicting  
319 nine main clusters that regroup several survey locations having the same Shoreline Temporal  
320 Change Signature (STCS) at a multi-decadal scale. In all, nine main clusters were identified  
321 over the 27-year period. Only two survey locations (SW36 and SW66, Fig. 5I) show some  
322 differing multi-annual trends that justify their location in the tree view at the margin of cluster  
323 I, close to cluster H. Note also that three other survey locations (SW161, SW162 and SW44)  
324 were excluded from the cluster analysis because the surveys there started in 1997 or 1998  
325 instead of 1992. However, the temporal shoreline behaviour of these three locations is very  
326 similar to that of other clusters (respectively cluster A, D and F). For each survey location, a  
327 signature of shoreline temporal changes is obtained showing erosion, accretion or stability  
328 phases. Clearly, the temporal shoreline behaviour exhibits important contrasts, depending on  
329 location. Linear trends are uncommon, and reverse trends (erosion following accretion or vice  
330 versa) are frequent. Clusters A, B C and D show slight to large positive/offshore residual  
331 shoreline movements and nearly linear, but time-limited, trends (clusters C and D), or reversal  
332 trends (clusters A and C), and sometimes a double-peaked long-term trend (Cluster B).  
333 Clusters E and F show weak residual changes but a quasi-inverse behaviour over the study  
334 period with, however, respectively, some patterns observed previously such as a smooth peak  
335 (maximum) around 2007/2008 (within clusters B and C) and around 1996/1997 (within  
336 cluster B). The last three clusters, i.e. G, H and I, typically show large residual shoreline  
337 retreat, more or less steep. A peak/accretive period with a maximum also around 1996/1997,  
338 as for clusters B and F, is observed for cluster G, showing a long-term trend reversal due to  
339 erosion prevailing afterwards. For cluster I, the stable and weak accretive period at the  
340 beginning is replaced by a relatively stable period, slightly positive, before a nearly linear  
341 intense erosional trend. Cluster H shows, from the survey start, a linear erosional trend  
342 culminating in breaches at some locations, followed by a relatively stable shoreline behaviour  
343 over the last decade.

344

### Figure 5

345 Despite large variability in shoreline temporal behaviour, major changes in trends (breaks or  
346 inflection points) appear often in the STCSs around 1996/1997, between 2000 and 2001, and  
347 early 2008 (Fig. 5). The first inflexion shows a typical reversed shoreline behaviour with a  
348 transition between an accretive and an erosive phase. The second marks mainly the beginning  
349 of a stable (clusters D, F, G) or accretive phase (clusters A, B, C, E). The last, in early 2008,

350 shows mainly the beginning of an erosive (clusters E, G, I) or stable phase (clusters A, B, C,  
351 H). These breakdowns can be **visualised** in Fig. 5. No unique shoreline change trend was  
352 observed whatever the timescale: erosion, accretion or stability at different locations always  
353 coexist. The high temporal variability of shoreline behaviour is underlined again mainly at  
354 about a multi-annual time scale (< 10 years).

355 These results **highlight the fact** that the three **shoreline behavioural modes** - erosion, accretion  
356 or stability - can be observed during the course of the same period, thus suggesting the  
357 influence of various driving factors. The evolutionary trajectories often separate into two  
358 branches at the next time step. For example, clusters F and G show a common  
359 trajectory/signature between 1992 and 2008. This trend is different from that of cluster B over  
360 the period 2000-2008 period, but with a clear divergence for the last decade involving an  
361 erosive trend for cluster G and an accretive trend for cluster F. Erosion and accretion can be  
362 contemporaneous as can be accretion and stability, independently of the antecedent trend.  
363 These behavioural patterns show sometimes spectacular reversals (clusters A, B or F). **All of**  
364 **these trends** highlight the complexity of shoreline changes over the long term and on a  
365 regional scale. Even though shoreline movements close to an inlet are generally greater than  
366 those measured a few kilometres away, the ebb delta survey stations do not belong to a unique  
367 cluster (Fig. 6), and the survey locations belonging to same clusters appear spatially scattered.

368 **Figure 6**

#### 369 **4.2 Contemporary sea-level rise**

370 The tide gauge in Saint-Malo (Fig. 1) shows a sea-level rise that has amounted to 2.04 mm/y  
371  $\pm 0.68$  mm/y between 1993 and 2018. This rise is characterised by strong inter-annual  
372 variability (Fig. 7). On Jersey Island (Fig. 1), 30 kilometres offshore of the study area, the  
373 relative sea-level rise between 1992 and 2016 from the PSMSL database has amounted to  
374 about 2.58 mm/y. The estimated absolute mean sea-level rise in Saint-Malo calculated from  
375 the synthesis carried out by Dodet et al. (2019) would be 1.41 mm/y. No land movement  
376 measurements are available from Jersey Island to enable calculation of an absolute mean sea-  
377 level rise (Prime, 2018).

378 **Figure 7**

#### 379 **4.3 Storms and wave activity during spring high tides**

380 **In additional to a historical perspective that summarises past multi-decadal storminess and the**  
381 **observed effects, the relationships between wave energy flux variations and shoreline changes**  
382 **were investigated over the time period of available HOMERE data. The number of events**  
383 **occasions** coupling water levels higher than the MSWL **with** wave heights yields qualitative  
384 information on the wave climate in the study area. **These data were previously normalised to**  
385 **enable comparison with the normalised data on shoreline changes. The latter were reduced to**  
386 **the 1994-2010 period, and we take into account only the data acquired at a seasonal timescale**  
387 **at a quasi-regular time step. As expected from a historical storminess perspective, shoreline**  
388 **retreat is observed during storms coinciding with spring tides (Tab. 2), even though beach**  
389 **parameters such as slope, sediment size and especially elevation prior to the storm are also**  
390 **relevant.** Figure 2 shows the locations of the 8 HOMERE model points used to **characterise**  
391 the wave data and **further** analyse the wave spatial variability.

392

## Table 2

393 Figures 8 shows the spatial and temporal variability of the number of events combining  
394 significant wave heights larger than 1 m and high-tide water levels exceeding the mean spring  
395 high-tide level. The event number change for each location is globally well correlated over the  
396 period 1994-2016 (HOMERE data availability). For each year, a clear decrease of this event  
397 number is observed from point HOMERE-7, close to Cape Carteret, to point HOMERE-14,  
398 close to Granville. This north-south diminishing gradient confirms the findings of Levoy et al.  
399 (2000) regarding a southward decrease in wave heights along the western part of the Cotentin  
400 Peninsula. The second result concerns the change trends of the event number for each  
401 location. Three periods are observed: the first, between 1994 and 2003, shows, for each  
402 location from north to south, a decreasing trend of the number of events (Fig. 8). Between  
403 2004 and 2010, the number of events diminishes compared to the previous period, and the  
404 situation is globally stable. Finally, between 2011 and 2016, the trend is positive, showing an  
405 overall increase in the number of events despite an inter-annual variability that also concerns  
406 the previous periods.

407

## Figure 8

408 This approach based on the analysis of the event number using HOMERE data is completed  
409 with wave data measured in the central part of the study area (Fig. 2) up to 2019, end of the  
410 study period. When the tidal level exceeds the MSWL, wave heights between 2 and 2.5 m are  
411 observed 9 times between 2014 and 2019, and only two times before, and wave heights  
412 between 2.5 and 3 m and > 3 m only in 2017 and 2018 (Storm Eleonor), respectively, but not  
413 before. Therefore, these results show clearly recent reinforced wave activity, not observed  
414 before, with extreme events that are a combination of strong waves and high water levels.

415 Wave heights from the HOMERE database can be used to calculate wave energy based on the  
416 van Rijn formula (van Rijn, 1990) and the methodology proposed in Robin et al. (2007). Only  
417 water levels > MSWL were included. Due to the seasonal nature of the wave climate, the  
418 calculation was carried out only for the winter months, between December and March.  
419 Figure 9 shows the mean curve of the winter energy flux obtained from the eight HOMERE  
420 locations. The trend previously described concerning stormy event numbers is logically also  
421 observed (Figs. 8, 9) with several multi-annual periods: decreasing wave energy between  
422 winter 1994/1995 and winter 1996/1997, then a positive change up to 1999/2000 and  
423 2000/2001 winters followed, between the 2003/2004 and 2010/2011 winters by low wave  
424 energy, and thereafter a clear energy reinforcement. The evolution of the mean wave energy  
425 flux along the west coast of the Cotentin Peninsula during high water levels in the winter  
426 months between 1994 and 2016 (Fig. 9) offers, thus, an interesting signature of wave climate  
427 change, even though the database does not cover the entire study period.

428

## Figure 9

429 The North Atlantic Oscillation (NAO) is well known to affect the wave climate in Europe.  
430 *Castelle et al. (2017, 2018b) propose an optimized climate index they named Western Europe*  
431 *Pressure Anomaly (WEPA) that appears to be* better adapted to the coast of Western Europe  
432 *from Portugal to the UK than the NAO.* Given the location of the Cotentin coast within this  
433 domain, we have applied the NAO and the WEPA indices to an analysis of the relationship, to

434 a first approach, between wave activity and large-scale oceanic and atmospheric variability.  
435 Figure 10 shows the NAO index for the winter months (December to March) and the WEPA  
436 index between 1994 and 2016. Both indices exhibit marked inter-annual variability.

437 **Figure 10**

438 These climatic indices are correlated with the mean energy flux of winter wave heights during  
439 spring tides (> MSWL) in the study area calculated from the HOMERE database (Fig. 11).  
440 The results highlight a good relationship between the annual winter wave energy and the  
441 WEPA index, better than that with the NAO index as indicated by the values of the  
442 correlation coefficients, respectively 0.69 and 0.12 (Fig. 11A and B). Wave activity along the  
443 west Cotentin coast can clearly be linked to the variability of atmospheric behaviour, probably  
444 due to the strong relationship between winds and the local wave regime.

445 **Figure 11**

## 446 **5 Discussion**

### 447 **5.1 Shoreline changes**

448 Shoreline changes along the west Cotentin coast have been analysed over a 27-year span of  
449 field surveys that have provided dimensional and **normalised** shoreline position changes from  
450 measurements three times a year during the first 16 years, and about once a year over the last  
451 decade. No filtering or smoothing procedures have been applied in order to conserve the  
452 effects of seasonal changes, major storms, **sea level**, or man-made structures over the multi-  
453 annual to multi-decadal trends. First at all, this dataset is unique in terms of its large spatial  
454 scale and its duration. Moreover, its seasonal time resolution, with about 60 surveys in May  
455 2019 for 95% of the survey locations, is rare. While the mean spatial resolution is a little bit  
456 larger than that recommended by Hayden et al. (1979), the results obtained regarding  
457 temporal shoreline changes are useful to investigate the link between shoreline mobility and  
458 the driving factors.

459 The results show first complex shoreline behaviour both spatially and temporally, as often  
460 observed at a meso-scale by various authors, whatever the dataset used. Along the Cotentin  
461 coast, which is exclusively sandy, 51.5% of shoreline survey locations exhibit net retreat and  
462 48.5% net advance, but the absolute values of the annual mean rates of eroding survey  
463 locations are greater by a factor 2, even sometimes 3, than for locations showing an accretive  
464 behaviour. These results are different from those of Bird (1985), but quite similar to those  
465 updated by Luijendijk et al. (2018) on a global scale when a threshold of 0.5 m/y is  
466 considered.

467 **The normalised** dataset and the cluster analysis used here to highlight the importance of  
468 temporal changes at the expense of their amplitude (e.g., Burningham and French, 2017;  
469 Burningham and Fernandez-Nunez, 2020) reveals complex behaviour that is rarely described  
470 in the literature due often to the lack of data with a high temporal resolution. Nine main  
471 clusters presenting each a specific Shoreline Temporal Change Signature (STCS) have been  
472 identified. These results highlight the non-linearity of the temporal behaviour at a timescale of  
473 almost three decades, confirming the findings of Pye and Blott (2008) for a macrotidal coast,  
474 while being slightly different from those of Guillen et al. (1999) for the Dutch coast (zones II  
475 and III in particular) with much lower tidal ranges. In fact, in Normandy, different trends,

476 sometimes involving reversals, are observed, mainly at multi-annual and sub-decadal  
477 timescales. This cluster analysis also reveals patterns different from those identified by  
478 Burningham and French (2017) on the meso-tidal Suffolk coast (UK) where 90% of the  
479 shoreline shows small-scale shifts with no significant trend or cyclicity between 1990 and  
480 2015. However, the tidal range difference aside, the Suffolk coast is **characterised** by soft-  
481 rock cliffs punctuated by sand and gravel barriers and estuaries, and thus differs from the  
482 sandy and relatively homogeneous west Cotentin coast. In the latter, the proportion of  
483 shoreline stations classified in each cluster appears fairly balanced, between 5 and 16%,  
484 underlining the diversity of shoreline temporal behaviour. **The relatively balanced net erosion  
485 and accretion in terms of location number suggests that the increased external forcing over the  
486 last decades (sea-level rise, meteo-ocean conditions) is strongly modulated by local controls  
487 that counteract the influence of wave change coupled with high tidal levels (Cazenave and Le  
488 Cozannet, 2014).** The different STCS defined for each cluster suggest a large possibility of  
489 factors acting differently, spatially at a local and regional scale and temporally over variable  
490 durations. This temporal and spatial variability of shoreline behaviour brings out the multitude  
491 and, no doubt, complexity of factors acting on shoreline mobility at this nearly three-decade  
492 timescale and over a relatively large spatial scale, with dominant behavioural patterns, but  
493 also numerous local specificities. **This complexity** implies, thus, to a first approach, the  
494 exclusion of a regional and homogeneous effect. The main driving factors **are conceptually  
495 summarised** in Fig. 12 and their respective weights in the study area are discussed below. **In  
496 addition to the two main factors that are the focus of this study – namely sea-level rise and  
497 storms and their impacts, a number of other less quantifiable factors have also modulated  
498 shoreline mobility. These include beach-dune morphometric characteristics that have not been  
499 investigated here, sediment availability and the influence of tidal inlets, and the perturbing  
500 influence of engineering structures.**

501 **Figure 12**

## 502 **5.2 Impact of sea-level rise, mean annual sea-level variability and multi-decadal tidal** 503 **cycles on shoreline behaviour**

504 Understanding shoreline response to sea-level rise is one of the major challenges in the  
505 coming decades (Cazenave and Le Cozannet, 2014; Vousdoukas et al., 2020; Cooper et al.,  
506 2020). Some authors (Leatherman et al., 2000; Zhang et al., 2004; Vousdoukas et al., 2020)  
507 have identified a good agreement between sea-level rise and average long-term shoreline  
508 retreat. These approaches are **criticised** for the choice of the study sites or for the use only of  
509 the Bruun rule (Cooper and Pilkey, 2004; Cooper et al., 2020) with its well-known  
510 limitations. **The relationship between shoreline behaviour in the nine clusters identified as  
511 representative of the multi-decadal mobility patterns on the West Cotentin coast and mean  
512 sea-level variations can be considered at two temporal scales: the long-term, involving a rise  
513 of +2 mm/y at Saint-Malo, and a shorter-term with interannual fluctuations (Fig. 7) regressing  
514 sea level rise against shoreline change shows that no significant correlation, whatever the sea-  
515 level timescale, with  $R^2$  values close to zero (Fig. 13).**

516 **Figure 13**

517 No cluster shows a continuous nearly linear or linear trend in shoreline evolution typically  
518 induced by relative sea-level **change** (Stive et al., 2002) during the almost three decades  
519 covered by the study. **This suggests that regional multi-decadal sea-level rise has not been**

520 important in explaining shoreline mobility on the Normandy coast. The recorded rise of a few  
521 cm in 27 years is relatively small in the megatidal setting of this coast. The potential impact of  
522 sea-level rise and its interannual fluctuations is embedded in, or counter-balanced by other  
523 influencing factors, including sediment budget within individual cells, as has also been  
524 reported on the west coast of the UK (Pye and Blott, 2008), and as reported for various other  
525 global sites by Cooper et al. (2020). The shoreline mobility of the west Cotentin coast seems  
526 to be strongly modulated by driving factors that are less stable temporally and more active  
527 than mean sea-level rise.

528 The high tidal levels corresponding to the maximum elevations of the long-term tidal cycle in  
529 1997 and 2015 (i.e. the 18.6 y lunar nodal tidal cycle; Gratiot et al., 2008; Levoy et al., 2017),  
530 allow high levels of wave attack, especially on coasts with large tidal ranges (Pye and Blott,  
531 2008). Along the west Cotentin coast, this factor probably explains in part the number of  
532 erosive storm events during high tides exceeding the mean spring tide levels in winter 2013-  
533 2014, which was close to the 2015 peak in the lunar nodal tidal cycle. However, the observed  
534 shoreline changes around 1996/1997, when shoreline advance prevailed, are not coherent with  
535 the 1997 peak in the lunar nodal tidal cycle, thus suggesting that this factor alone cannot be  
536 responsible for extreme tides that induced shoreline retreat (Pye and Blott, 2008). It has also  
537 been suggested that the nodal tidal cycle influences regional mean sea level (Baart et al.,  
538 2012), but data on mean sea level for Saint-Malo over the period 1995-2019 showed a low  
539 value in 1997 (Fig. 7), a year corresponding to the peak of the high limb of the 18.6 y lunar  
540 nodal cycle. Such peaks can be countered in tidal records by meteorological activity, notably  
541 atmospheric pressure and wind speed and direction (Gerkema and Duran-Matute, 2017).

### 542 **5.3 Trends in wave energy and storms and their impacts**

543 Due to the large variability in shoreline mobility underlined by the cluster analysis, the links  
544 with wave climate appear contrasted and variable (Fig. 14). For the 1994-2010 period, the  
545 best correlations were obtained for clusters B and G, with  $R^2$  up to 0.5 (significant at the 95%  
546 confidence level) during a significant time period up to 2004 (about ten years). After this, the  
547 coefficient decreases. Clusters A and E show moderate correlations of up to 0.3 before 2003  
548 (significant at the 90% confidence level), but which also decrease afterwards. However,  
549 whereas for clusters B and G, erosion is somewhat correlated with increasing wave energy,  
550 inversely, for clusters A and E, increasing and decreasing wave energy correspond  
551 respectively to shoreline advance and shoreline retreat. It seems interesting to mention that the  
552 survey locations of clusters A and E are mainly within reach of the influence of an ebb delta  
553 or updrift of transversal beach structures where sediment availability is relatively high. For  
554 the other clusters C, D, F, H and I, the correlation coefficients are very low, underlining the  
555 importance of other driving factors of shoreline mobility. In this case, the influence of wave  
556 energy forcing during high water levels can be moderated or annulled by beach and dune foot  
557 morphometry characteristics as discussed below.

### 558 **Figure 14**

559 Over the last decade, the mean wave energy flux calculated from HOMERE data (2010/2011  
560 winter - 2015/2016 winter) shows an increasing trend, the prevalence of which is confirmed  
561 by field wave measurements up to 2019. The 2013-2014 winter is considered as the most  
562 energetic along much of the Atlantic coast of Europe since at least 1948 (Masselink et al.,  
563 2016), and 2017-2019 wave measurements show also a high level of wave activity along the

564 west Cotentin coast. The reinforced wave activity during spring tides over this last decade  
565 appears linked to some patterns of shoreline mobility in the study area, and three clusters, i.e.,  
566 E, G and I, show continuous shoreline retreat. A link exists, thus, between wave energy and  
567 shoreline change, but its expression is variable, depending on the period under consideration.  
568 Clusters E, G, and I concern only 37.5% of the survey locations.

569 The good correlation between wave energy and the WEPA index (Fig. 11B) enables an  
570 extrapolation of wave energy prior to and after the HOMERE period. Figure 15 shows the  
571 very large fluctuations of winter wave energy in the study area, especially since the beginning  
572 of the 1990s, confirming the recent increasing variability of wave activity reported by Castelle  
573 et al. (2018b). This correlation suggests also the high level of wave energy between the mid-  
574 1970s and the end of 1980s, akin to that observed since 2010, deduced from the mean trend  
575 (red dotted line). This active period is well known with successive severe storms during  
576 spring tides that resulted in important shoreline erosion and flooding in the study area (Tab. 2)  
577 and more widely along the northwest coast of France. It shows the pertinence of the use of  
578 climatic indexes to forecast future wave activity periods and potential induced shoreline  
579 changes. These results confirm also the findings of Pye and Blott (2008) regarding the effects  
580 of extreme high tides combined with storm wave activity on temporal shoreline variations.  
581 Whereas the temporal shoreline behavioural links to oceanographic forcing appear as a large-  
582 scale influence (Hapke et al., 2016), observed from north to south of the western Cotentin  
583 Peninsula, other patterns are not explained by this forcing.

584

### Figure 15

585 From a physical point of view, waves need to coincide with a water level that is high enough  
586 for runup to attain, and eventually initiate erosion of the dune foot. The observations reported  
587 in Tab. 2 show that this minimum level is close to the mean theoretical high spring tide level.  
588 It is also important to consider storm surge levels that further raise the level of action of  
589 incident waves at high tide. A storm surge attained, for instance, +1.6 m at Granville on 16  
590 October 1987 (Levoy, 1994). These storm surges have also exhibited marked regional  
591 variability over the time span of our study (Turki et al., 2020). In addition to climatic  
592 variability, these levels are further influenced by strong interannual variability under the joint  
593 impact of mean sea-level fluctuation and the 18.6-year nodal tidal cycle (Haigh et al, 2010).

594 At Granville and Carteret, respectively in the southern and northern sectors of the study site,  
595 the theoretical spring high water level can fluctuate over a range of 1.59 m and 1.17 m,  
596 respectively, between mean and exceptional high spring tides (SHOM, 2022). This vertical  
597 range of the tidal excursion over a period of 27 years is much larger than the regional sea-  
598 level rise and its interannual fluctuations (Fig. 7). The effect of sea-level rise can also be  
599 largely superseded by that of storm surge levels that exceptionally attained, for instance, 1.6  
600 m at Granville during the storm of 16 October 1987 (Levoy, 1994). Although high wave  
601 runup levels during high spring tides are reported for beaches with large tidal ranges (Cariolet  
602 and Suanez, 2013), these do not necessarily lead to dune-foot erosion on the Normandy coast.  
603 The correlation between high waves during spring high tides and shoreline mobility is not  
604 always good (Fig. 14) for certain clusters and certain periods of time. In addition to wave and  
605 tidal conditions, shoreline mobility also depends on beach, dune and shoreface morphology  
606 (Guillen et al., 1999; Saye et al., 2005; Cohn et al., 2019), and beach elevation, sediment  
607 volume and width (Richter et al., 2013; Crapoulet et al., 2016). Fluctuations in beach  
608 elevation in the study area can attain up to 2.8 m (Levoy et al., 2000), and can thus  
609 significantly modulate the duration of wave influence and energy levels at the dune foot

610 (Masselink et al., 2022). These fluctuations in beach elevation depend in part on sediment  
611 availability but are also influenced by tidal inlets and engineering structures.

#### 612 **5.4 Sediment availability and inlet influence**

613 Shoreline change responds to other driving factors acting together with water levels and wave  
614 activity. Sediment transport, especially alongshore, as observed along the west Cotentin coast,  
615 modulates, at a decadal timescale, beach elevation, especially of the upper foreshore on tidal  
616 sandy beaches. Moreover, sand availability is a key point to consider regarding beach and  
617 shoreline changes. On the west Cotentin coast, the lower foreshore is often bedrock, partially  
618 always below the lowest water level. This particularity contributes to reducing potential  
619 onshore sand transfers from the shoreface, but also loss of sand from beaches during storms,  
620 and these conditions are favourable to the stability of beaches and shoreline positions. A  
621 continuous sand cover extending to the shoreface is generally observed in front of the large  
622 ebb deltas. The others are too small to be connected to the shoreface. The magnitude and  
623 alongshore directions of the tidal currents on the shoreface, even in front of the main ebb  
624 deltas, can also reduce cross-shore sand transfers between the shoreface and the beaches. The  
625 beaches of the west Cotentin coast seem rather impervious to large cross-shore sand  
626 movements and their mobility is mainly due to longshore transport induced by waves on the  
627 upper and mid-foreshore, and secondarily by tidal currents on the lower foreshore (Levoy et  
628 al., 2000, 2001), a pattern quite different from that observed on many wave-influenced sandy  
629 shorefaces (Anthony and Aagaard, 2020).

630 However, sediment supply shows a regional specificity in the central part of the western basin  
631 of the English Channel where a particularly high proportion of bioclastic sediment is  
632 observed, ranging up to 80% (Larsonneur et al., 1982). This rate is comprised between 30 and  
633 40% on the upper foreshore along the west coast of the Cotentin Peninsula (Lafond, 1986).  
634 Unfortunately, the annual amount of this production is unknown, but could potentially be  
635 considered as an unlimited source of sand for coastal dunes, as in Australia (Anthony and  
636 Aagaard, 2020). This active carbonate supply may contribute also to explain the relative  
637 equilibrium between the total lengths of shoreline subject to erosion and accretion in the study  
638 area.

639 The largest shoreline changes along the west coast of the Cotentin Peninsula are observed  
640 close to the inlets, thus confirming, for the megatidal environment of Normandy, similar  
641 findings for coasts with much lower tidal ranges (Fitzgerald, 1984; 1988; Castelle et al.,  
642 2018a, Konlechner et al., 2020; Nmiss et al., 2022). As zones of longshore sand  
643 convergences, well-connected to shoreface sediment stocks, the main tidal inlets and their ebb  
644 deltas are the intertidal areas showing the largest topographic changes. The onshore migration  
645 of swash bars towards spit ends and their attachment under stormy conditions (Robin and  
646 Levoy, 2007; Robin et al., 2007; Robin et al., 2009a, 2009b) are one of the main causes  
647 responsible for large shoreline changes (Fitzgerald, 1984; 1988; Konlechner et al., 2020).  
648 Accretive shorelines can be observed over the last decade, despite the reinforced wave  
649 activity, due to onshore swash bar migration, as for survey stations of clusters A and B. But  
650 downdrift of the attachment location of a swash bar to the upper foreshore, intense recent  
651 erosion can lead to large breaches, as on Pointe d'Agon (Robin et al., 2020) and Pointe du  
652 Banc (Fruergaard et al., 2020). This process can lead to the mobilisation of significant  
653 volumes of sand, and confirms, for the latter spit, a by-passing process associated with a  
654 strong reverse shoreline behaviour on the downdrift side of the inlet (survey location SW33,

655 cluster A). Often cited as an uncommon event (Fitzgerald, 1988), observed during extreme  
656 storms (Sánchez-Arcilla and Jiménez, 1994; Chaumillon et al., 2014; Zăinescu et al., 2019),  
657 breaching has occurred many times on the updrift sides of spits along the west Cotentin coast  
658 in the course of the 27 years of the study period. Strong shoreline retreat has also been  
659 observed on the downdrift side of an inlet due to the migration of the main tidal channel  
660 meander towards the shoreline induced by the growth of the dominant spit on the updrift side  
661 (Chaumillon et al., 2014). This also led to large breaches in the past (Havre de Regnéville;  
662 Levoy, 1985, 1988), but also recently along the Lingreville inlet spit. While these important  
663 erosional processes contribute to shoreline retreat at a short timescale, the residual long-term  
664 longshore transport favours the accretion of spit shorelines. An example of this accretion was  
665 observed at Pointe d'Agon where a residual sand deposition of about 244,000 m<sup>3</sup> over a  
666 period of 10 years occurred at the tip of the spit and led to the construction of a new hook  
667 (Robin et al., 2020). These sand movements and the possible sediment recirculation generated  
668 by tidal currents over the ebb delta surfaces (Levoy et al., 2013; Montreuil et al., 2014) are the  
669 main driver of shoreline mobility along several kilometres on each side of the inlets, thus  
670 confirming findings from other areas with lower tidal ranges (Fitzgerald, 1984; Fenster and  
671 Dolan, 1996).

672 Beyond the impacts of local inlet dynamics on shoreline mobility, antecedent regional  
673 hydrodynamic conditions, especially under conditions of relative stability at a decadal  
674 timescale, are important in attempting to explain morphological changes along sandy coasts  
675 (Thomas et al., 2016). As indicated previously, the winters from the mid-1970s to 1990,  
676 observed in the course of the decade prior to the beginning of the shoreline surveys reported  
677 here, were generally very energetic (Fig. 15), and storms deprived already sand-deficient  
678 beaches of sediment, as attested by the steep morphology of upper foreshores and the  
679 numerous breaches and washover fans near eroded dune fronts (Tab. 2). This degraded  
680 shoreline at the beginning of the 1990s may largely explain the dominant shoreline  
681 constructive or stability phase often observed in the course of the first 15 years of monitoring  
682 which coincided with a decreasing trend in mean wave energy during spring tides (Fig. 9),  
683 favouring, first, beach recovery, and then shoreline advance. These results suggest that, at a  
684 multi-decadal timescale, wave action during high tides exceeding the mean spring tides can  
685 correlate well with sediment supply and shoreline changes.

## 686 **5.5 Impacts of coastal engineering structures and beach management**

687 Shoreline management (e.g. defence structures, beach or dune-front nourishments, jetties, port  
688 structures) is a driving factor of beach and shoreline changes, as several authors have shown  
689 (e.g. Bruun, 1995; Slott et al., 2010; Cooper and Pilkey, 2012; Pranzini, 2013; Anthony et al.,  
690 2019). On the west Cotentin coast, some stretches of shoreline exhibit a high density of  
691 anthropogenic interventions (Fig. 3), while others appear to be more natural, without visible  
692 human influences and sometimes far from an inlet. This variability appears useful in  
693 discriminating the respective influences of factors controlling shoreline changes, but also in  
694 explaining mean rates of change, as a strong correlation sometimes exists between the level of  
695 development and regional rates of change (Hapke et al., 2013).

696 Considering especially the overarching importance of longshore sediment transport on the  
697 west Cotentin coast, jetties built across shore to fix a main channel in an inlet entrance,  
698 groyne fields, and even concrete beach accesses, have a negative effect on shoreline stability.  
699 This is observed for survey stations of cluster H during the first two decades, with breaches

700 close to Regnéville and Lessay inlets. The sediment transported alongshore is intercepted by  
701 these structures, resulting in a hotspot of sediment deficit on the downdrift side and intense  
702 shoreline advance updrift. The effect of groyne fields depends on their efficiency in stopping  
703 or reducing longshore transport (e.g., Uda, 2010; Ndour et al., 2018). Positive effects of this  
704 type of structure are, however, observed, as over the last decade for clusters B and F. This  
705 tends to counteract the effect of recently reinforced wave activity and promotes stability or net  
706 shoreline accretion, as on the updrift side of engineered inlets on the US east coast (Hapke et  
707 al., 2013). These consequences are similar to those mentioned along the coasts of Africa  
708 following the construction of several seaports (Elmoustapha et al., 2007; Giardino et al., 2018;  
709 Anthony et al., 2019), with shoreline advance along the updrift side and erosion along the  
710 downdrift side of the port breakwaters. As all these cross-shore structures are relatively  
711 permanent (>10 years), and their impacts on shoreline change may also persist for long  
712 periods of time (Hapke et al., 2013). However, spatially, they are relatively local features.

713 Beach nourishments on a regular basis can be positive in the long term, but not always at the  
714 location of the initial recharge. In Barneville-Carteret, a beach nourishment of about  
715 130,000 m<sup>3</sup> of sand was carried out to stop erosion of the upper foreshore in front of an  
716 armoured seawall and downdrift shoreline retreat. This sand mass has moved alongshore  
717 slowly, leading to accretion of the shoreline downdrift of the nourishment over the last two  
718 decades. This contributes to explaining, in like fashion of the impacts on the updrift side of  
719 cross-shore structures, the shoreline **mobility** of cluster F. Some sites combine multiple  
720 driving factors controlled by human interventions that induce active erosion or accretion.

## 721 6 Conclusions

722 Shoreline changes on the west Cotentin coast Normandy, France, show, at a multi-decadal  
723 scale, as along many sandy coasts in the world, a large space and time variability. The  
724 maximum retreat measured over a 27-year period of fine-tuned monitoring reaches 220 m and  
725 advances of up to 110 m were recorded. Accretive and erosive locations along this straight  
726 sandy coast appear well balanced, respectively 51.5 and 48.5%, even though yearly largest  
727 accretion rates are lower than erosive ones by a factor 2, and even more for some hotspots in  
728 particular near inlets. An original dendrogram summary of these **mobility** patterns suggests  
729 spatially variable time-changing **trends**, especially reversals. These results suggest the  
730 interplay of several driving factors of shoreline change acting from a multi-annual to a multi-  
731 decadal scale.

732 **The diverse shoreline mobility patterns highlighted by nine clusters suggest that neither mean**  
733 **regional sea-level rise nor interannual sea-level variability have played an important role over**  
734 **the multi-decadal time frame of the study and the megatidal context.** An inventory of the main  
735 historical storms that struck the west Cotentin coast highlighted the role of very high tidal  
736 levels (spring tides) combined with wave action to explain shoreline retreat and associated  
737 damages (breaching, flooding and damages to coastal protection works). However, the storm  
738 surges during these historical events were moderate (**< 0.65 m**), thus underlining, rather, the  
739 importance of tidal range during these spring tide conditions. In view of these results, the  
740 analysis of the wave data focussed exclusively on water levels exceeding mean spring tide  
741 water levels at high tide. However, the shoreline behaviours that match with this wave  
742 energy/tidal level picture represent **at best only 37.5% of the survey locations, and this only**  
743 **over the last decade.** The diversity of shoreline mobility suggests, thus, other influences,  
744 notably inlet dynamics and human-made structures for coastal protection, beach access and  
745 navigation purposes, **which generally modify beach morphology and elevation, and the**

746 overall local beach sediment budget, with consequences on high-tide wave impact on  
747 shoreline mobility. An analysis of beach elevation changes and their temporal mobility as a  
748 proxy for sand supply over the last three decades, but also the link between the shoreface and  
749 the foreshore, given the importance of offshore carbonate production in the sediment budget  
750 of beaches and dunes in the study area, may help in clarifying these effects.

751 Overall, the potentially variable shoreline mobility highlighted by the relatively good-  
752 resolution Cotentin coast database prompts caution in any attempt to predict future shoreline  
753 locations, a commonly pressing demand from coastal management authorities concerned with  
754 climate change and sea-level rise. While the influence of sea level rise within the 27-year time  
755 frame of the present study has been shown to be limited, this factor will be of increasing  
756 concern in the future, with important, potentially negative, implications for shoreline  
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Fig. 1: Map of the Cotentin Peninsula showing the study area (red zone) and the Channel Islands embayment between Normandy and Brittany, northern France (purple circles indicate land- and sea-level measurement locations).

Fig. 2: Locations of shoreline survey points, HOMERE wave model outputs and wave measurements along the west Cotentin coast. The green arrows indicate residual longshore sediment transport directions (from Levoy, 1994).

Fig. 3: Locations of anthropogenic actions on the west Cotentin shoreline (hard engineering structures and beach or dune-front nourishments).

Fig. 4: Shoreline changes between 1992 and 2019: (A) heatmap showing spatial and temporal variability of change (grey bars = no data available); (B) Net Shoreline Movement; (C) locations of shoreline surveys (in red, survey locations with an ebb delta spatial footprint); (D) End Point Rate.

Fig. 5: Tree-view of the main Shoreline Temporal Change Signature (STCS) clusters, non-dimensional change envelopes (grey surface), and averages (red line) for each of the clusters (A to I). NDC = Non-dimensional change.

Fig. 6: Locations of shoreline surveys and their associated STCS clusters (A to I). Note that survey locations SW161, SW162 and SW44 are not included in the cluster analysis due to shorter survey durations.

Fig. 7: Annual mean sea levels at the port of Saint-Malo relative to local datum over the period 1995-2019, and the long-term trend.

Fig. 8: Fluctuations in the annual number of events from 1994 to 2016 coupling high-tide water levels exceeding the mean spring-tide water level and wave heights  $> 1$  m for HOMERE locations along the west Cotentin coast.

Fig. 9. Mean wave energy flux during winter months between 1994/1995 and 2015/2016 and for high tide water levels exceeding the mean spring-tide water level.

Fig. 10: Evolution of the winter (December-March) NAO index (A), and the WEPA index (B).

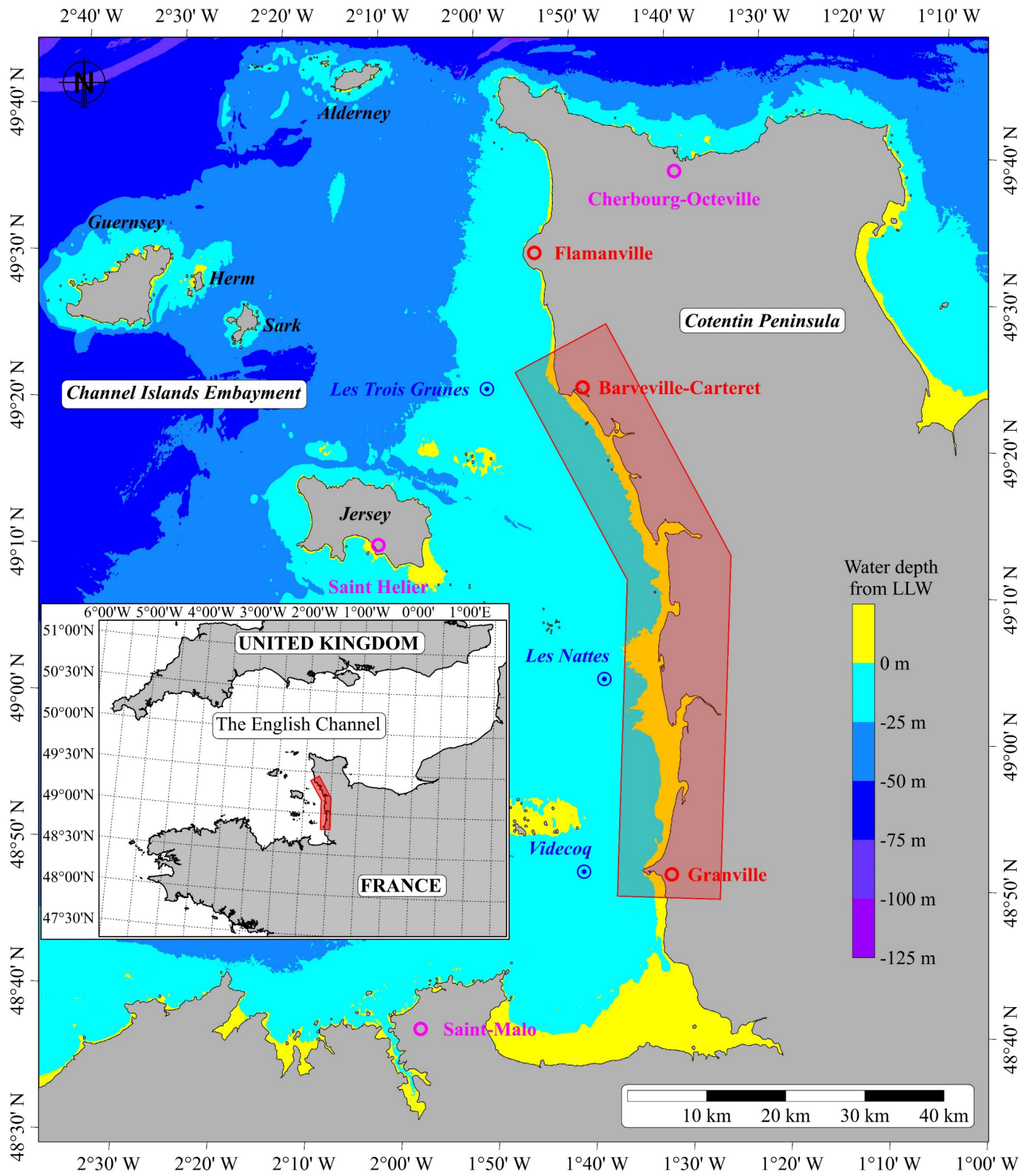
Fig. 11: Correlation between the mean wave energy flux during winter months on the west Cotentin coast and the winter NAO index (A) and WEPA index (B) between 1995 and 2016 (the latter significant at the 99% level).

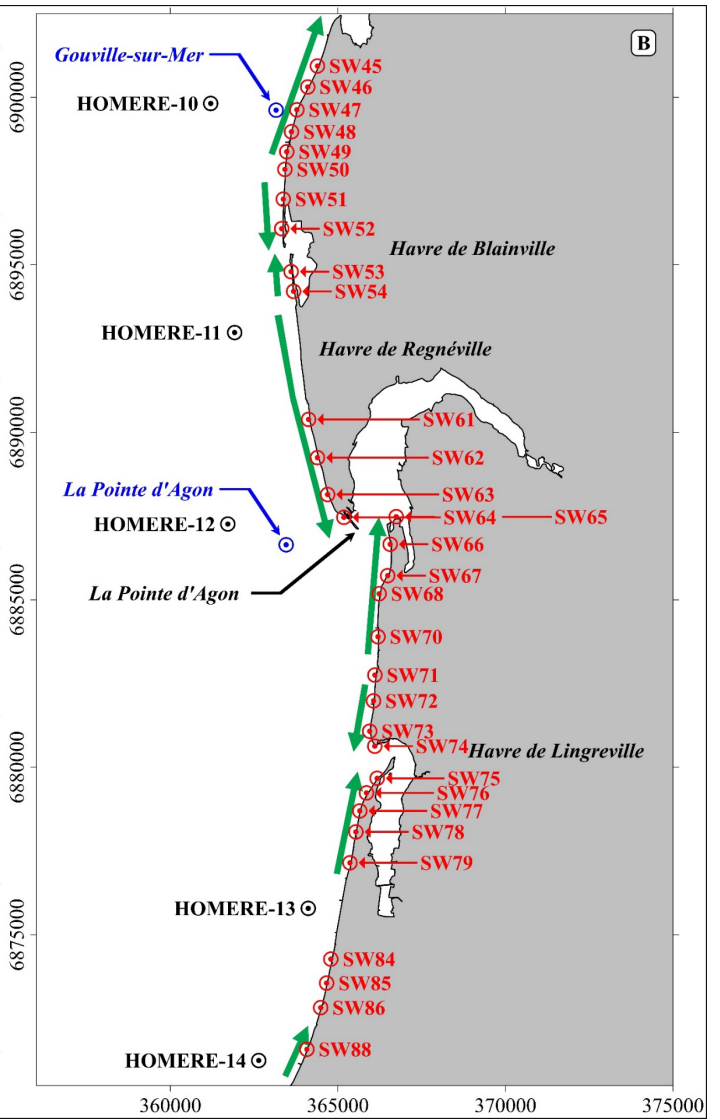
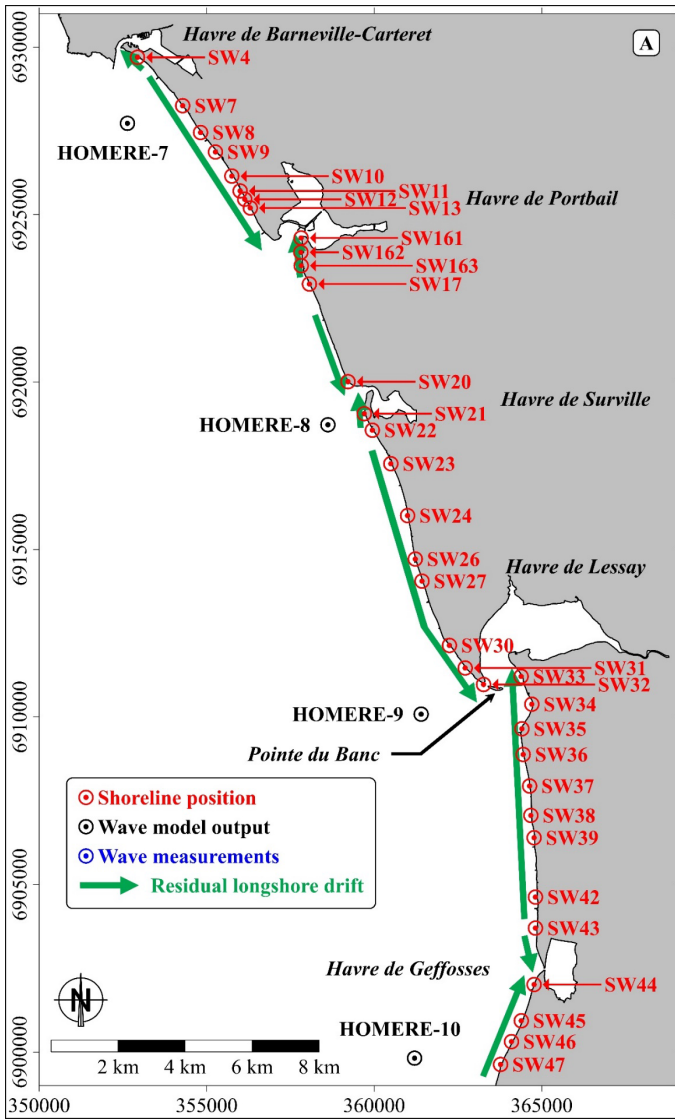
Fig. 12: Order of magnitude of vertical ranges of sea-level rise, spring high tides, storm surges, wave run-up and beach elevation affecting shoreline mobility on the sandy west Cotentin coast over the last three decades.

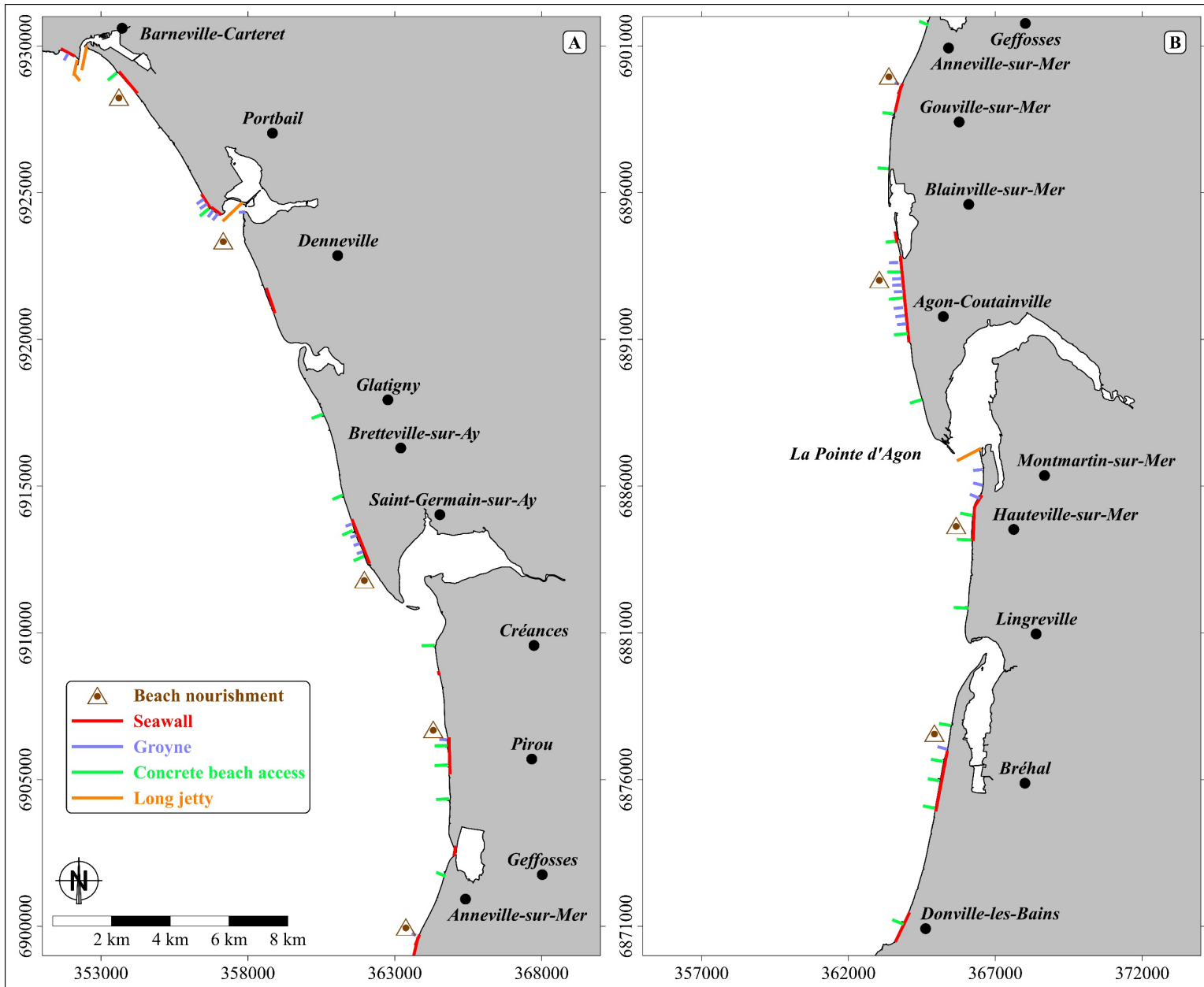
Fig. 13: Non-dimensional coastline location change (in blue) for the 9 identified clusters and mean and annual mean sea levels at the port of Saint-Malo (in red).

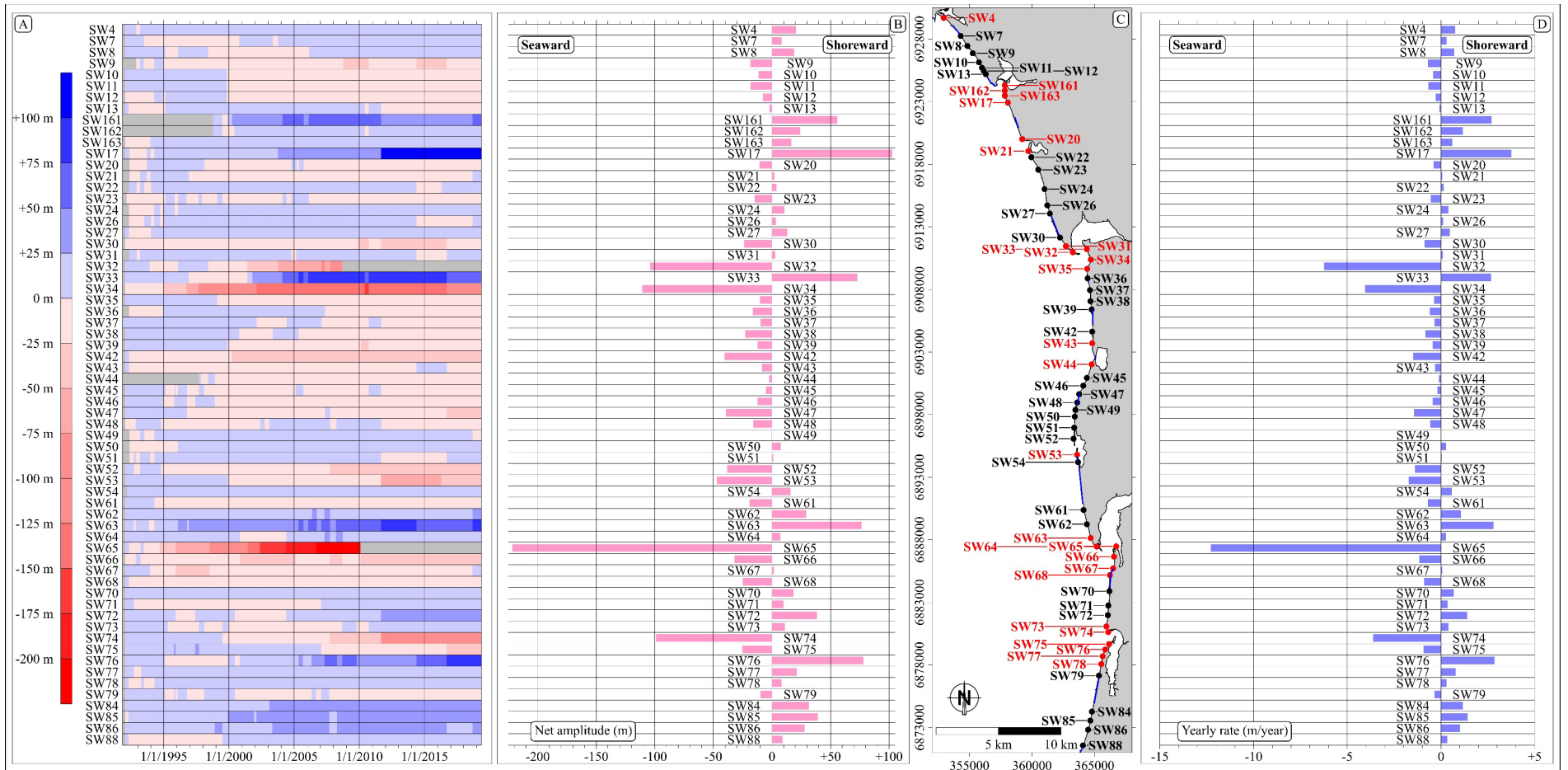
Fig. 14: Non-dimensional coastline location change (in blue) for the 9 identified clusters and mean wave energy flux during winter months (in red).

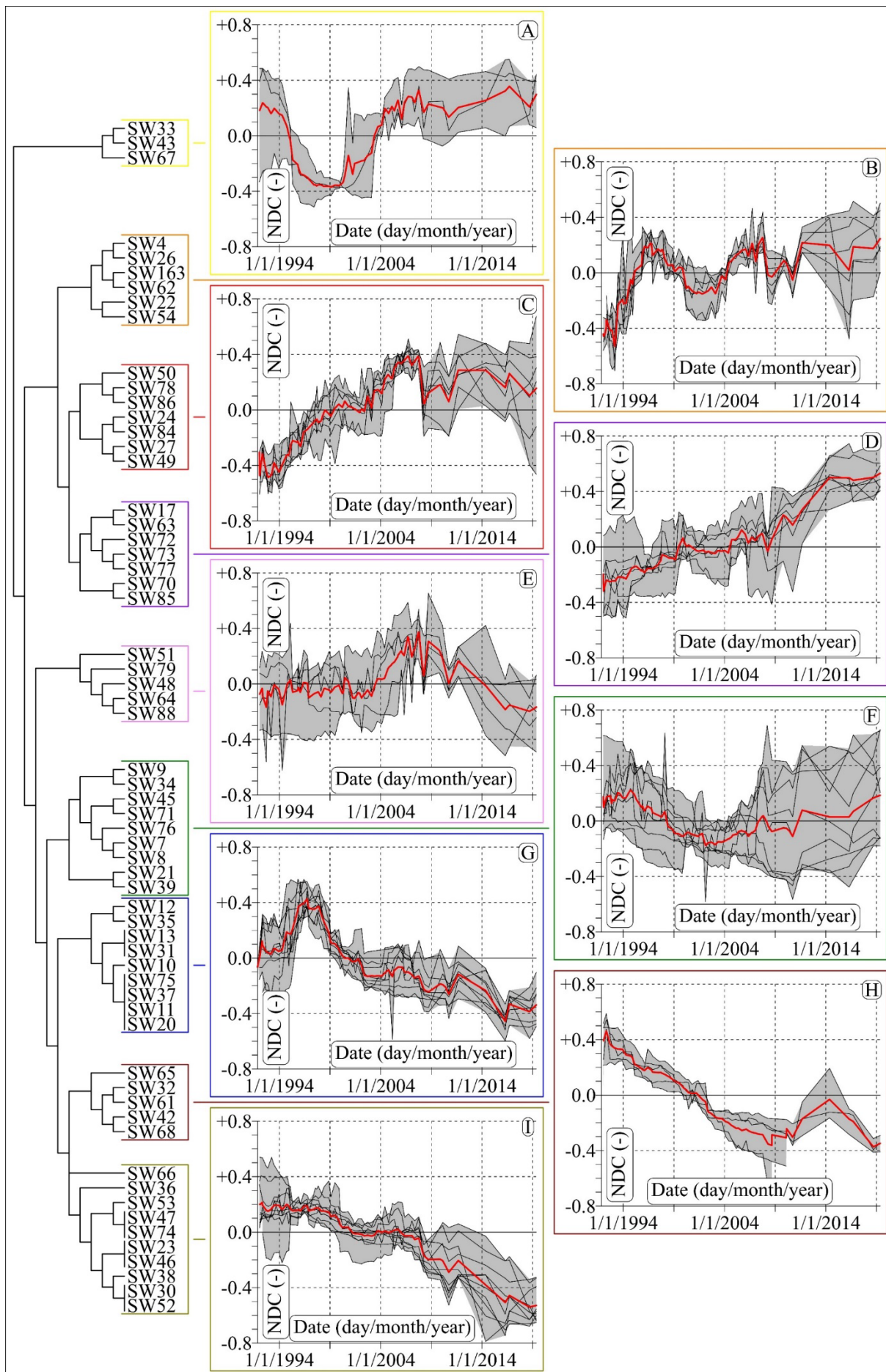
Fig. 15: Computed energy flux from wave data between 1994 and 2016 and extrapolated between 1950 and 2019, showing the long-term trend of wave activity along the west Cotentin coast during tide levels exceeding mean spring high tides.

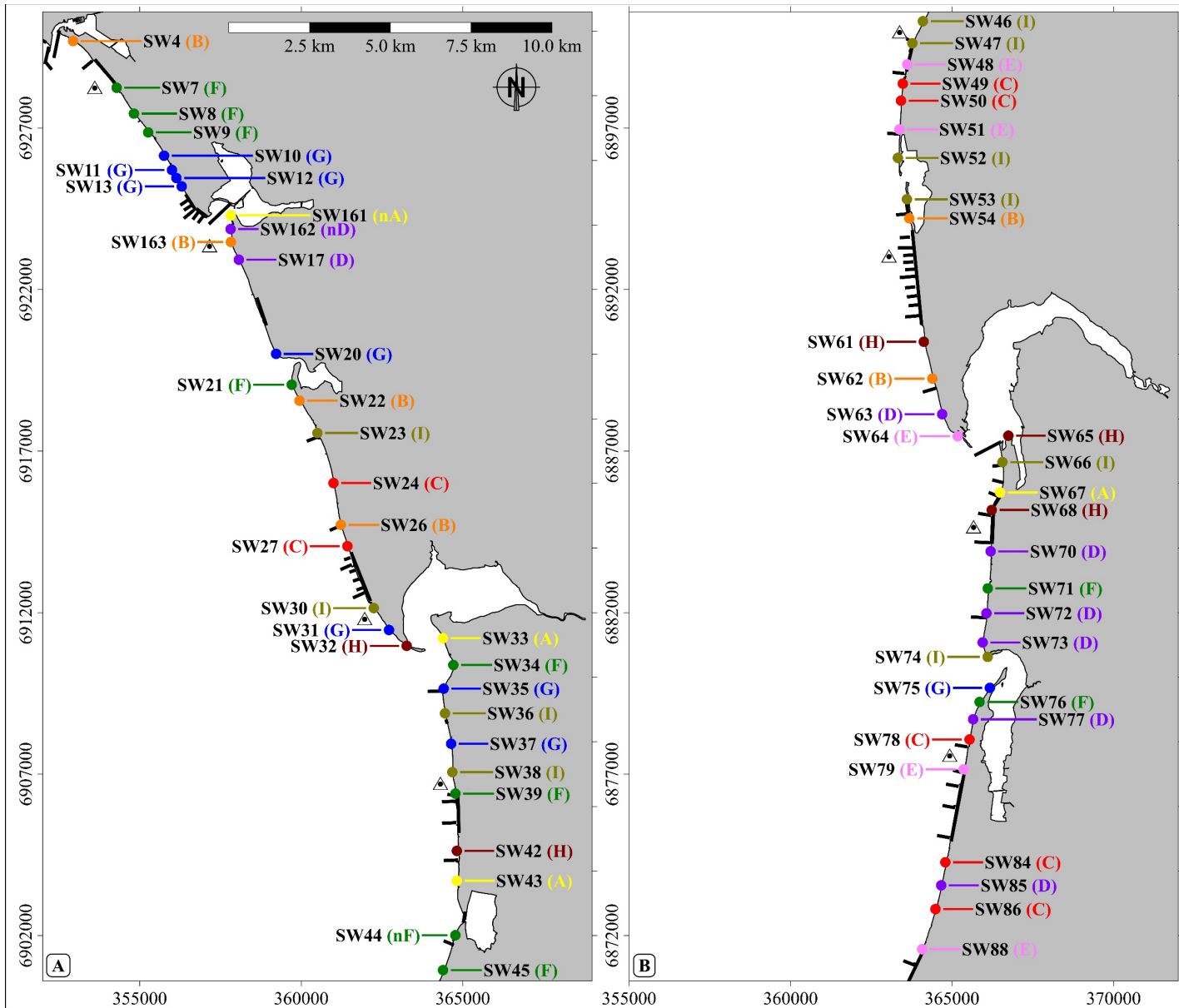


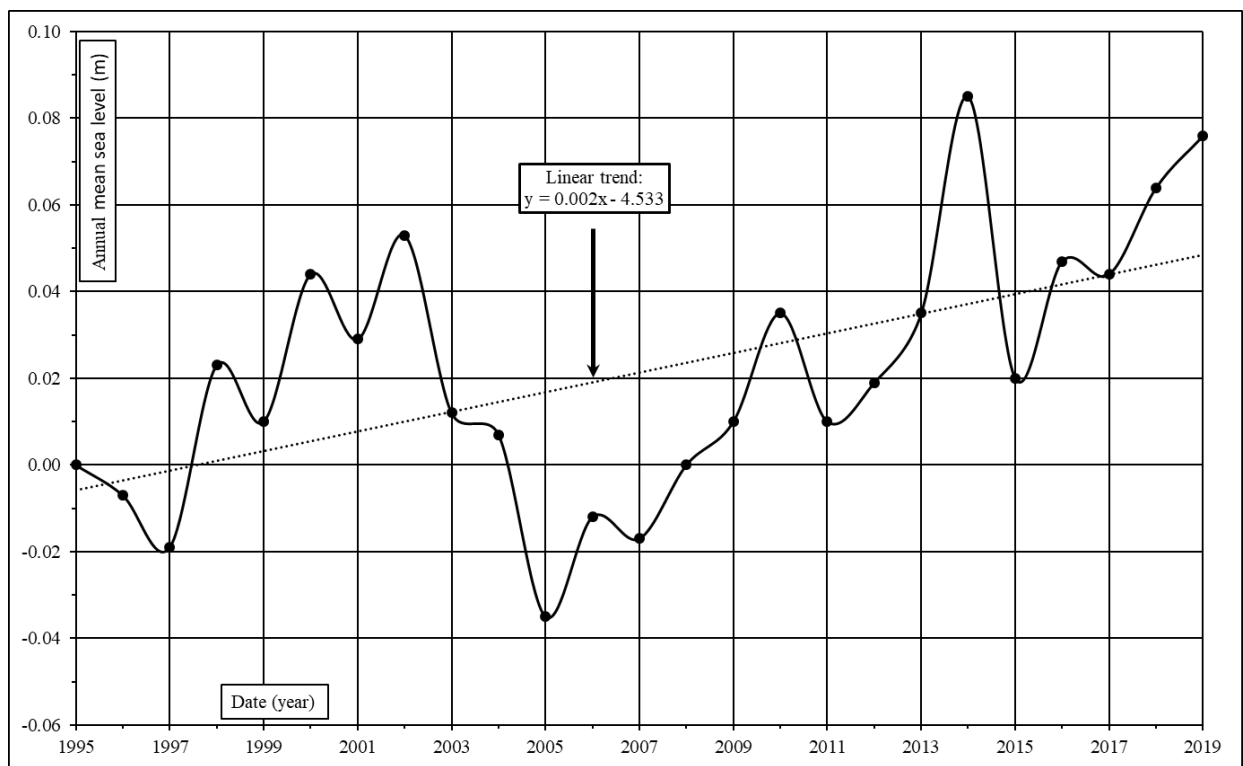


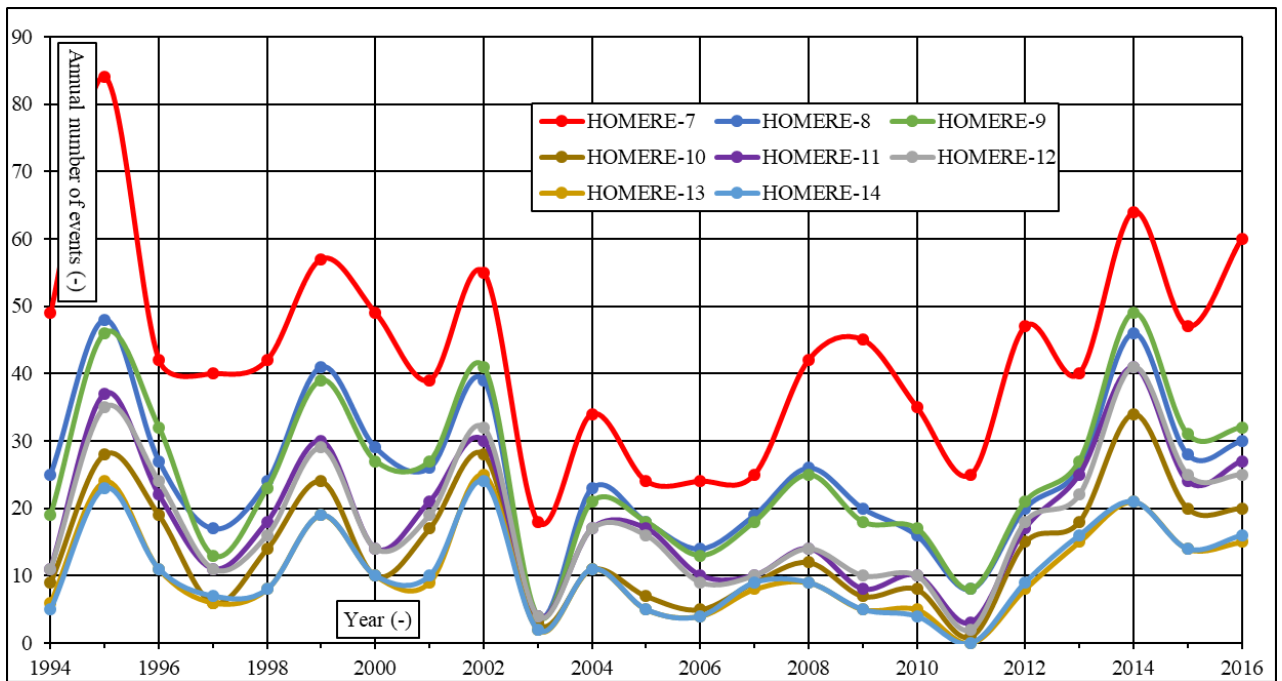


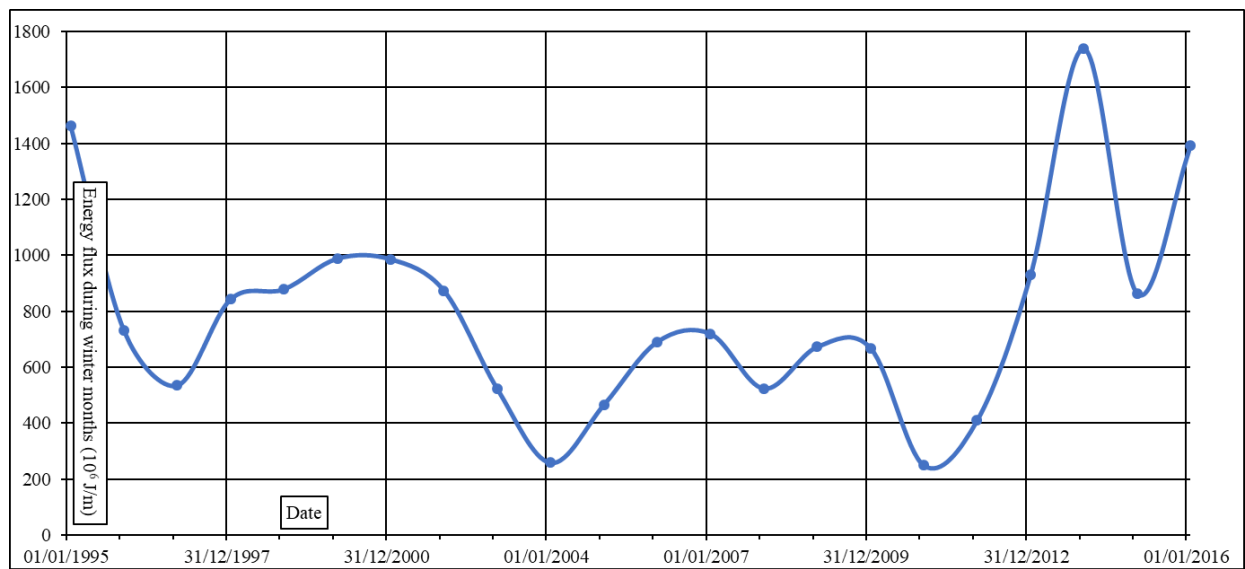


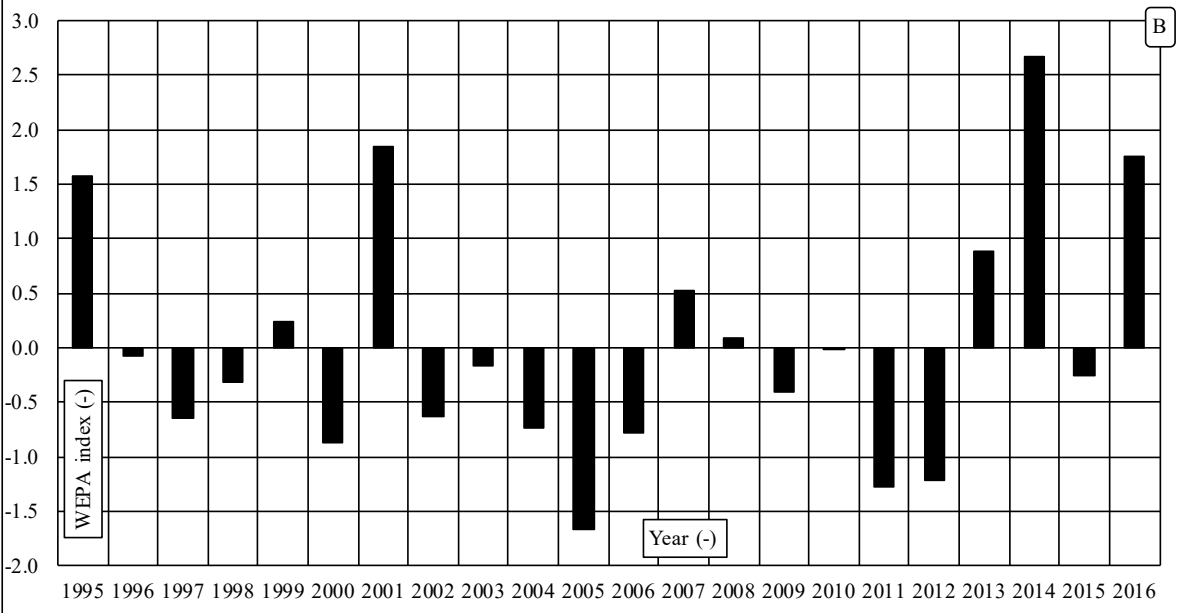
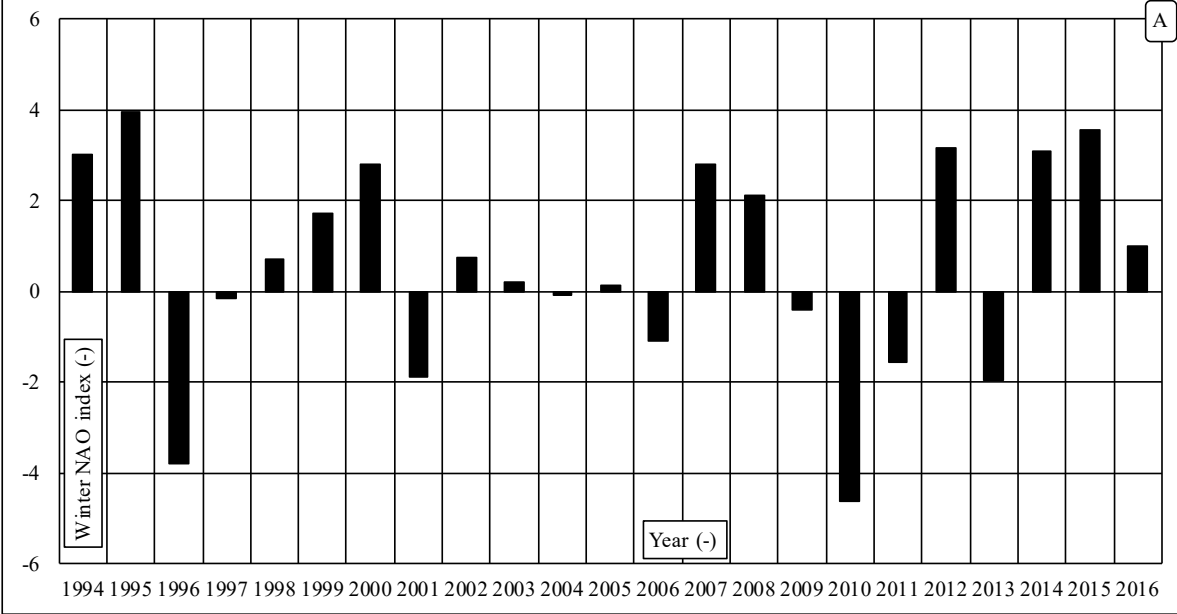


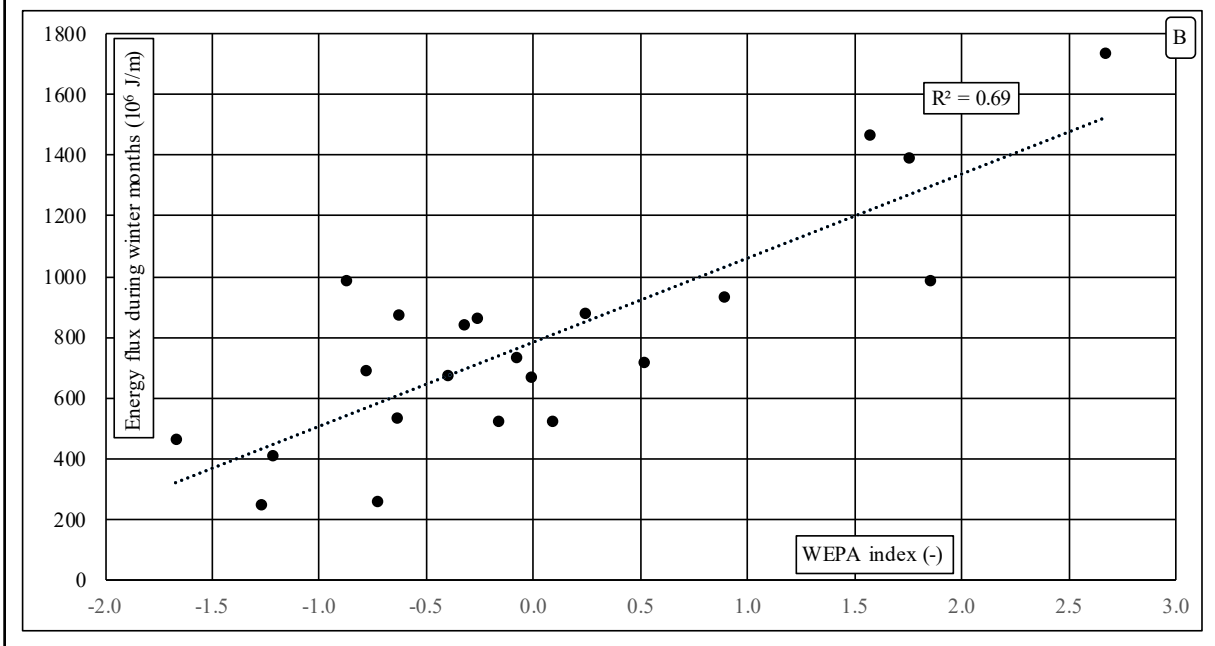
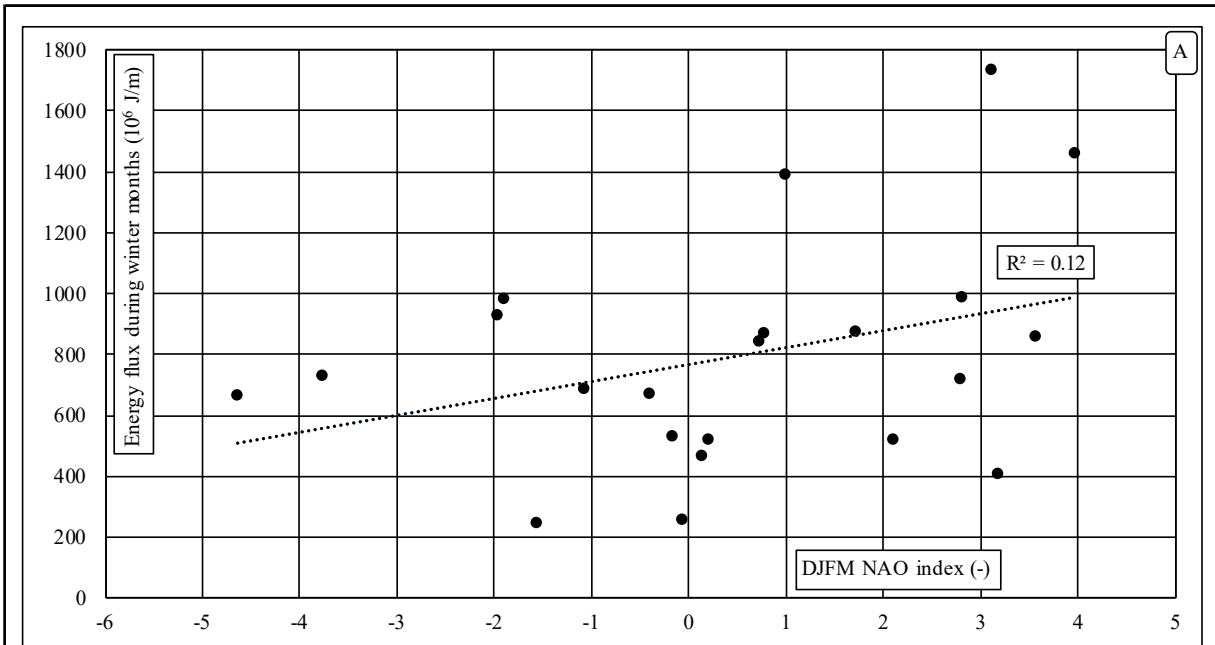












**Mean sea level  
(Saint-Malo)**



Long-term trend

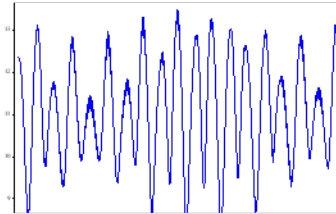
**+0.002 m/y**



Interannual  
variability range

**0.12 m**

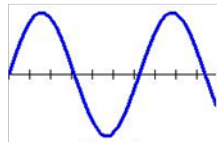
**High tide level  
variations**



Range between mean  
and exceptional spring  
high tide levels

**Up to 1.59 m**

Including effects of:



18.6 y nodal  
lunar cycle

**Up to 0.3 m**

**Observed  
storm surges**

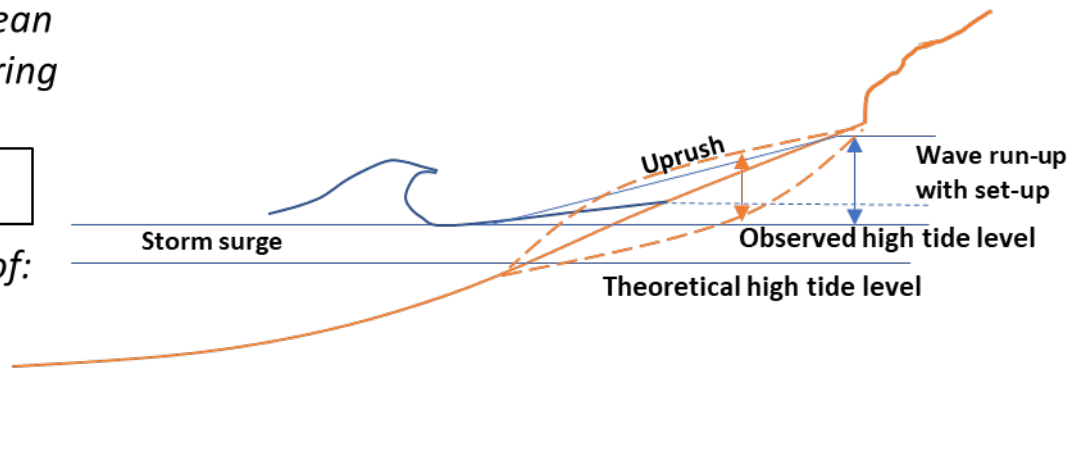
**Up to 1.6 m**

**Measured  
wave run-up\***

**Up to 3 m**

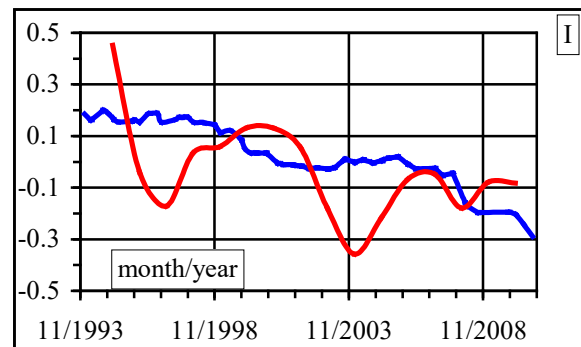
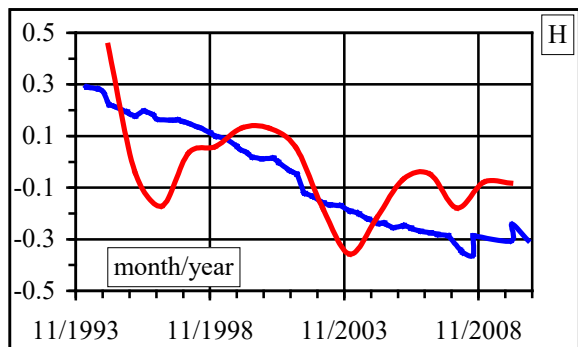
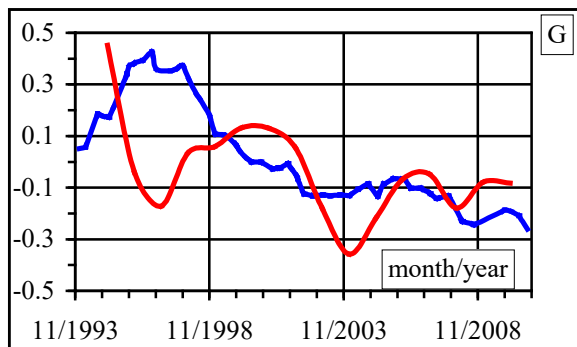
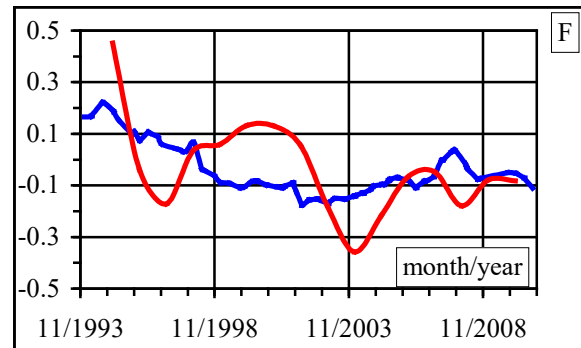
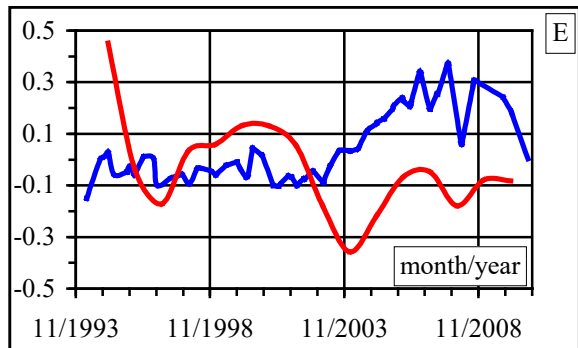
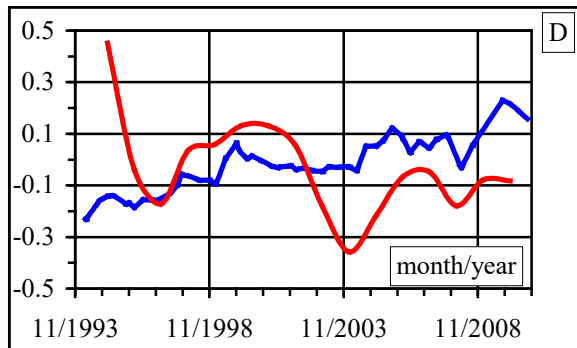
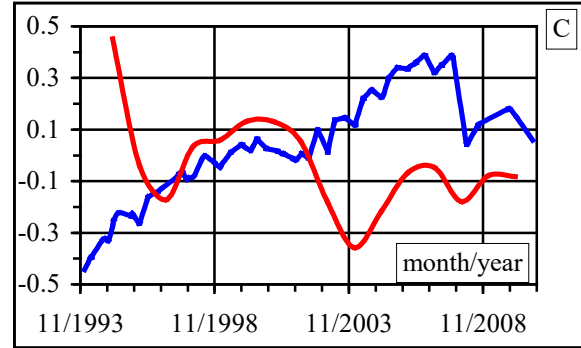
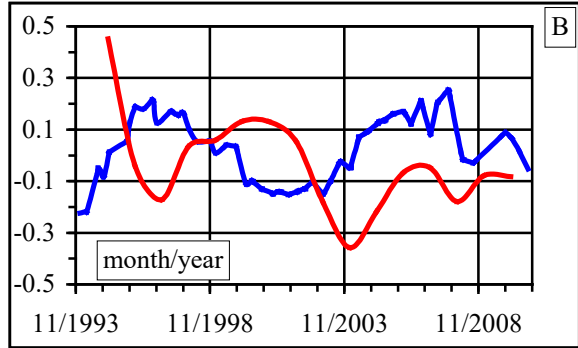
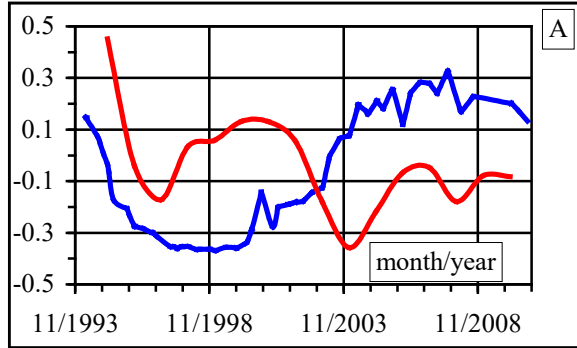
**Beach/Dune  
morphology &  
elevation changes**

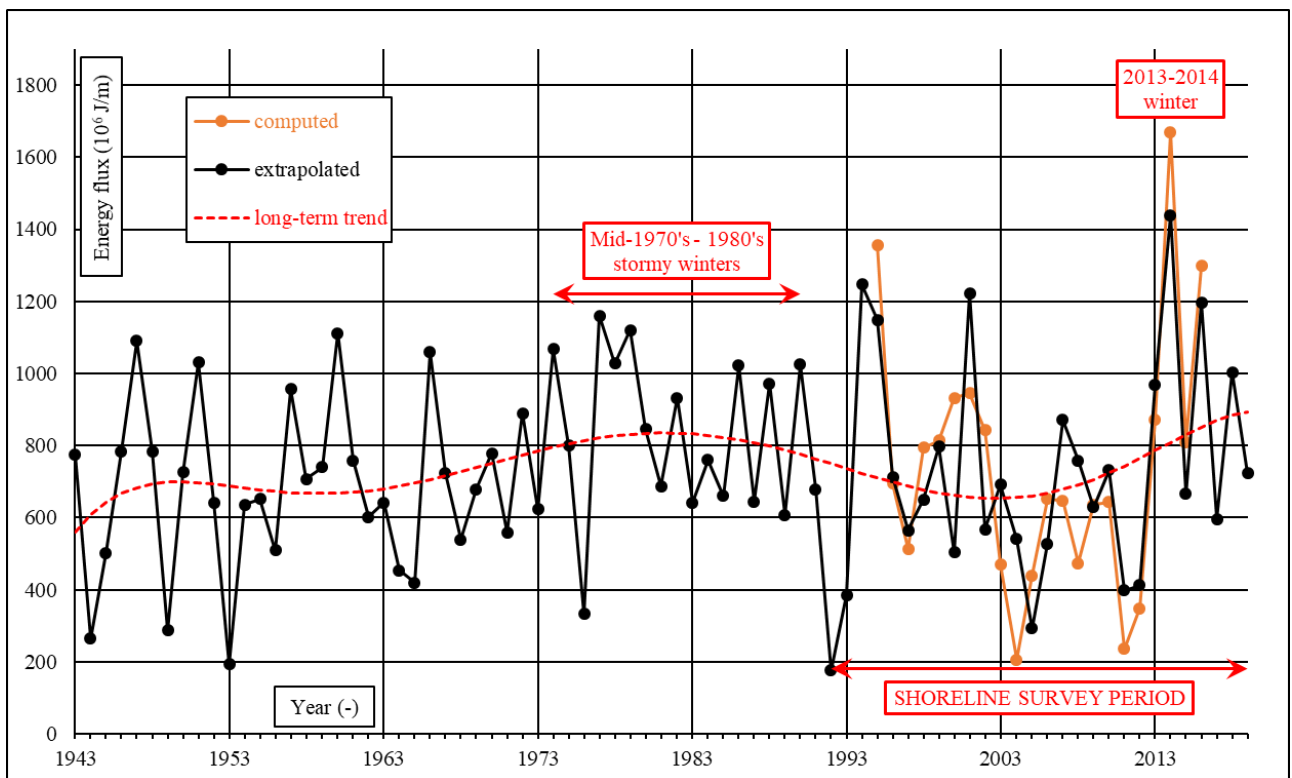
**Up to 2.8 m**



\*Including wave set-up







| Survey number | Survey dates                                 | Sources         |
|---------------|--|-----------------|
| 1             | 21 September 2009                            | CLAREC project  |
| 2             | 22 September 2010                            | CLAREC project  |
| 3             | 31 August and 1 <sup>st</sup> September 2011 | CLAREC project  |
| 4             | 14 and 15 May 2014                           | CLAREC project  |
| 5             | 20 April 20 2016                             | CLAREC project  |
| 6             | 17 September 2016                            | ROLNP project   |
| 7             | 9 May 2017                                   | CLAREC project  |
| 8             | 11 September 2018                            | COZULIT project |
| 9             | 16 May 2019                                  | COZULIT project |

Table 1: LiDAR campaigns along the west Cotentin coast and the associated survey projects between 2009 and 2019.

| Dates                      | Water level at high tide above the lowest predicted water level in Granville (m)<br>(a) | Difference between observed and predicted high water levels in Granville (m)<br>(b) | Difference between observed water level at high tide and the mean spring tide level (12.85 m in Granville) (m)<br>(a+b)-12.85 | Wind direction | Max wind speed (km/h) | Observations:<br>(R): Large shoreline retreat<br>(F): Flooding<br>(B): Breaching<br>(L): Beach lowering<br>(P): Damage to coastal protection works |
|----------------------------|---|---|---|----------------|-----------------------|--|
| 5-9 April 1962             | 13.65   | +0.45   | +1.25   | SW             | 90 to 150             | (R), (F)   |
| 1 <sup>st</sup> March 1967 | 12.9  | +0.2  | +0.25   | SW             | 90                    | (R), (P), (F)  |
| 1-2 Nov. 1967              | 13.9  | +0.4  | +1.45   | W              | 130                   | (R), (F), (P), (B)   |
| Feb. 1970                  | -   | -   | -   | W              | -                     | (R)  |
| 18 Jan. 1972               | 12.7  | -   | -   |                |                       | (R), (B), (P)  |
| 10 Jan. 1974               | 13.75   | -   | -   | SSW            | 106                   | (R), (F)   |
| 6 Feb. 1974                | 14.1  | -   | -   |                | Up to 180             | (R), (L), (F)  |
| 11-12 Jan. 1978            | 13.7  | +0.4  | +1.25   | N              | Up to 140             | (R), (P)   |
| 31 Jan.-1 Feb. 1983        | 13.35   | +0.35   | +0.85   | -              | >120                  | (R)  |
| 19-20 Feb. 1984            | 13.9  | +0.1  | +1.15   |                | -                     | (R), (F), (P)  |
| 23-24 Nov. 1984            | 13.45   | +0.45   | +1.05   | SSW to WSW     | 150                   | (R), (B), (F)  |
| 6 April                    | 14  | +0.4  | +1.55   | S to SW        | 60                    | (R), (F)   |

|                    |       |       |       |          |                            |                     |
|--------------------|-------|-------|-------|----------|----------------------------|---------------------|
| 1985               |       |       |       |          |                            |                     |
| 6-9 Oct.<br>1987   | 13.75 | +0.45 | +1.35 | SW to NW | 87 to<br>102, up<br>to 133 | (R), (P), (L)       |
| 20-23 Jan.<br>1988 | 13.5  | +0.6  | +1.25 | NW       | 130 to<br>158              | (R), (F), (P), (L), |
| 11-12 Feb.<br>1990 | 13.1  | +0.4  | +0.65 |          | 150                        | (R), (P)            |
| 26-28 Feb.<br>1990 | 13.65 | +0.65 | +1.45 | SW       | 140                        | (R), (P), (L), (F)  |
| 23-24 Dec.<br>1999 | 13.35 | +0.55 | +1.05 | SSW      | 130                        | (R)                 |
| 31 March<br>2006   | 14.15 | +0.15 | +1.45 | WNW      | -                          | (R)                 |
| 9-10 March<br>2008 | 13.7  | -     | -     | WNW      | 123                        | (R), (B), (P), (F)  |
| 31 March<br>2010   | 13.9  | -     | -     | W        | 90                         | (R), (P)            |

Table 2: Characteristics of the main historical storms that hit the west Cotentin coast between 1962 and 2010 resulting in shoreline retreat and coastal damages.